

**VAC and SCVAC
Outdoor Track and Field Championships 27th August 2017
Kingston on Thames**

M35

| M35 100m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|----------------|--------------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | Medal |
| 1 | 4 | Kevin Wheeler | City Of Portsmouth AC | 13.69 | 1.7 | | G | |
| 2 | 3 | Tony Macdowall | Victoria Park H & T H AC | 14.16 | 1.7 | G | | |

| M35 200m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|---------------|-----------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | Medal |
| 1 | 4 | Kevin Wheeler | City Of Portsmouth AC | 27.10 | 1.4 | | G | |

| M35 400m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|---------------|-------------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 1 | Paul Howard | Brighton & Hove City AC | 56.63 | | | G | |
| 2 | 4 | Kevin Wheeler | City Of Portsmouth AC | 60.37 | | | S | |

| M35 800m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|----------------|--------------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 1 | Paul Howard | Brighton & Hove City AC | 2:04.19 | | | G | |
| 2 | 2 | Jon Ladley | Walton AC | 2:09.27 | | G | CBP | |
| 3 | 3 | Tony Macdowall | Victoria Park H & T H AC | 2:10.77 | | S | | |
| 4 | 4 | Kevin Wheeler | City Of Portsmouth AC | 2:20.88 | | | S | |

| M35 1500m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|------------------|----|---------------|-------------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 1 | Paul Howard | Brighton & Hove City AC | 4:44.01 | | | G | |
| 2 | 4 | Kevin Wheeler | City Of Portsmouth AC | 5:10.34 | | | S | |

| M35 High Jump | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|----------------------|----|--------------|-----------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 2 | Jon Ladley | Walton AC | 1.50 | | G | | |

| M35 Shot | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|----------------|--------------------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 3 | Tony Macdowall | Victoria Park H & T H AC | 6.49 | | G | | |

| M35 Discus | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------|----|--------------|-----------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 2 | Jon Ladley | Walton AC | 25.31 | | G | | |

| M35 Javelin | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|--------------------|----|--------------|-----------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 2 | Jon Ladley | Walton AC | 29.88 | | G | | |

M40

| M40 100m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|--------------|------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | Medal |
| 1 | 6 | Peter Davey | Ashford AC | 12.49 | 1.7 | | G | |

| M40 200m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|--------------|---------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | Medal |
| 1 | 7 | Jaran Finn | Serpentine RC | 27.87 | 1.4 | | G | |

| M40 800m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|--------------|---------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 7 | Jaran Finn | Serpentine RC | 2:16.92 | | | G | |

| M40 1500m | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|------------------|----|------------------|-------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | Medal | Medal |
| 1 | 9 | Jamie Mcloughlin | Veterans AC | 4:46.07 | | G | | |

| M40 110m Hurdles | | Final | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------------|----|--------------|------------|------------|------------|--------------|------------|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | Medal |
| 1 | 6 | Peter Davey | Ashford AC | 16.98 | -1.9 | | G | |

| | | | | | | |
|-------------------------|----------------------------|------------|-----|--------------|-----|--------------|
| M40 Pole Vault | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 10 Chris Mills | Windsor Slough Eton & H AC | | | G | | |
| M40 Triple Jump | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 8 Stephen Lake | Ashford AC | | | G | | |
| 2 6 Peter Davey | Ashford AC | | | S | | |
| M45 | | | | | | |
| M45 100m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 23 Drako Mkpa | Southern Counties Vets AC | | | G | | |
| 2 22 Mark Mcallister | Tonbridge AC | | | G | | |
| 3 20 Andy Lewis | Harrow AC | | | B | | |
| 4 14 Michele Beltramo | Veterans AC | G | | | | |
| 5 24 James Morgan | Newport Harriers AC | | | | | G |
| 6 28 Steve Pethen | Winchester & District AC | | | - | | |
| 7 29 Dave Roberts | Brighton & Hove City AC | | | - | | |
| M45 200m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 23 Drako Mkpa | Southern Counties Vets AC | | | G | | |
| 2 22 Mark Mcallister | Tonbridge AC | | | S | | |
| 3 24 James Morgan | Newport Harriers AC | | | | | G |
| 4 20 Andy Lewis | Harrow AC | | | B | | |
| 5 14 Michele Beltramo | Veterans AC | G | | | | |
| 6 28 Steve Pethen | Winchester & District AC | | | - | | |
| 7 29 Dave Roberts | Brighton & Hove City AC | | | - | | |
| 8 16 Gareth George | Epsom & Ewell Harriers | S | | | | |
| M45 400m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 31 Jason Steel | Hillingdon AC | | | G | | |
| 2 30 David Shortridge | Victoria Park H & T H AC | | | S | | |
| 3 24 James Morgan | Newport Harriers AC | | | | | G |
| 4 28 Steve Pethen | Winchester & District AC | | | B | | |
| 5 16 Gareth George | Epsom & Ewell Harriers | G | | | | |
| M45 800m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 15 Mark Champion | Istead & Ifield Harriers | | | G | | |
| M45 1500m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 15 Mark Champion | Istead & Ifield Harriers | | | G | | |
| M45 5000m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 19 Ian Johnston | Veterans AC | G | | | | |
| M45 110m Hurdles | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 30 David Shortridge | Victoria Park H & T H AC | | | - | | |
| M45 High Jump | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 25 Andrew Morrod | Veterans AC | G | | | | |
| 2 18 David Hunt | Veterans AC | S | | | | |
| M45 Long Jump | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete | Club | Medal | | Medal | | Medal |
| 1 27 Samuel Nash | Thames Valley Harriers | | | G | | |
| 2 26 John Munroe | Southern Counties Vets AC | | | S | | |
| 3 13 Craig Beecham | Southern Counties Vets AC | | | B | | |
| 4 29 Dave Roberts | Brighton & Hove City AC | | | - | | |
| 5 18 David Hunt | Veterans AC | G | | | | |

| M45 Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|------------------------|----|---------------|---------------------------|-------|-----|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 27 | Samuel Nash | Thames Valley Harriers | 10.77 | - | | | G | | |
| 2 | 13 | Craig Beecham | Southern Counties Vets AC | 9.90 | - | | | S | | |
| 3 | 29 | Dave Roberts | Brighton & Hove City AC | 9.73 | - | | | B | | |

| M45 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|-----------------|------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 20 | Andy Lewis | Harrow AC | 12.03 | | | | G | | |
| 2 | 18 | David Hunt | Veterans AC | 8.26 | | G | | | | |
| 3 | 17 | David Glendower | Pembrokeshire Harriers | 7.32 | | | | | | G |

| M45 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------|----|-----------------|-------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 18 | David Hunt | Veterans AC | 22.46 | | G | | | | |
| 2 | 17 | David Glendower | Pembrokeshire Harriers | 21.11 | | | | | | G |
| 3 | 29 | Dave Roberts | Brighton & Hove City AC | 16.82 | | | | - | | |

| M45 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------|----|-----------------|------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 17 | David Glendower | Pembrokeshire Harriers | 23.43 | | | | | | G |

| M45 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|--------------------|----|------------|--------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 18 | David Hunt | Veterans AC | 29.12 | | G | | | | |

M50

| M50 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|---------------------|---------------------------|-------|-----|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 44 | Malcolm McPhail | Northern Masters AC | 12.35 | 0.3 | | | | | G |
| 2 | 47 | Wole Odele | Cambridge Harriers | 12.68 | 0.3 | | | G | | |
| 3 | 37 | Paul Canning | Marshall Milton Keynes AC | 12.84 | 0.3 | | | | | S |
| 4 | 39 | Sholto Douglas-Home | Southern Counties Vets AC | 14.12 | 0.3 | G | | S | | |
| 5 | 40 | Jason Drake | West 4 Harriers | 14.21 | 0.3 | | | | | B |

| M50 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|-----------------|---------------------------|-------|-----|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 44 | Malcolm McPhail | Northern Masters AC | 25.73 | 0.1 | | | | | G |
| 2 | 47 | Wole Odele | Cambridge Harriers | 25.90 | 0.1 | | | G | | |
| 3 | 37 | Paul Canning | Marshall Milton Keynes AC | 26.10 | 0.1 | | | | | S |

| M50 400m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|------------|--------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 47 | Wole Odele | Cambridge Harriers | 58.43 | | | | G | | |

| M50 800m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|----|------------|---------------------------|---------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 46 | Tim Nash | Blackheath & Bromley H AC | 2:21.54 | | | | G | | |
| 2 | 41 | Bob Fursey | Medway & Maidstone AC | 2:43.79 | | | | S | | |

| M50 1500m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|------------------|----|------------|-----------------------|---------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 41 | Bob Fursey | Medway & Maidstone AC | 5:21.34 | | | | G | | |

| M50 5000m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|------------------|----|------------|-----------------------|----------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 41 | Bob Fursey | Medway & Maidstone AC | 19:19.48 | | | | G | | |

| M50 100m Hurdles | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------------|----|----------------|------------------------|-------|------|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 43 | Barrie Marsden | Wycombe Ph'x Harr & AC | 15.90 | -0.4 | | | | | G |

| M50 400m Hurdles | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------------|----|----------------|------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 43 | Barrie Marsden | Wycombe Ph'x Harr & AC | 69.01 | | | | | | G |

| | | | | | | | | | | |
|------------|---------------------|------------------|----------------------------|----------|--------------|------------|-----|--------------|-----|--------------|
| M50 | 3000m Walk | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | | Medal | | Medal |
| 1 | 38 | Mark Culshaw | Ilford AC | 16:20.1 | G | | | | | |
| 2 | 34 | William Arbury | Epsom & Ewell Harriers | 18:37.9 | S | | | | | |
| 3 | 42 | Glen Keegan | Herne Hill Harriers | 20:14.5 | B | | | | | |
| M50 | Pole Vault | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | | Medal | | Medal |
| 1 | 33 | John Andrews | Epsom & Ewell Harriers | nhr | | | | - | | |
| M50 | Shot | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | | Medal | | Medal |
| 1 | 54 | Simon Wills | Birchfield Harriers | 7.25 | | | | | | G |
| M50 | Discus | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | | Medal | | Medal |
| 1 | 54 | Simon Wills | Birchfield Harriers | 25.62 | | | | | | G |
| 2 | 38 | Mark Culshaw | Ilford AC | 22.14 | G | | | | | |
| M50 | Javelin | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | | Medal | | Medal |
| 1 | 48 | Trevor Ratcliffe | Dacorum & Tring AC | 52.39 | | | | G | CBP | |
| M55 | | | | | | | | | | |
| M55 | 100m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 63 | Adrian Day | Enfield & Haringey AC | 15.01 | -1.2 | G | | | | |
| 2 | 83 | Andrew Stewart | Chiltern Harriers AC | 15.51 | -1.2 | S | | | | |
| 3 | 87 | Paul Williams | Veterans AC | 32.0 | -1.2 | B | | | | |
| M55 | 200m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 63 | Adrian Day | Enfield & Haringey AC | 30.23 | 0.8 | G | | | | |
| 2 | 76 | Sean O'Keefe | Serpentine RC | 31.09 | 0.8 | S | | | | |
| 3 | 87 | Paul Williams | Veterans AC | 77.72 | 0.8 | B | | | | |
| M55 | 400m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 84 | Jonathan Tilt | Southampton AC | 55.97 | | | | G | | |
| 2 | 62 | Tom Conlon | Herne Hill Harriers | 62.31 | | G | | | | |
| 3 | 87 | Paul Williams | Veterans AC | 233.17 | | S | | | | |
| M55 | 800m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 83 | Andrew Stewart | Chiltern Harriers AC | 2:33.39 | | G | | | | |
| 2 | 89 | Philip York | Ealing Southall & Middx AC | 2:34.99 | | | | | | G |
| 3 | 85 | Francis Ward | Belgrave Harriers | 2:39.49 | | S | | | | |
| M55 | 1500m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 78 | Robert O'Rourke | Veterans AC | 5:14.90 | | G | | | | |
| 2 | 77 | Steve Oliver | Winchester & District AC | 5:23.41 | | | | | | G |
| 3 | 85 | Francis Ward | Belgrave Harriers | 5:31.12 | | S | | | | |
| 4 | 68 | Tony Harran | Herne Hill Harriers | 5:35.94 | | B | | | | |
| 5 | 67 | Peter Hall | West 4 Harriers | 5:38.05 | | - | | | | |
| M55 | 5000m | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 70 | Paul Johnson | Southampton AC | 19:05.76 | | | | | | G |
| 2 | 77 | Steve Oliver | Winchester & District AC | 19:29.81 | | | | | | S |
| 3 | 68 | Tony Harran | Herne Hill Harriers | 20:51.70 | | G | | | | |
| M55 | 100m Hurdles | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 72 | Allan Leiper | Aldershot Farnham & D AC | 18.18 | -0.4 | | | G | | |
| M55 | 400m Hurdles | | | | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 84 | Jonathan Tilt | Southampton AC | 61.36 | | | | G | CBP | |

| | | | | | | | | | | |
|------------|--------------------|--------------------|---------------------------|--------------|------|------------|-----|--------------|-----|--------------|
| M55 | High Jump | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 60 | Gary Capon | Dartford Harriers AC | 1.50 | | | | G | | |
| 2 | 76 | Sean O'Keeffe | Serpentine RC | 1.45 | | G | | | | |
| 3 | 72 | Allan Leiper | Aldershot Farnham & D AC | 1.35 | | | | S | | |
| M55 | Pole Vault | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 72 | Allan Leiper | Aldershot Farnham & D AC | nhr | | | | - | | |
| M55 | Long Jump | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 76 | Sean O'Keeffe | Serpentine RC | ndr | | - | | | | |
| M55 | Triple Jump | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 71 | Stephen Langford | Ashford AC | 9.79 | - | | | G | | |
| 2 | 82 | David Shields | Reading AC | 8.96 | - | G | | | | |
| M55 | Shot | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 59 | Robert Broadbridge | Newbury AC | 12.52 | | G | CBP | | | |
| 2 | 72 | Allan Leiper | Aldershot Farnham & D AC | 12.20 | | | | G | | |
| 3 | 64 | Renzo Di Libero | Kingston AC & Poly H | 10.94 | | S | | | | |
| 4 | 88 | Peter Wishart | Cambridge Harriers | 10.14 | | B | | | | |
| 5 | 81 | Keith Seldon | Hillingdon AC | 9.52 | | | | | | |
| 6 | 76 | Sean O'Keeffe | Serpentine RC | 8.70 | | | | | | |
| 7 | 87 | Paul Williams | Veterans AC | 5.27 | | | | | | |
| M55 | Discus | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 79 | Chris Privett | Belgrave Harriers | 37.38 | | G | CBP | | | |
| 2 | 66 | Jacek Drzewiecki | Bracknell AC | 36.40 | | | | G | | |
| 3 | 55 | Nick Barton | South London Harriers | 34.76 | | | | S | | |
| 4 | 72 | Allan Leiper | Aldershot Farnham & D AC | 34.55 | | | | B | | |
| 5 | 88 | Peter Wishart | Cambridge Harriers | 31.68 | | S | | | | |
| 6 | 81 | Keith Seldon | Hillingdon AC | 27.98 | | B | | | | |
| 7 | 76 | Sean O'Keeffe | Serpentine RC | 24.64 | | | | | | |
| M55 | Hammer | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 79 | Chris Privett | Belgrave Harriers | 43.17 | | G | | | | |
| 2 | 59 | Robert Broadbridge | Newbury AC | 41.55 | | S | | | | |
| 3 | 81 | Keith Seldon | Hillingdon AC | 26.85 | | B | | | | |
| 4 | 76 | Sean O'Keeffe | Serpentine RC | 18.51 | | | | | | |
| M55 | Javelin | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 81 | Keith Seldon | Hillingdon AC | 35.48 | | G | | | | |
| 2 | 55 | Nick Barton | South London Harriers | 33.94 | | | | G | | |
| M60 | | | | | | | | | | |
| M60 | 100m | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 113 | Ray Watkins | Basingstoke & Mid H AC | 14.42 | -1.2 | | | G | | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 15.50 | -1.2 | | | S | | |
| 3 | 104 | Peter Morgan | Eastbourne Rovers AC | 16.19 | -1.2 | G | | | | |
| M60 | 200m | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 113 | Ray Watkins | Basingstoke & Mid H AC | 29.72 | 0.1 | | | G | | |
| 2 | 104 | Peter Morgan | Eastbourne Rovers AC | 34.79 | 0.1 | G | | | | |
| M60 | 400m | | | Final | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 113 | Ray Watkins | Basingstoke & Mid H AC | 71.48 | | | | G | | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 76.87 | | | | - | | |

| | | | | | | | | | | | |
|------------|---------------------|------------------|---------------------------|----------|------|--|------------|-----|--------------|-----|--------------|
| M60 | 800m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 105 | Peter Mountain | Bristol & West AC | 2:29.62 | | | | | | | G |
| M60 | 1500m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 100 | Mark Hargreaves | City Of Portsmouth AC | 5:11.52 | | | | | G | | |
| 2 | 115 | Rob Wintemute | London Frontrunners | 5:23.39 | | | | | S | | |
| 3 | 96 | Alan Dolton | Striders Of Croydon | 5:47.59 | | | G | | B | | |
| M60 | 5000m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 93 | Alan Camp | Blackheath & Bromley H AC | 17:29.58 | | | G | CBP | | | |
| 2 | 100 | Mark Hargreaves | City Of Portsmouth AC | 19:05.62 | | | | | G | | |
| 3 | 95 | Sidney Delara | Southampton RC | 20:31.21 | | | | | | | G |
| 4 | 116 | Ian Wright | Rugby & Northampton AC | 22:44.87 | | | | | | | S |
| 5 | 99 | David Greenfield | Kingston AC & Poly H | 24:16.22 | | | S | | | | |
| M60 | 100m Hurdles | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 108 | Rob Sibley | Medway & Maidstone AC | 17.75 | -0.4 | | | | G | | |
| M60 | 300m Hurdles | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 110 | Duncan Talbot | Abingdon AC | 57.45 | | | | | G | | |
| M60 | 3000m Walk | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 111 | Ian Torode | South West Vets AC | 18:54.1 | | | | | | | G |
| 2 | 101 | David Hoben | Striders Of Croydon | 21:45.1 | | | G | | | | |
| M60 | High Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 110 | Duncan Talbot | Abingdon AC | 1.40 | | | | | G | | |
| 2 | 112 | Trevor Wade | Thames Valley Harriers | 1.35 | | | | | S | | |
| 3 | 102 | Chris Humble | Oxford City AC | 0.90 | | | G | | | | |
| M60 | Pole Vault | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 98 | Barry Gibbs | Southern Counties Vets AC | 1.70 | | | | | - | | |
| M60 | Long Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 112 | Trevor Wade | Thames Valley Harriers | 4.68 | 0.4 | | | | G | | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 4.19 | 0.7 | | | | S | | |
| 3 | 104 | Peter Morgan | Eastbourne Rovers AC | 3.80 | 0.9 | | G | | | | |
| M60 | Triple Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 108 | Rob Sibley | Medway & Maidstone AC | 9.08 | - | | | | G | | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 8.40 | - | | | | S | | |
| M60 | Shot | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 112 | Trevor Wade | Thames Valley Harriers | 9.37 | | | | | G | | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 8.95 | | | | | S | | |
| 3 | 91 | Mike Bale | Haywards Heath Harriers | 8.44 | | | | | B | | |
| 4 | 102 | Chris Humble | Oxford City AC | 7.72 | | | G | | | | |
| M60 | Discus | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 112 | Trevor Wade | Thames Valley Harriers | 31.43 | | | | | G | | |
| 2 | 106 | Tim Needham | Nene Valley Harriers | 30.94 | | | | | | | G |
| 3 | 91 | Mike Bale | Haywards Heath Harriers | 28.97 | | | | | S | | |
| 4 | 107 | Jack Rutherford | Walton AC | 25.75 | | | G | | | | |
| 5 | 104 | Peter Morgan | Eastbourne Rovers AC | 19.47 | | | S | | | | |
| 6 | 102 | Chris Humble | Oxford City AC | 18.50 | | | B | | | | |

| | | | | | | | | | |
|-------------------------|-----|------------------|---------------------------|----------|------------|-------|--------------|-----|--------------|
| M60 Hammer | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | Medal | | Medal |
| 1 | 91 | Mike Bale | Haywards Heath Harriers | 30.95 | | | G | | |
| 2 | 107 | Jack Rutherford | Walton AC | 27.94 | G | | | | |
| 3 | 106 | Tim Needham | Nene Valley Harriers | 26.63 | | | | | G |
| M60 Javelin | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | Medal | | Medal | | Medal |
| 1 | 97 | John Fenton | Dartford Harriers AC | 44.48 | | | G | CBP | |
| 2 | 98 | Barry Gibbs | Southern Counties Vets AC | 32.40 | | | S | | |
| 3 | 102 | Chris Humble | Oxford City AC | 23.86 | G | | | | |
| 4 | 104 | Peter Morgan | Eastbourne Rovers AC | 23.59 | S | | | | |
| M65 | | | | | | | | | |
| M65 100m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | | Medal |
| 1 | 131 | Christopher Monk | Leicester Coritanian AC | 13.50 | -0.1 | | | | G |
| 2 | 127 | David Hinds | Serpentine RC | 14.04 | -0.1 | G | G | | |
| 3 | 121 | David Crouch | Epsom & Ewell Harriers | 15.03 | -0.1 | | S | | |
| 4 | 119 | Tom Clinton | Ireland | 15.05 | -0.1 | | | | S |
| 5 | 134 | Patrick Reynolds | Veterans AC | 17.14 | -0.1 | S | | | |
| M65 200m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | | Medal |
| 1 | 138 | David Spencer | Brighton & Hove City AC | 28.47 | 0.5 | | G | | |
| 2 | 127 | David Hinds | Serpentine RC | 28.58 | 0.5 | G | S | | |
| 3 | 121 | David Crouch | Epsom & Ewell Harriers | 30.68 | 0.5 | | B | | |
| 4 | 119 | Tom Clinton | Ireland | 30.98 | 0.5 | | | | G |
| 5 | 117 | Mike Applegate | City Of Salisbury AC & RC | 32.09 | 0.5 | | | | S |
| 6 | 134 | Patrick Reynolds | Veterans AC | 37.20 | 0.5 | S | | | |
| M65 400m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 138 | David Spencer | Brighton & Hove City AC | 64.57 | | | G | | |
| 2 | 127 | David Hinds | Serpentine RC | 68.42 | | G | S | | |
| 3 | 120 | Ed Connolly | Southampton AC | 68.69 | | S | | | |
| 4 | 129 | William Lonsdale | Aberdeen AAC | 70.94 | | | | | G |
| M65 800m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 120 | Ed Connolly | Southampton AC | 2:35.07 | | G | | | |
| 2 | 137 | Trevor Solomon | Veterans AC | 3:11.71 | | S | | | |
| M65 1500m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 133 | Don Powell | Basingstoke & Mid H AC | 5:26.63 | | | G | | |
| 2 | 122 | Peter Durrans | Veterans AC | 6:02.68 | | G | | | |
| 3 | 137 | Trevor Solomon | Veterans AC | 6:21.70 | | S | | | |
| M65 5000m | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 122 | Peter Durrans | Veterans AC | 22:40.18 | | G | | | |
| M65 300m Hurdles | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 129 | William Lonsdale | Aberdeen AAC | 59.26 | | | | | G |
| M65 3000m Walk | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 126 | John Hall | Belgrave Harriers | 17:33.6 | | G | | | |
| M65 High Jump | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | Medal | | Medal |
| 1 | 129 | William Lonsdale | Aberdeen AAC | 1.40 | | | | | G |
| M65 Long Jump | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | Medal | | Medal |
| 1 | 129 | William Lonsdale | Aberdeen AAC | 3.97 | 0.5 | | | | G |
| 2 | 134 | Patrick Reynolds | Veterans AC | 3.12 | 1.7 | G | | | |

| M65 Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|------------------------|-----|------------------|------------------|------|-----|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 129 | William Lonsdale | Aberdeen AAC | 8.85 | - | | | | | G |
| 2 | 135 | Tony Richards | Croydon Harriers | 6.70 | - | G | | - | | |
| 3 | 134 | Patrick Reynolds | Veterans AC | 5.84 | - | S | | | | |

| M65 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|-----|------------------|---------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 135 | Tony Richards | Croydon Harriers | 11.18 | | G | | G | | |
| 2 | 136 | Bunt Scott | Marshall Milton Keynes AC | 9.74 | | | | | | G |
| 3 | 134 | Patrick Reynolds | Veterans AC | 6.68 | | S | | | | |

| M65 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------|-----|------------------|----------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 125 | Neil Griffin | Windsor Slough Eton & H AC | 42.46 | | | | G | | |
| 2 | 135 | Tony Richards | Croydon Harriers | 36.16 | | G | | S | | |
| 3 | 136 | Bunt Scott | Marshall Milton Keynes AC | 35.84 | | | | | | G |
| 4 | 123 | Joe Eastwood | Walton AC | 25.25 | | | | B | | |
| 5 | 134 | Patrick Reynolds | Veterans AC | 17.90 | | S | | | | |

| M65 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-------------------|-----|------------------|----------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 125 | Neil Griffin | Windsor Slough Eton & H AC | 37.99 | | | | G | | |
| 2 | 136 | Bunt Scott | Marshall Milton Keynes AC | 35.15 | | | | | | G |
| 3 | 139 | Clive Thomson | Southern Counties Vets AC | 28.82 | | | | S | | |
| 4 | 135 | Tony Richards | Croydon Harriers | 28.49 | | G | | B | | |
| 5 | 118 | John Blackwell | Nene Valley Harriers | 26.71 | | | | | | S |
| 6 | 134 | Patrick Reynolds | Veterans AC | 16.38 | | S | | | | |

| M65 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|--------------------|-----|------------------|---------------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 123 | Joe Eastwood | Walton AC | 34.09 | | | | G | | |
| 2 | 135 | Tony Richards | Croydon Harriers | 32.45 | | G | | S | | |
| 3 | 136 | Bunt Scott | Marshall Milton Keynes AC | 30.12 | | | | | | G |
| 4 | 134 | Patrick Reynolds | Veterans AC | 12.31 | | S | | | | |

M70

| M70 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|-----|---------------|-------------------------|-------|------|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 152 | Victor Novell | Southampton AC | 14.01 | -1.7 | | | G | | |
| 2 | 150 | Neal Mason | South West Vets AC | 14.88 | -1.7 | | | | | G |
| 3 | 142 | Terry Bissett | Epsom & Ewell Harriers | 15.27 | -1.7 | G | | S | | |
| 4 | 149 | Gerry Lustig | Brighton & Hove City AC | 15.38 | -1.7 | S | | | | |

| M70 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|-----|---------------|-------------------------|-------|------|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 152 | Victor Novell | Southampton AC | 28.97 | -0.4 | | | G | | |
| 2 | 142 | Terry Bissett | Epsom & Ewell Harriers | 31.11 | -0.4 | G | | S | | |
| 3 | 149 | Gerry Lustig | Brighton & Hove City AC | 32.08 | -0.4 | S | | | | |
| 4 | 157 | John Trory | Road Runners Club | 37.21 | -0.4 | | | B | | |

| M70 400m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|-----|------------|-------------------|-------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 157 | John Trory | Road Runners Club | 87.82 | | | | - | | |

| M70 800m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|-----------------|-----|------------|-------------------|---------|--|------------|-----|--------------|-------|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 157 | John Trory | Road Runners Club | 3:19.92 | | | | G | ##### | |

| M70 1500m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
|------------------|-----|---------------|--------------------|---------|--|------------|-----|--------------|-----|--------------|
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 154 | Tony Rea | Dragons RC (Leeds) | 6:11.39 | | | | G | | |
| 2 | 144 | Alan Davidson | Liss RC | 7:30.90 | | G | | S | | |

| | | | | | | | | | | |
|------------------------|-----|----------------------|------------------------|----------|------|------------|-----|--------------|------|--------------|
| M70 5000m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 155 | Richard Solomons | Highgate Harriers | 23:45.69 | | G | | | | |
| 2 | 144 | Alan Davidson | Liss RC | 27:52.12 | | S | | G | | |
| 3 | 141 | Edwin Bartlett | Veterans AC | 34:23.72 | | B | | | | |
| | 154 | Tony Rea | Dragons RC (Leeds) | dnf | | | | - | | |
| M70 3000m Walk | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 148 | Peter Hannell | Surrey WC | 20:24.8 | | G | | G | | |
| M70 Long Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 159 | Roy White | St Mary's Richmond AC | 4.01 | 0.4 | | | G | | |
| 2 | 143 | Allan Cheers | Basingstoke & Mid H AC | 3.43 | 0.6 | G | | | | |
| M70 Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 143 | Allan Cheers | Basingstoke & Mid H AC | 7.72 | - | G | | | | |
| M70 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 147 | John Gilbert | Invicta East Kent AC | 8.50 | | G | | G | | |
| M70 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 147 | John Gilbert | Invicta East Kent AC | ndr | | - | | - | | |
| M70 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 147 | John Gilbert | Invicta East Kent AC | 31.07 | | G | | G | | |
| 2 | 151 | Christopher Melliush | Cambridge Harriers | 29.26 | | S | | S | | |
| M70 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 150 | Neal Mason | South West Vets AC | 28.39 | | | | | | G |
| 2 | 159 | Roy White | St Mary's Richmond AC | 25.08 | | | | G | | |
| 3 | 147 | John Gilbert | Invicta East Kent AC | 23.71 | | G | | S | | |
| M75 | | | | | | | | | | |
| M75 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 167 | Allan Long | Herne Hill Harriers | 14.96 | 0.3 | G | CBP | | | |
| 2 | 162 | Roger Bruck | Barnet & District AC | 18.54 | 0.3 | | | G | | |
| 3 | 163 | Terry Casey | Veterans AC | 21.55 | 0.3 | S | | | | |
| M75 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 162 | Roger Bruck | Barnet & District AC | 39.69 | -0.7 | | | G | | |
| 2 | 163 | Terry Casey | Veterans AC | 45.77 | -0.7 | G | | | | |
| M75 400m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 163 | Terry Casey | Veterans AC | 109.50 | | G | | | | |
| M75 High Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 162 | Roger Bruck | Barnet & District AC | 1.15 | | | | G | =CBP | |
| M75 Long Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 167 | Allan Long | Herne Hill Harriers | 3.88 | -1.7 | G | CBP | | | |
| 2 | 162 | Roger Bruck | Barnet & District AC | 3.27 | 1.8 | | | G | | |
| M75 Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 167 | Allan Long | Herne Hill Harriers | 8.34 | - | G | CBP | | | |

| | | | | | | | | | | |
|------------------------|-----|--------------------------|------------------------|----------|------|------------|-----|--------------|-----|--------------|
| M75 Discus | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 169 | John Webster | Hercules Wimbledon AC | 18.91 | | G | | | | |
| M75 Hammer | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 169 | John Webster | Hercules Wimbledon AC | 24.81 | | G | | | | |
| M75 Javelin | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 160 | Victor Adcock | City Of Portsmouth AC | 30.60 | | | | G | | |
| 2 | 169 | John Webster | Hercules Wimbledon AC | 22.31 | | G | | | | |
| M80 | | | | | | | | | | |
| M80 100m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 171 | Richard Pitcairn-Knowles | Sevenoaks AC | 21.52 | 0.3 | G | | G | | |
| M80 200m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 171 | Richard Pitcairn-Knowles | Sevenoaks AC | 48.63 | -0.7 | G | | - | | |
| M80 400m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 170 | Cliff Collins | Veterans AC | 93.71 | | G | | | | |
| M80 1500m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 170 | Cliff Collins | Veterans AC | 6:55.75 | | G | | | | |
| 2 | 172 | Brian Shave | Herne Hill Harriers | 10:14.27 | | S | | | | |
| M80 5000m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 171 | Richard Pitcairn-Knowles | Sevenoaks AC | 34:23.66 | | G | | G | | |
| M80 Long Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 173 | Colin Sheppard | Basingstoke & Mid H AC | 2.68 | -0.8 | G | | | | |
| M80 Triple Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 173 | Colin Sheppard | Basingstoke & Mid H AC | 5.43 | - | G | | | | |
| M80 Javelin | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 171 | Richard Pitcairn-Knowles | Sevenoaks AC | 7.37 | | G | | - | | |
| M85 | | | | | | | | | | |
| M85 100m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 176 | Clifford Taylor | Veterans AC | 24.03 | 0.3 | G | | | | |
| M85 Long Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 176 | Clifford Taylor | Veterans AC | 2.16 | -0.4 | G | CBP | | | |
| M85 Shot | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 176 | Clifford Taylor | Veterans AC | 7.59 | | G | CBP | | | |
| 2 | 175 | James Switzer | Epsom & Ewell Harriers | 6.51 | | | | | | G |
| 3 | 174 | John Kirkham | Veterans AC | 6.04 | | S | | | | |
| M85 Discus | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 174 | John Kirkham | Veterans AC | 15.62 | | G | CBP | | | |
| 2 | 175 | James Switzer | Epsom & Ewell Harriers | 14.64 | | | | | | G |

| | | | | | | | | | | |
|----------------------|-----|-------------------|----------------------------|----------|------|------------|-----|--------------|-----|--------------|
| M85 Hammer | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 176 | Clifford Taylor | Veterans AC | 20.03 | | G | CBP | | | |
| 2 | 174 | John Kirkham | Veterans AC | 18.51 | | S | | | | |
| M85 Javelin | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 176 | Clifford Taylor | Veterans AC | 16.34 | | G | CBP | | | |
| 2 | 175 | James Switzer | Epsom & Ewell Harriers | 15.26 | | | | | | G |
| 3 | 174 | John Kirkham | Veterans AC | 11.30 | | S | | | | |
| W40 | | | | | | | | | | |
| W40 100m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 186 | Tasha Norris | Bracknell AC | 13.33 | 1.0 | | | G | | |
| 2 | 185 | Kathryn Miles | Winchester & District AC | 14.05 | 1.0 | | | S | | |
| W40 200m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 186 | Tasha Norris | Bracknell AC | 28.1 | - | | | G | | |
| 2 | 185 | Kathryn Miles | Winchester & District AC | 29.9 | - | | | S | | |
| W40 5000m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 184 | Anoushka Johnson | Dartford Harriers AC | 20:08.56 | | | | G | | |
| W40 High Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 182 | Sarah Hewitt | Brighton & Hove City AC | 1.26 | | | | G | | |
| W40 Long Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 186 | Tasha Norris | Bracknell AC | 4.21 | -0.8 | | | G | | |
| 3 | 185 | Kathryn Miles | Winchester & District AC | 3.77 | -0.6 | | | - | | |
| W40 Shot | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 182 | Sarah Hewitt | Brighton & Hove City AC | 9.14 | | | | G | | |
| 2 | 180 | Ruth Elkins | Poole AC | 8.89 | | | | | | G |
| 3 | 181 | Tracey Gould | Ealing Southall & Middx AC | 6.94 | | G | | | | |
| W40 Discus | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 182 | Sarah Hewitt | Brighton & Hove City AC | 33.60 | | | | G | | |
| 2 | 178 | Jacqueline Cherry | Oxford City AC | 26.24 | | | | S | | |
| 3 | 181 | Tracey Gould | Ealing Southall & Middx AC | 20.77 | | G | | | | |
| W40 Hammer | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 180 | Ruth Elkins | Poole AC | 34.43 | | | | | | G |
| 2 | 181 | Tracey Gould | Ealing Southall & Middx AC | 32.68 | | G | | | | |
| 3 | 182 | Sarah Hewitt | Brighton & Hove City AC | 31.82 | | | | G | | |
| W40 Javelin | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 182 | Sarah Hewitt | Brighton & Hove City AC | 23.41 | | | | G | | |
| 2 | 181 | Tracey Gould | Ealing Southall & Middx AC | 19.68 | | G | | | | |
| 3 | 180 | Ruth Elkins | Poole AC | 19.67 | | | | | | G |
| W45 | | | | | | | | | | |
| W45 100m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 191 | Joanna Flowers | Walton AC | 13.92 | 1.0 | G | | | | |
| 2 | 190 | Sharon Dooley | Ranelagh Harriers | 14.65 | 1.0 | | | G | | |
| 3 | 195 | Linda Pitts | Newbury AC | 15.15 | 1.0 | S | | | | |

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|------------|-------------------|-----------------|----------------------------|----------|------|-------|------------|-----|--------------|-----|--------------|
| W45 | 200m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | | Medal | | Medal |
| 1 | 191 | Joanna Flowers | Walton AC | 28.8 | - | G | | CBP | | | |
| 2 | 190 | Sharon Dooley | Ranelagh Harriers | 31.0 | - | | | | G | | |
| W45 | 1500m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 187 | Rachel Badham | West 4 Harriers | 5:09.6 | | G | | | | | |
| 2 | 188 | Lynne Champion | Istead & Ifield Harriers | 5:40.2 | | | | | G | | |
| W45 | 5000m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 197 | Mary Setyabule | Herne Hill Harriers | 22:29.72 | | G | | | | | |
| W45 | High Jump | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 194 | Jenny O'Connor | Newbury AC | 1.38 | | | | | G | | |
| W45 | Pole Vault | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 194 | Jenny O'Connor | Newbury AC | 2.22 | | | | | G | | |
| W45 | Shot | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 193 | Sue Lawrence | Thurrock Harriers AC | 9.40 | | | | | G | | |
| W45 | Discus | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 193 | Sue Lawrence | Thurrock Harriers AC | 28.70 | | | | | G | | |
| W45 | Hammer | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 193 | Sue Lawrence | Thurrock Harriers AC | 33.04 | | | | | G | | |
| W45 | Javelin | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 196 | Margaret Pope | Veterans AC | 25.40 | | G | | | | | |
| W50 | | | | | | | | | | | |
| W50 | 100m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | | Medal | | Medal |
| 1 | 209 | Rachel Waters | Epsom & Ewell Harriers | 15.00 | -0.6 | G | | | | | |
| W50 | 200m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | | Medal | | Medal |
| 1 | 201 | Janet Dickinson | Bournemouth AC | 29.15 | 0.2 | | | | | | G |
| 2 | 209 | Rachel Waters | Epsom & Ewell Harriers | 31.10 | 0.2 | G | | | | | |
| W50 | 400m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 201 | Janet Dickinson | Bournemouth AC | 67.80 | | | | | | | G |
| 2 | 210 | Lisa Webb | Shaftesbury Barnet H | 69.15 | | G | | | | | |
| W50 | 800m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 208 | Patricia Thomas | Ealing Southall & Middx AC | 3:01.07 | | G | | | | | |
| W50 | 1500m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 210 | Lisa Webb | Shaftesbury Barnet H | 5:18.8 | | G | | | | | |
| 2 | 199 | Julia Austin | Vale Of Aylesbury AC | 5:34.9 | | | | | | | G |
| 3 | 198 | Nichola Atkins | Kingston AC & Poly H | 6:12.20 | | S | | | | | |
| W50 | 5000m | | Final | | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | | Medal | | Medal |
| 1 | 212 | Caroline Wood | Arena 80 AC | 20:34.48 | | | | | G | | |

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|-------------------------------------------------------|--------------|------------|-----|--------------|-----|--------------|
| W50 High Jump | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 201 Janet Dickinson Bournemouth AC 1.41 | | | | | | G |
| 2 209 Rachel Waters Epsom & Ewell Harriers 1.11 | | G | | | | |
| W50 Long Jump | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf w/s Medal | | | | Medal | | Medal |
| 1 201 Janet Dickinson Bournemouth AC 4.60 0.7 | | | | | | G |
| W50 Shot | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 205 Deborah Montgomery Team Kennet Tri & AC 10.96 | | | | | | G |
| 2 206 Barbara Norris Windsor Slough Eton & H AC 10.67 | | G | | | | |
| 3 211 Julie Wilson Reading AC 9.59 | | | | | | G |
| 4 207 Janet Smith Windsor Slough Eton & H AC 8.86 | | | | | S | |
| W50 Discus | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 206 Barbara Norris Windsor Slough Eton & H AC 32.21 | | G | CBP | | | |
| 2 207 Janet Smith Windsor Slough Eton & H AC 28.99 | | | | | G | |
| 3 211 Julie Wilson Reading AC 28.77 | | | | | | G |
| W50 Hammer | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 206 Barbara Norris Windsor Slough Eton & H AC 46.58 | | G | | | | |
| 2 207 Janet Smith Windsor Slough Eton & H AC 42.19 | | | | | G | CBP |
| 3 211 Julie Wilson Reading AC 34.41 | | | | | | G |
| 4 205 Deborah Montgomery Team Kennet Tri & AC 26.20 | | | | | S | |
| 5 200 Tracey Brockbank Brighton & Hove City AC 22.10 | | | | | B | |
| W50 Javelin | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 206 Barbara Norris Windsor Slough Eton & H AC 30.08 | | G | CBP | | | |
| 2 205 Deborah Montgomery Team Kennet Tri & AC 27.77 | | | | | G | |
| 3 211 Julie Wilson Reading AC 21.26 | | | | | | G |
| 4 200 Tracey Brockbank Brighton & Hove City AC 20.10 | | | | | S | |
| W55 | | | | | | |
| W55 100m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf w/s Medal | | | | Medal | | Medal |
| 1 219 Kirstin King Bracknell AC 13.97 -0.6 | | | | | | G |
| 2 221 Lesley Parsons Veterans AC 15.80 -0.6 | | G | | | | |
| 3 224 Clare St John-Coleman Chelmsford AC 15.94 -0.6 | | | | | | G |
| W55 200m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf w/s Medal | | | | Medal | | Medal |
| 1 218 Susan Frisby Leicester Coritanian AC 29.01 0.2 | | | | | | G |
| 2 221 Lesley Parsons Veterans AC 32.37 0.2 | | G | | | | |
| 219 Kirstin King Bracknell AC dns 0.2 | | | | | - | |
| W55 400m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 221 Lesley Parsons Veterans AC 74.07 | | G | CBP | | | |
| W55 5000m | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 214 Fiona Bishop Woking AC 23:29.44 | | G | | | | |
| 2 213 Camilla Allwood Serpentine RC 29:27.31 | | | | | | G |
| W55 80m Hurdles | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf w/s Medal | | | | Medal | | Medal |
| 1 218 Susan Frisby Leicester Coritanian AC 13.16 1.1 | | | | | | G |
| 2 215 Gaye Clarke Ryston Runners AC 14.77 1.1 | | | | | | S |
| W55 3000m Walk | Final | VAC | Rec | SCVAC | Rec | Guest |
| Pos No Athlete Club Perf Medal | | | | Medal | | Medal |
| 1 214 Fiona Bishop Woking AC 18:56.5 | | G | | | | |

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|------------------------|-----|-----------------------|----------------------------|----------|------|------------|-----|--------------|-----|--------------|
| W55 High Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 215 | Gaye Clarke | Ryston Runners AC | 1.29 | | | | | | G |
| W55 Long Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 215 | Gaye Clarke | Ryston Runners AC | 3.80 | 0.6 | | | | | G |
| 2 | 224 | Clare St John-Coleman | Chelmsford AC | 3.46 | 0.8 | | | | | S |
| 3 | 213 | Camilla Allwood | Serpentine RC | 2.70 | -0.3 | | | | | B |
| W55 Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 222 | Mandy Rowley-Jones | Croydon Harriers | 8.27 | 1,2 | | | G | | |
| W55 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 216 | Wendy Dunsford | Epsom & Ewell Harriers | 7.88 | | | | G | | |
| 2 | 220 | Angela Morgan | Eastbourne Rovers AC | 6.95 | | | | S | | |
| 3 | 226 | Helen Wilson | Aldershot Farnham & D AC | 6.03 | | | | | | G |
| W55 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 223 | Deborah Singleton | Walton AC | 21.91 | | G | | | | |
| 2 | 216 | Wendy Dunsford | Epsom & Ewell Harriers | 21.88 | | | | G | | |
| 3 | 226 | Helen Wilson | Aldershot Farnham & D AC | 16.41 | | | | | | G |
| 4 | 213 | Camilla Allwood | Serpentine RC | 12.32 | | | | | | S |
| W55 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 225 | Kim Weir | St Mary's Richmond AC | 32.94 | | G | | | | |
| 2 | 215 | Gaye Clarke | Ryston Runners AC | 31.68 | | | | | | G |
| 3 | 216 | Wendy Dunsford | Epsom & Ewell Harriers | 29.86 | | | | G | | |
| 4 | 223 | Deborah Singleton | Walton AC | 25.39 | | S | | | | |
| 5 | 220 | Angela Morgan | Eastbourne Rovers AC | 23.55 | | | | S | | |
| W55 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 226 | Helen Wilson | Aldershot Farnham & D AC | 14.17 | | | | | | G |
| W60 | | | | | | | | | | |
| W60 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 241 | Joan Trimble | Kingston AC & Poly H | 14.86 | -1.6 | G | CBP | G | | |
| 2 | 237 | Ed Roe | Windsor Slough Eton & H AC | 15.22 | -1.6 | S | | | | |
| W60 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 241 | Joan Trimble | Kingston AC & Poly H | 31.53 | -0.8 | G | | G | | |
| 2 | 237 | Ed Roe | Windsor Slough Eton & H AC | 32.12 | -0.8 | S | | | | |
| W60 400m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 238 | Andrea Sanders-Reece | Mornington Chasers | 88.08 | | G | | | | |
| W60 800m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 238 | Andrea Sanders-Reece | Mornington Chasers | 3:09.13 | | G | | | | |
| W60 1500m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 238 | Andrea Sanders-Reece | Mornington Chasers | 6:16.5 | | G | | | | |
| W60 5000m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 239 | Maggie Statham | Holland Sports AC | 21:51.47 | | G | | | | |
| W60 80m Hurdles | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 228 | Judith Carder | Brighton & Hove City AC | 20.43 | 1.1 | | | G | | |

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|------------|---------------------|-----------------|--------------------------|--------------|------|--|------------|------|--------------|-----|--------------|
| W60 | 300m Hurdles | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 228 | Judith Carder | Brighton & Hove City AC | 64.54 | | | | | G | | |
| 2 | 227 | Fiona Argent | Medway & Maidstone AC | 76.87 | | | G | | | | |
| W60 | 3000m Walk | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 232 | Lesley Hall | Ashford AC | 19:04.5 | | | | | G | CBP | |
| W60 | High Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 229 | Carole Filer | City Of Norwich AC | 1.38 | | | | | | | G |
| W60 | Long Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 229 | Carole Filer | City Of Norwich AC | 4.47 | -0.2 | | | | | | G |
| W60 | Triple Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 228 | Judith Carder | Brighton & Hove City AC | 7.38 | 1.9 | | | | G | | |
| W60 | Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 235 | Barbara Macanas | Herne Hill Harriers | 6.33 | | | | | G | | |
| 2 | 227 | Fiona Argent | Medway & Maidstone AC | 6.28 | | | G | | | | |
| W60 | Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 235 | Barbara Macanas | Herne Hill Harriers | 19.39 | | | | | G | | |
| 2 | 227 | Fiona Argent | Medway & Maidstone AC | 12.35 | | | G | | | | |
| W60 | Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 235 | Barbara Macanas | Herne Hill Harriers | 24.11 | | | | | G | | |
| W60 | Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 235 | Barbara Macanas | Herne Hill Harriers | 12.82 | | | | | - | | |
| W65 | | | | | | | | | | | |
| W65 | 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 247 | Moira West | Winchester & District AC | 15.95 | -1.6 | | | | G | CBP | |
| W65 | 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 247 | Moira West | Winchester & District AC | 34.19 | -0.8 | | | | G | | |
| W65 | 1500m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 244 | Margaret Moody | Basingstoke & Mid H AC | 6:15.2 | | | G | | | | |
| W65 | 5000m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 245 | Ros Tabor | Dulwich Runners AC | 22:22.52 | | | G | | | | |
| 2 | 244 | Margaret Moody | Basingstoke & Mid H AC | 22:33.53 | | | S | | | | |
| W65 | 80m Hurdles | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 243 | Emily McMahon | Enfield & Haringey AC | 16.93 | 1.1 | | G | NCBP | G | CBP | |
| W65 | Long Jump | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | | Medal | | Medal | | Medal |
| 1 | 243 | Emily McMahon | Enfield & Haringey AC | 3.61 | -1.0 | | G | CBP | G | CBP | |
| W65 | Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | | Medal | | Medal | | Medal |
| 1 | 246 | Vilma Thompson | Belgrave Harriers | 9.58 | | | | | G | | |

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|--------------------|-----|-------------------|------------------------|----------|------|------------|-----|--------------|-----|--------------|
| W65 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 246 | Vilma Thompson | Belgrave Harriers | 21.29 | | | | G | | |
| W65 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 246 | Vilma Thompson | Belgrave Harriers | 29.58 | | | | G | | |
| W65 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 246 | Vilma Thompson | Belgrave Harriers | 19.25 | | | | G | | |
| W70 | | | | | | | | | | |
| W70 100m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 249 | Brenda Fee | Barnet & District AC | 16.19 | -1.6 | G | CBP | | | |
| W70 200m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | w/s | Medal | | Medal | | Medal |
| 1 | 249 | Brenda Fee | Barnet & District AC | 33.92 | -0.8 | G | CBP | | | |
| W70 5000m | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 251 | Pauline Rich | Run Academy Worthing | 25:17.24 | | G | CBP | | | |
| W70 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 252 | Liz Sissons | Epsom & Ewell Harriers | 8.11 | | G | | G | | |
| 2 | 248 | Elizabeth Brandon | Eastbourne Rovers AC | 5.53 | | | | S | | |
| W70 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 252 | Liz Sissons | Epsom & Ewell Harriers | 17.55 | | G | | G | | |
| W70 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 252 | Liz Sissons | Epsom & Ewell Harriers | 20.47 | | G | | G | | |
| 2 | 248 | Elizabeth Brandon | Eastbourne Rovers AC | 18.78 | | | | S | | |
| W70 Javelin | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 252 | Liz Sissons | Epsom & Ewell Harriers | 19.19 | | G | | G | | |
| W80 | | | | | | | | | | |
| W80 Shot | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 253 | Barbara Dunsford | Belgrave Harriers | 3.95 | | | | G | | |
| W80 Discus | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 253 | Barbara Dunsford | Belgrave Harriers | 8.94 | | | | G | | |
| W80 Hammer | | | Final | | | VAC | Rec | SCVAC | Rec | Guest |
| Pos | No | Athlete | Club | Perf | | Medal | | Medal | | Medal |
| 1 | 253 | Barbara Dunsford | Belgrave Harriers | 15.86 | | | | G | | |