

SCVAC LEAGUE FINALS - Julie Rose, Ashford 04/09/2011

| A String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M35 100m

| | | | | |
|---|----|-----------------------------|---------------------------|------|
| 1 | 43 | Henry Chitsenga (M50) | Oxford City | 12.7 |
| 2 | 53 | Bobby Cooper (M45) | Herne Hill Harriers | 12.8 |
| 3 | 13 | Jonathan Tilt (M45) | Southampton | 12.9 |
| 4 | 33 | Mitch Bellham (M40) | Enfield and Haringey | 13.1 |
| 5 | 83 | Renrick Samuel | Cambridge Harriers | 13.5 |
| 6 | 73 | Mike Van Den Dobbelen (M40) | Blackheath & Bromley H AC | 13.6 |
| 7 | 63 | Dave Coulson (M45) | Eastbourne & Hailsham | 14.7 |

M35 200m

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 13 | Jonathan Tilt (M45) | Southampton | 25.9 |
| 2 | 43 | Henry Chitsenga (M50) | Oxford City | 25.7 |
| 3 | 33 | Alan James | Enfield and Haringey | 26.2 |
| 4 | 53 | Bobby Cooper (M45) | Herne Hill Harriers | 26.3 |
| 5 | 83 | Wole Odele (M45) | Cambridge Harriers | 28.1 |
| 6 | 73 | Adrian Stocks | Blackheath & Bromley H AC | 28.9 |
| 7 | 63 | Dave Coulson (M45) | Eastbourne & Hailsham | 29.1 |

M35 400m

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 33 | Mike Vassiliou (M50) | Enfield and Haringey | 54.5 |
| 2 | 13 | Jonathan Tilt (M45) | Southampton | 55.6 |
| 3 | 43 | Henry Chitsenga (M50) | Oxford City | 56.5 |
| 4 | 73 | Richard Holt | Blackheath & Bromley H AC | 56.8 |
| 5 | 83 | Dave Reader | Cambridge Harriers | 58.6 |
| 6 | 53 | Bobby Cooper (M45) | Herne Hill Harriers | 61.8 |
| 7 | 63 | Dave Coulson (M45) | Eastbourne & Hailsham | 62.6 |

M35 800m

| | | | | |
|---|----|------------------------|---------------------------|--------|
| 1 | 73 | Alex Gibbins | Blackheath & Bromley H AC | 2:02.8 |
| 2 | 53 | Dave Peters (M40) | Herne Hill Harriers | 2:03.3 |
| 3 | 13 | David Blackman (M40) | Southampton | 2:09.6 |
| 4 | 33 | Larry Mangelshot (M45) | Enfield and Haringey | 2:11.6 |
| 5 | 83 | Dave Reader | Cambridge Harriers | 2:14.7 |
| 6 | 63 | Dave Coulson (M45) | Eastbourne & Hailsham | 2:20.9 |
| 7 | 43 | Steve Overton (M45) | Oxford City | 2:24.9 |
| 8 | 23 | Dominic Malins (M40) | Epsom & Ewell | 2:29.8 |

M35 1500m

| | | | | |
|---|----|------------------------|---------------------------|--------|
| 1 | 73 | Alex Gibbins | Blackheath & Bromley H AC | 4:14.7 |
| 2 | 53 | Dave Peters (M40) | Herne Hill Harriers | 4:15.7 |
| 3 | 13 | Andy Morgan-Lee (M40) | Southampton | 4:21.2 |
| 4 | 33 | Larry Mangelshot (M45) | Enfield and Haringey | 4:38.6 |
| 5 | 83 | Mark Ashby (M45) | Cambridge Harriers | 4:53.2 |
| 6 | 43 | Steve Overton (M45) | Oxford City | 4:58.9 |
| 7 | 23 | Jeff Butler (M45) | Epsom & Ewell | 5:14.1 |
| 8 | 63 | Andy Ruffell (M40) | Eastbourne & Hailsham | 5:18.3 |

M35 3000m

| | | | | |
|---|----|-----------------------|---------------------------|---------|
| 1 | 13 | Andy Morgan-Lee (M40) | Southampton | 9:26.1 |
| 2 | 53 | Francis Marsh (M45) | Herne Hill Harriers | 9:27.6 |
| 3 | 74 | Eamonn Prendergast | Blackheath & Bromley H AC | 10:00.6 |
| 4 | 44 | Roy Treadwell (M60) | Oxford City | 10:56.0 |
| 5 | 84 | Mark Cross (M50) | Cambridge Harriers | 10:59.0 |
| 6 | 23 | Jeff Butler (M45) | Epsom & Ewell | 11:02.3 |
| 7 | 64 | Dave Mercer | Eastbourne & Hailsham | 11:22.2 |

| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

| | | | | |
|---|----|-------------------------|---------------------------|------|
| 1 | 14 | Mark West | Southampton | 13.0 |
| 2 | 34 | Nick Lauder (M40) | Enfield and Haringey | 13.0 |
| 3 | 54 | Masakatsu Kondo (M45) | Herne Hill Harriers | 13.0 |
| 4 | 44 | Tony Palman-Brown (M45) | Oxford City | 13.3 |
| 5 | 84 | Wole Odele (M45) | Cambridge Harriers | 13.9 |
| 6 | 74 | Ian Montgomery (M45) | Blackheath & Bromley H AC | 14.7 |
| 7 | 64 | Dale Martin (M50) | Eastbourne & Hailsham | 18.5 |

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 14 | Mark West | Southampton | 25.9 |
| 2 | 34 | Nick Lauder (M40) | Enfield and Haringey | 26.5 |
| 3 | 44 | Gareth Davies (M40) | Oxford City | 26.7 |
| 4 | 54 | Masakatsu Kondo (M45) | Herne Hill Harriers | 27.2 |
| 5 | 84 | Renrick Samuel | Cambridge Harriers | 28.2 |
| 6 | 74 | Clem Leon (M55) | Blackheath & Bromley H AC | 28.3 |
| 7 | 64 | Dale Martin (M50) | Eastbourne & Hailsham | 38.3 |

| | | | | |
|---|----|-------------------------|---------------------------|------|
| 1 | 84 | Jamie Wass | Cambridge Harriers | 57.4 |
| 2 | 14 | David Blackman (M40) | Southampton | 57.9 |
| 3 | 34 | Winston McFarlane (M45) | Enfield and Haringey | 58.1 |
| 4 | 74 | Adrian Stocks | Blackheath & Bromley H AC | 62.9 |
| 5 | 54 | Mark White | Herne Hill Harriers | 63.3 |
| 6 | 64 | Dave Mercer | Eastbourne & Hailsham | 65.0 |
| 7 | 44 | Steve Overton (M45) | Oxford City | 82.3 |

| | | | | |
|---|----|-----------------------|---------------------------|--------|
| 1 | 14 | Jon Granger (M45) | Southampton | 2:13.8 |
| 2 | 54 | Vic Maughn (M45) | Herne Hill Harriers | 2:14.7 |
| 3 | 84 | Mark Ashby (M45) | Cambridge Harriers | 2:15.5 |
| 4 | 74 | Matt de Freitas (M40) | Blackheath & Bromley H AC | 2:15.5 |
| 5 | 34 | Eddie Bayne (M40) | Enfield and Haringey | 2:20.6 |
| 6 | 24 | Jeff Butler (M45) | Epsom & Ewell | 2:34.3 |
| 7 | 44 | John Exley (M60) | Oxford City | 2:50.0 |
| 8 | 64 | Dale Martin (M50) | Eastbourne & Hailsham | 3:08.1 |

| | | | | |
|---|----|---------------------|---------------------------|--------|
| 1 | 74 | Keith Ewing (M50) | Blackheath & Bromley H AC | 4:35.2 |
| 2 | 14 | Jon Granger (M45) | Southampton | 4:35.9 |
| 3 | 54 | Vic Maughn (M45) | Herne Hill Harriers | 4:38.4 |
| 4 | 64 | Dave Mercer | Eastbourne & Hailsham | 5:01.0 |
| 5 | 84 | Mark Cross (M50) | Cambridge Harriers | 5:01.1 |
| 6 | 34 | Eddie Bayne (M40) | Enfield and Haringey | 5:12.5 |
| 7 | 44 | Roy Treadwell (M60) | Oxford City | 5:15.8 |

| | | | | |
|---|----|---------------------|---------------------------|---------|
| 1 | 54 | Keith Newton (M45) | Herne Hill Harriers | 9:52.6 |
| 2 | 73 | Richard Hall | Blackheath & Bromley H AC | 10:31.4 |
| 3 | 83 | Jerry Carnell (M55) | Cambridge Harriers | 11:08.9 |
| 4 | 14 | Paul Johnson (M45) | Southampton | 11:16.2 |
| 5 | 63 | Andy Ruffell (M40) | Eastbourne & Hailsham | 11:26.5 |
| 6 | 43 | John Exley (M60) | Oxford City | 11:47.0 |

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| Pos | Club | Athlete | Club | Perf |

| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M35 2000m Walks

| | | | | |
|---|----|-------------------------|---------------------------|---------|
| 1 | 43 | Graham Chapman (M55) | Oxford City | 10:12.1 |
| 2 | 53 | Valdis Pauzers (M55) | Herne Hill Harriers | 10:50.2 |
| 3 | 73 | Peter Hannell (M65) | Blackheath & Bromley H AC | 11:38.5 |
| 4 | 33 | Sean Pender (M55) | Enfield and Haringey | 12:11.2 |
| 5 | 83 | Stephen Shrimplin (M50) | Cambridge Harriers | 13:18.6 |
| 6 | 23 | Bill Arbury (M45) | Epsom & Ewell | 13:56.4 |
| 7 | 63 | Andy Ruffell (M40) | Eastbourne & Hailsham | 14:43.2 |
| | 13 | John Macinnes (M45) | Southampton | disq |

4x100m Relays

| | | | | |
|---|----|---------------------------|---|------|
| 1 | 53 | Herne Hill Harriers | Bobby Cooper, Akin Oyediran, Masakatsu Kondo, Kwei Sankofa | 48.5 |
| 2 | 33 | Enfield and Haringey | Alan James, Nick Lauder, Mike Vassiliou, Mitch Bellham | 48.6 |
| 3 | 13 | Southampton | Derek Warn, Mark West, David Blackman, Jonathan Tilt | 50.4 |
| 4 | 43 | Oxford City | Henry Chitsenga, Tony Palman-Brown, Gareth Davies, Richard Hart | 50.9 |
| 5 | 83 | Cambridge Harriers | Renrick Samuel, Jamie Wass, Wole Odele, Ian Gower | 51.0 |
| 6 | 73 | Blackheath & Bromley H AC | Tom Phillips, Clem Leon, Richard Holt, Rob Brown | 51.7 |
| 7 | 63 | Eastbourne & Hailsham | Dave Coulson, Dale Martin, Andy Ruffell, Dave Mercer | 60.7 |

4x400m Relays

| | | | | |
|---|----|---------------------------|--|--------|
| 1 | 73 | Blackheath & Bromley H AC | Clem Leon, Keith Ewing, Alex Gibbins, Richard Holt | 3:51.7 |
| 2 | 33 | Enfield and Haringey | Winston Mcfarlane, Alan James, Nick Lauder, Mike Vassiliou | 3:55.7 |
| 3 | 13 | Southampton | Michael Tanner, Mark West, David Blackman, Jonathan Tilt | 3:56.9 |
| 4 | 53 | Herne Hill Harriers | Keith Newton, Bobby Cooper, Francis Marsh, Kwei Sankofa | 4:12.2 |
| 5 | 83 | Cambridge Harriers | Ian Gower, Mark Ashby, Wole Odele, Jamie Wass | 4:13.9 |

M35 High Jump

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 33 | Alwyn Lombaard | Enfield and Haringey | 1.81 |
| 2 | 43 | Matthew Reece (M40) | Oxford City | 1.70 |
| 3 | 23 | Jason Dronfield (M40) | Epsom & Ewell | 1.65 |
| 4 | 13 | Michael Tanner (M40) | Southampton | 1.60 |
| 5 | 73 | Richard Holt | Blackheath & Bromley H AC | 1.50 |
| 6 | 53 | Akin Oyediran (M50) | Herne Hill Harriers | 1.45 |
| 7 | 63 | Dave Coulson (M45) | Eastbourne & Hailsham | 1.35 |

M35 Pole Vault

| | | | | |
|---|----|-------------------------|---------------------------|------|
| 1 | 73 | Murray Hillborne (M45) | Blackheath & Bromley H AC | 3.10 |
| 2 | 13 | Derek Warn (M45) | Southampton | 2.80 |
| 3 | 43 | Tony Palman-Brown (M45) | Oxford City | 2.50 |
| 4 | 23 | John Andrews (M45) | Epsom & Ewell | nhr |

M35 Long Jump

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 43 | Gareth Davies (M40) | Oxford City | 5.82 |
| 2 | 53 | Masakatsu Kondo (M45) | Herne Hill Harriers | 5.79 |
| 3 | 33 | Mitch Bellham (M40) | Enfield and Haringey | 5.56 |
| 4 | 13 | Mark West | Southampton | 5.53 |
| 5 | 73 | Mark Purser | Blackheath & Bromley H AC | 5.35 |
| 6 | 23 | John Andrews (M45) | Epsom & Ewell | 4.81 |
| 7 | 83 | Wole Odele (M45) | Cambridge Harriers | 4.80 |

M35 Triple Jump

| | | | | |
|---|----|---------------------|---------------------------|-------|
| 1 | 53 | Akin Oyediran (M50) | Herne Hill Harriers | 12.63 |
| 2 | 43 | Gareth Davies (M40) | Oxford City | 12.05 |
| 3 | 33 | Alwyn Lombaard | Enfield and Haringey | 11.47 |
| 4 | 13 | Mark West | Southampton | 11.12 |
| 5 | 73 | Adrian Stocks | Blackheath & Bromley H AC | 9.47 |
| 6 | 83 | Wole Odele (M45) | Cambridge Harriers | 8.78 |

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| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M35 Shot Putt

| | | | | |
|---|----|-------------------------|---------------------------|-------|
| 1 | 73 | Steve Timmins | Blackheath & Bromley H AC | 12.97 |
| 2 | 53 | Garry Power (M45) | Herne Hill Harriers | 9.92 |
| 3 | 13 | Mark West | Southampton | 9.69 |
| 4 | 23 | Jason Dronfield (M40) | Epsom & Ewell | 9.35 |
| 5 | 33 | Sam Moylan (M45) | Enfield and Haringey | 9.10 |
| 6 | 43 | Tony Palman-Brown (M45) | Oxford City | 7.79 |
| 7 | 83 | Stephen Shrimplin (M50) | Cambridge Harriers | 5.42 |

M35 Discus

| | | | | |
|---|----|-------------------------|---------------------------|-------|
| 1 | 53 | Garry Power (M45) | Herne Hill Harriers | 38.49 |
| 2 | 73 | Steve Timmins | Blackheath & Bromley H AC | 36.59 |
| 3 | 33 | Pat Teape (M40) | Enfield and Haringey | 29.79 |
| 4 | 43 | Richard Hart (M50) | Oxford City | 24.44 |
| 5 | 13 | Derek Warn (M45) | Southampton | 22.55 |
| 6 | 83 | Stephen Shrimplin (M50) | Cambridge Harriers | 13.36 |

M35 Hammer

| | | | | |
|---|----|-------------------------|---------------------------|-------|
| 1 | 73 | Steve Timmins | Blackheath & Bromley H AC | 48.49 |
| 2 | 53 | Des Austin (M45) | Herne Hill Harriers | 31.98 |
| 3 | 33 | Sam Moylan (M45) | Enfield and Haringey | 30.26 |
| 4 | 43 | Tony Palman-Brown (M45) | Oxford City | 19.83 |
| 5 | 23 | Jason Dronfield (M40) | Epsom & Ewell | 17.02 |
| 6 | 13 | Derek Warn (M45) | Southampton | 16.37 |
| 7 | 83 | John Corcoran (M50) | Cambridge Harriers | 11.01 |

M35 Javelin

| | | | | |
|---|----|-----------------------------|---------------------------|-------|
| 1 | 73 | Mike Van Den Dobbelen (M40) | Blackheath & Bromley H AC | 50.70 |
| 2 | 53 | David Millard (M45) | Herne Hill Harriers | 38.94 |
| 3 | 13 | Mark West | Southampton | 34.95 |
| 4 | 33 | Sam Moylan (M45) | Enfield and Haringey | 34.67 |
| 5 | 23 | Jason Dronfield (M40) | Epsom & Ewell | 33.57 |
| 6 | 43 | Richard Hart (M50) | Oxford City | 21.23 |
| 7 | 83 | John Corcoran (M50) | Cambridge Harriers | 14.70 |

M50 100m

| | | | | |
|---|----|----------------------|---------------------------|------|
| 1 | 35 | Mike Vassiliou | Enfield and Haringey | 12.6 |
| 2 | 55 | Kwei Sankofa | Herne Hill Harriers | 12.8 |
| 3 | 75 | Tom Phillips (M55) | Blackheath & Bromley H AC | 13.4 |
| 4 | 25 | Rob Shephard | Epsom & Ewell | 13.4 |
| 5 | 85 | Ian Gower | Cambridge Harriers | 13.5 |
| 6 | 65 | Brian Slaughter | Eastbourne & Hailsham | 14.1 |
| 7 | 45 | Richard Hart | Oxford City | 14.1 |
| 8 | 15 | Sidney De Lara (M55) | Southampton | 15.8 |

M50 200m

| | | | | |
|---|----|--------------------|---------------------------|------|
| 1 | 35 | Mike Vassiliou | Enfield and Haringey | 25.2 |
| 2 | 55 | Kwei Sankofa | Herne Hill Harriers | 26.0 |
| 3 | 85 | Ian Gower | Cambridge Harriers | 27.3 |
| 4 | 75 | Tom Phillips (M55) | Blackheath & Bromley H AC | 27.3 |
| 5 | 25 | Rob Shephard | Epsom & Ewell | 27.5 |
| 6 | 45 | Richard Hart | Oxford City | 29.2 |
| 7 | 15 | Malcolm Riddle | Southampton | 48.3 |

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| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M50 400m

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 55 | Kwei Sankofa | Herne Hill Harriers | 56.7 |
| 2 | 75 | Clem Leon (M55) | Blackheath & Bromley H AC | 61.0 |
| 3 | 45 | Howard Papworth (M55) | Oxford City | 61.9 |
| 4 | 35 | Peter Ley | Enfield and Haringey | 62.0 |
| 5 | 85 | Ray Daniel | Cambridge Harriers | 62.8 |
| 6 | 15 | Sidney De Lara (M55) | Southampton | 67.6 |
| 7 | 65 | Paul Eccles | Eastbourne & Hailsham | 71.4 |

M50 800m

| | | | | |
|---|----|-----------------------|---------------------------|--------|
| 1 | 75 | Keith Ewing | Blackheath & Bromley H AC | 2:13.3 |
| 2 | 85 | Ray Daniel | Cambridge Harriers | 2:19.1 |
| 3 | 45 | Howard Papworth (M55) | Oxford City | 2:19.1 |
| 4 | 55 | Tom Conlon | Herne Hill Harriers | 2:22.5 |
| 5 | 65 | Brian Slaughter | Eastbourne & Hailsham | 2:23.9 |
| 6 | 35 | Richard Holland | Enfield and Haringey | 2:26.1 |
| 7 | 25 | Simon Bean | Epsom & Ewell | 2:26.8 |
| 8 | 15 | Sidney De Lara (M55) | Southampton | 2:31.1 |

M50 1500m

| | | | | |
|---|----|------------------|---------------------------|--------|
| 1 | 45 | Brian Green | Oxford City | 4:41.2 |
| 2 | 75 | Alan Camp (M55) | Blackheath & Bromley H AC | 4:47.9 |
| 3 | 35 | Richard Holland | Enfield and Haringey | 4:53.2 |
| 4 | 65 | Paul Eccles | Eastbourne & Hailsham | 4:56.1 |
| 5 | 25 | Simon Bean | Epsom & Ewell | 4:58.6 |
| 6 | 85 | Paul Kent | Cambridge Harriers | 5:07.3 |
| 7 | 55 | Mike Mann (M60) | Herne Hill Harriers | 5:10.8 |
| 8 | 15 | Graham Cotterell | Southampton | 5:36.3 |

M50 3000m

| | | | | |
|---|----|-------------------|---------------------------|---------|
| 1 | 45 | Brian Green | Oxford City | 10:09.8 |
| 2 | 75 | Alan Camp (M55) | Blackheath & Bromley H AC | 10:16.8 |
| 3 | 35 | Richard Holland | Enfield and Haringey | 10:29.7 |
| 4 | 55 | Tony Harran | Herne Hill Harriers | 10:38.7 |
| 5 | 65 | Paul Eccles | Eastbourne & Hailsham | 10:47.5 |
| 6 | 85 | Clem Dixon | Cambridge Harriers | 11:00.9 |
| 7 | 15 | Graham Cotterell | Southampton | 12:13.5 |
| 8 | 25 | Gerry Smith (M60) | Epsom & Ewell | 12:30.5 |

M50 2000m Walk

| | | | | |
|---|----|----------------------|---------------------------|---------|
| 1 | 75 | Roger Michell (M60) | Blackheath & Bromley H AC | 10:56.2 |
| 2 | 55 | Micky Harran (M70) | Herne Hill Harriers | 11:24.8 |
| 3 | 65 | Dale Martin | Eastbourne & Hailsham | 11:29.0 |
| 4 | 45 | Pete O'Keefe (M55) | Oxford City | 13:45.4 |
| 5 | 85 | John Corcoran | Cambridge Harriers | 14:07.5 |
| 6 | 25 | Dave Mitchell | Epsom & Ewell | 14:30.6 |
| 7 | 35 | Bernie Hercock (M70) | Enfield and Haringey | 15:04.7 |
| | 15 | Graham Cotterell | Southampton | disq |

M50 High Jump

| | | | | |
|---|----|----------------------|---------------------------|------|
| 1 | 75 | Clem Leon (M55) | Blackheath & Bromley H AC | 1.45 |
| 2 | 55 | Tom Conlon | Herne Hill Harriers | 1.40 |
| 3 | 35 | Peter Ley | Enfield and Haringey | 1.30 |
| 4 | 85 | Ian Gower | Cambridge Harriers | 1.25 |
| 5 | 45 | Richard Hart | Oxford City | 1.25 |
| 6 | 15 | Sidney De Lara (M55) | Southampton | nhr |

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| A String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M50 Pole Vault

| | | | | |
|---|----|---------------------|---------------------------|------|
| 1 | 65 | Brian Slaughter | Eastbourne & Hailsham | 3.00 |
| 2 | 35 | Peter Ley | Enfield and Haringey | 2.50 |
| 3 | 45 | Bruce Henrie (M60) | Oxford City | 2.40 |
| 4 | 25 | Brian Harlick (M65) | Epsom & Ewell | 2.10 |
| 5 | 75 | Clem Leon (M55) | Blackheath & Bromley H AC | 2.10 |
| 6 | 55 | Tom Conlon | Herne Hill Harriers | 1.70 |

M50 Long Jump

| | | | | |
|---|----|-----------------|---------------------------|------|
| 1 | 55 | Akin Oyediran | Herne Hill Harriers | 5.70 |
| 2 | 65 | Brian Slaughter | Eastbourne & Hailsham | 4.92 |
| 3 | 35 | Peter Ley | Enfield and Haringey | 4.67 |
| 4 | 75 | Clem Leon (M55) | Blackheath & Bromley H AC | 4.61 |
| 5 | 85 | Ian Gower | Cambridge Harriers | 4.22 |
| 6 | 45 | Richard Hart | Oxford City | 3.98 |
| 7 | 15 | Malcolm Riddle | Southampton | 3.32 |

M50 Triple Jump

| | | | | |
|---|----|-----------------------|---------------------------|-------|
| 1 | 75 | Clem Leon (M55) | Blackheath & Bromley H AC | 11.06 |
| 2 | 45 | Howard Papworth (M55) | Oxford City | 9.53 |
| 3 | 55 | Tom Conlon | Herne Hill Harriers | 8.85 |
| 4 | 35 | Peter Ley | Enfield and Haringey | 8.80 |
| 5 | 85 | Ian Gower | Cambridge Harriers | 8.21 |
| 6 | 25 | Norman Rice (M65) | Epsom & Ewell | 8.19 |
| 7 | 15 | Sidney De Lara (M55) | Southampton | 6.48 |

M50 Shot Putt

| | | | | |
|---|----|----------------------------|---------------------------|-------|
| 1 | 65 | Brian Slaughter | Eastbourne & Hailsham | 10.13 |
| 2 | 35 | Tim Saunders-Mullins (M55) | Enfield and Haringey | 9.86 |
| 3 | 55 | Akin Oyediran | Herne Hill Harriers | 8.95 |
| 4 | 45 | Richard Hart | Oxford City | 8.84 |
| 5 | 75 | Gordon Hickey (M75) | Blackheath & Bromley H AC | 7.95 |
| 6 | 85 | Peter Wishart | Cambridge Harriers | 7.84 |
| 7 | 15 | Graham Cotterell | Southampton | 5.23 |

M50 Discus

| | | | | |
|---|----|---------------------|---------------------------|-------|
| 1 | 65 | Brian Slaughter | Eastbourne & Hailsham | 34.99 |
| 2 | 35 | Peter Ley | Enfield and Haringey | 34.25 |
| 3 | 85 | Peter Wishart | Cambridge Harriers | 33.09 |
| 4 | 45 | Pete O'Keefe (M55) | Oxford City | 27.69 |
| 5 | 55 | Akin Oyediran | Herne Hill Harriers | 26.88 |
| 6 | 75 | Colin Brand (M70) | Blackheath & Bromley H AC | 25.70 |
| 7 | 25 | Brian Harlick (M65) | Epsom & Ewell | 22.90 |
| 8 | 15 | Graham Cotterell | Southampton | 14.01 |

M50 Hammer

| | | | | |
|---|----|----------------------------|---------------------------|-------|
| 1 | 65 | Brian Slaughter | Eastbourne & Hailsham | 31.56 |
| 2 | 35 | Tim Saunders-Mullins (M55) | Enfield and Haringey | 30.48 |
| 3 | 85 | Peter Wishart | Cambridge Harriers | 25.98 |
| 4 | 45 | Pete O'Keefe (M55) | Oxford City | 24.44 |
| 5 | 55 | Derek Prentice (M60) | Herne Hill Harriers | 24.28 |
| 6 | 15 | Graham Cotterell | Southampton | 11.46 |
| 7 | 75 | Colin Brand (M70) | Blackheath & Bromley H AC | ntr |

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| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M50 Javelin

| | | | | |
|---|----|---------------------|---------------------------|-------|
| 1 | 75 | Steve Langdon | Blackheath & Bromley H AC | 45.62 |
| 2 | 55 | Garth Francis (M55) | Herne Hill Harriers | 35.02 |
| 3 | 35 | Peter Ley | Enfield and Haringey | 32.90 |
| 4 | 45 | Dave Kuester (M65) | Oxford City | 28.71 |
| 5 | 25 | Brian Harlick (M65) | Epsom & Ewell | 19.95 |
| 6 | 85 | Warwick Dixon (M75) | Cambridge Harriers | 17.57 |
| 7 | 15 | Malcolm Riddle | Southampton | 16.45 |

M60 100m

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 26 | Terry Bissett (M65) | Epsom & Ewell | 14.3 |
| 2 | 76 | Rob Brown | Blackheath & Bromley H AC | 14.5 |
| 3 | 86 | Barry Ferguson (M65) | Cambridge Harriers | 14.7 |
| 4 | 56 | Allan Long (M65) | Herne Hill Harriers | 15.0 |
| 5 | 46 | Bruce Hendrie | Oxford City | 15.1 |
| 6 | 36 | Alan Carter (M70) | Enfield and Haringey | 15.4 |
| 7 | 16 | Richard Pearson (M65) | Southampton | 18.2 |

M60 400m

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 76 | Bob Minting | Blackheath & Bromley H AC | 63.7 |
| 2 | 36 | Keith Crew | Enfield and Haringey | 64.9 |
| 3 | 46 | Bruce Hendrie | Oxford City | 70.4 |
| 4 | 56 | Mike Mann | Herne Hill Harriers | 72.1 |
| 5 | 86 | Peter Hadley (M65) | Cambridge Harriers | 73.3 |
| 6 | 16 | Richard Pearson (M65) | Southampton | 91.7 |

M60 1500m

| | | | | |
|---|----|------------------------|---------------------------|--------|
| 1 | 76 | Ken Daniel | Blackheath & Bromley H AC | 5:14.3 |
| 2 | 46 | John Exley | Oxford City | 5:18.8 |
| 3 | 56 | Steve Knight | Herne Hill Harriers | 5:26.0 |
| 4 | 26 | Gerry Smith | Epsom & Ewell | 5:49.3 |
| 5 | 86 | Russell Williams (M65) | Cambridge Harriers | 6:11.8 |
| 6 | 16 | Richard Pearson (M65) | Southampton | 6:21.8 |

M60 High Jump

| | | | | |
|---|----|----------------------|---------------------------|------|
| 1 | 76 | Bob Minting | Blackheath & Bromley H AC | 1.30 |
| 2 | 56 | Derek Prentice | Herne Hill Harriers | 1.25 |
| 3 | 86 | Barry Ferguson (M65) | Cambridge Harriers | 1.25 |
| 4 | 46 | Bruce Hendrie | Oxford City | 1.20 |
| 5 | 36 | Alan Carter (M70) | Enfield and Haringey | 1.10 |

M60 Long Jump

| | | | | |
|---|----|-----------------------|---------------------------|------|
| 1 | 46 | Bruce Hendrie | Oxford City | 4.23 |
| 2 | 76 | Dennis Wallington | Blackheath & Bromley H AC | 4.15 |
| 3 | 56 | Allan Long (M65) | Herne Hill Harriers | 4.05 |
| 4 | 36 | Keith Crew | Enfield and Haringey | 4.01 |
| 5 | 26 | Norman Rice (M65) | Epsom & Ewell | 3.43 |
| 6 | 86 | Derek Briscoe (M65) | Cambridge Harriers | 3.23 |
| 7 | 16 | Richard Pearson (M65) | Southampton | 1.71 |

M60 Shot Putt

| | | | | |
|---|----|----------------------|---------------------------|------|
| 1 | 46 | Dave Kuester (M65) | Oxford City | 9.78 |
| 2 | 56 | Derek Prentice (M60) | Herne Hill Harriers | 9.71 |
| 3 | 36 | Ray Gibbins (M60) | Enfield and Haringey | 9.71 |
| 4 | 26 | Norman Rice (M65) | Epsom & Ewell | 9.62 |
| 5 | 76 | Colin Brand (M70) | Blackheath & Bromley H AC | 9.27 |
| 6 | 16 | Pat Morgan-Lee (M65) | Southampton | 5.66 |

SCVAC LEAGUE FINALS - Julie Rose, Ashford 04/09/2011

| A String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

| B String | | | | |
|----------|------|---------|------|------|
| Pos | Club | Athlete | Club | Perf |

M60 Hammer

| | | | | |
|---|----|---------------------|---------------------------|-------|
| 1 | 46 | Dave Kuester (M65) | Oxford City | 30.85 |
| 2 | 26 | Brian Harlick (M65) | Epsom & Ewell | 29.49 |
| 3 | 86 | Warwick Dixon (M75) | Cambridge Harriers | 26.67 |
| 4 | 56 | J P West | Herne Hill Harriers | 25.11 |
| 5 | 36 | Ray Gibbins | Enfield and Haringey | 23.27 |
| 6 | 76 | Gordon Hickey (M75) | Blackheath & Bromley H AC | 19.50 |

Match Details

| | Pts |
|-----------------------------|-----|
| 1 Herne Hill Harriers | 266 |
| 2 Blackheath & Bromley H AC | 265 |
| 3 Enfield and Haringey | 234 |
| 4 Oxford City | 232 |
| 5 Cambridge Harriers | 173 |
| 6 Southampton | 172 |
| 7 Epsom & Ewell | 96 |
| 8 Eastbourne & Hailsham | 91 |