

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 05/07/2013

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	D3	Craig Sharp	Dartford A	55.4
2	A3	Mark McAllister (M40)	Ashford	57.4
3	F3	Michael Champion	Blackheath & Bromley	58.9
4	E3	Martin Kelk (M45)	Invicta	59.4
5	C3	James Gordon	Cambridge	61.2
6	P3	Paul Hasler (M40)	Paddock Wood	64.1

M35 3000m

1	F3	Gareth Evans	Blackheath & Bromley	9:35.7
2	C3	James Gordon	Cambridge	9:39.2
3	P3	Paul Hasler (M40)	Paddock Wood	9:45.6
4	D3	David Hall (M45)	Dartford A	10:00.8
5	E3	Martin Kelk (M45)	Invicta	10:27.4
6	A3	Ian King (M40)	Ashford	11:43.5

M35 Pole Vault

1	D3	Richard Nash	Dartford A	2.00
2	F3	Clem Leon (M55)	Blackheath & Bromley	1.70
3	C3	Wole Odele (M45)	Cambridge	nhr
3	A3	Mark McAllister (M40)	Ashford	nhr

M35 Triple Jump

1	A3	Steve Lake (M40)	Ashford	11.94
2	D3	Richard Nash	Dartford A	10.02
3	C3	Wole Odele (M45)	Cambridge	9.42
4	F3	Robert Brown (M60)	Blackheath & Bromley	7.13
5	P3	Richard Bidois (M45)	Paddock Wood	6.96

M35 Hammer

1	F3	Steve Timmins	Blackheath & Bromley	48.22
2	A3	Jonathan Ward (M45)	Ashford	37.18
3	D3	Scott Harvey	Dartford A	34.01
4	C3	Gwyn Samuel (M50)	Cambridge	22.38
5	E3	David Glendower (M45)	Invicta	21.80
6	P3	Dennis Fallon (M55)	Paddock Wood	16.30

M50 400m

1	F5	Clem Leon (M55)	Blackheath & Bromley	60.2
2	P5	Mark Woods	Paddock Wood	61.4
3	A5	Steve Langford	Ashford	63.2
4	C5	Tim Carter (M60)	Cambridge	63.5
5	D5	John Gurney	Dartford A	66.3
6	E5	Richard Hudson (M55)	Invicta	77.4

M50 3000m

1	C5	Jerry Carnell (M55)	Cambridge	10:52.4
2	F5	Mark Watling (M55)	Blackheath & Bromley	10:57.2
3	D5	Tim Orr (M55)	Dartford A	11:08.2
4	A5	Paul Wheeler	Ashford	12:25.2
5	P5	Andy Exall	Paddock Wood	12:41.4
6	E5	Richard Hudson (M55)	Invicta	13:51.7

B String				
Pos	Club	Athlete	Club	Perf

1	A4	Peter Davey	Ashford	56.1
2	D4	David Kemp (M45)	Dartford A	58.8
3	C4	Wole Odele (M45)	Cambridge	62.6
4	F4	Robert Brown (M60)	Blackheath & Bromley	66.0
5	P4	Richard Bidois (M45)	Paddock Wood	68.1

1	D4	Craig Sharp	Dartford A	10:02.7
2	C4	Andrew Inglis	Cambridge	10:06.0
3	F4	Roy Smith (M50)	Blackheath & Bromley	10:29.4
4	P4	Richard Bidois (M45)	Paddock Wood	10:52.0
5	A4	Peter Davey	Ashford	13:38.1

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 Pole Vault

1	A5	Mick Goodall (M60)	Ashford	2.70
2	D5	Gary Capon	Dartford A	2.10
3	P5	Mark Woods	Paddock Wood	2.00
4	F5	Alan Hardy	Blackheath & Bromley	1.80
5	C5	Paris Hunt	Cambridge	1.80

M50 Triple Jump

1	A5	Steve Langford	Ashford	10.34
2	F5	Clem Leon (M55)	Blackheath & Bromley	10.05
3	D5	Gary Capon	Dartford A	9.35
4	C5	Paris Hunt	Cambridge	8.96
5	P5	Mark Woods	Paddock Wood	8.21
6	E5	John Gilbert (M70)	Invicta	6.10

M50 Hammer

1	D5	John Fenton (M55)	Dartford A	29.15
2	C5	Peter Wishart	Cambridge	24.26
3	P5	Mark Woods	Paddock Wood	22.39
4	A5	Paul Wheeler	Ashford	20.38
5	F5	Clem Leon (M55)	Blackheath & Bromley	14.05

M60 3000m

1	F6	Peter Hamilton (M65)	Blackheath & Bromley	11:30.7
2	C6	Mick Ellsmore	Cambridge	12:00.7
3	D6	Tony Farmer (M65)	Dartford A	12:53.2
4	P6	Richard Harris (M65)	Paddock Wood	14:41.9

M60 Hammer

1	C6	Chris Melliush (M65)	Cambridge	35.51
2	E6	John Gilbert (M70)	Invicta	28.44
3	D6	Trevor Bent (M65)	Dartford A	22.40
4	P6	Mick Duffin (M70)	Paddock Wood	21.26
5	A6	Mick Goodall	Ashford	18.08
6	F6	Richard Coe	Blackheath & Bromley	16.52

Match Details

	Mt Pts	Pts
1 Dartford A	6	64
2 Blackheath & Bromley	5	59
3 Cambridge	4	53
4 Ashford	3	49
5 Paddock Wood	2	36
6 Invicta	1	15

Overall Details

	Tot Mt Pts	Tot Pts
1 Blackheath & Bromley	26	321.5
2 Cambridge	23	298.5
3 Dartford A	21	288
4 Ashford	20	280.5
5 Paddock Wood	7.5	177
6 Invicta	7.5	142.5