

SCVAC LEAGUE - KENT DIVISIONS - Medway Park, Gillingham 10/07/2015

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	A3	Peter Davey (M40)	Ashford	12.2
2	P3	Mark Woods (M50)	Paddock Wood	12.8
3	F3	Reynaldo Guevara	Blackheath and Bromley	12.9
4	D3	Jeremy Pridmore (M40)	Dartford	12.9
5	C3	Ricky Fox (M50)	Cambridge	12.9
6	J3	Rowan Foggitt (M45)	Bromley Veterans	13.1

B String				
Pos	Club	Athlete	Club	Perf

1	A4	Mark McAllister (M40)	Ashford	12.2
2	D4	Richard Nash (M40)	Dartford	13.0
3	F4	Tom Phillips (M60)	Blackheath and Bromley	13.0
4	P4	Richard Christian (M50)	Paddock Wood	13.3
5	C4	Stanley Thomas (M55)	Cambridge	13.8
6	J4	Gavin Kitchingham (M45)	Bromley Veterans	16.1

M35 800m

1	C3	Andrew Knight (M45)	Cambridge	2:09.9
2	D3	Jon Kennedy	Dartford	2:10.4
3	F3	Gareth Evans	Blackheath and Bromley	2:13.0
4	J3	Gavin Kitchingham (M45)	Bromley Veterans	2:13.7
5	P3	James Ridger	Paddock Wood	2:16.5
6	A3	Gerald O'Sullivan (M45)	Ashford	2:31.1

1	C4	David Reader (M40)	Cambridge	2:08.4
2	D4	Stuart Waterman	Dartford	2:09.0
3	P4	Wayne Balmer	Paddock Wood	2:14.2
4	J4	Simon Horler	Bromley Veterans	2:30.9
5	F4	Reynaldo Guevara	Blackheath and Bromley	2:37.6
6	A4	Ian King (M40)	Ashford	2:46.1

4x200m Relays

1	A3	Ashford	Mark McAllister, Steve Langford, Steve Lake, Peter Davey	1:43.9
2	D3	Dartford	Jeremy Pridmore, David Kemp, Richard Nash, Terry Gibbs	1:45.3
3	C3	Cambridge	Wole Odele, Ricky Fox, David Reader, Andrew Knight	1:48.2
4	F3	Blackheath and Bromley	Reynaldo Guevara, Clem Leon, Gareth Evans, Tom Phillips	1:48.6
5	P3	Paddock Wood	Andy Day, Richard Christian, Wayne Balmer, Les Percival	1:50.0
6	J3	Bromley Veterans	Gavin Kitchingham, Rowan Foggitt, Simon Horler, Ray Chapman	1:55.3

M35 Long Jump

1	A3	Steve Lake (M40)	Ashford	5.20
2	D3	Richard Nash (M40)	Dartford	5.09
3	F3	Reynaldo Guevara	Blackheath and Bromley	4.88
4	P3	Wayne Balmer	Paddock Wood	4.49
5	C3	Paris Hunt (M50)	Cambridge	4.42
6	J3	Simon Horler	Bromley Veterans	4.39

M35 Discus

1	A3	James Cooper	Ashford	34.79
2	F3	Steve Timmins (M40)	Blackheath and Bromley	34.30
3	D3	Richard Nash (M40)	Dartford	29.76
4	C3	Gwyn Samuel (M50)	Cambridge	26.67
5	J3	Simon Horler	Bromley Veterans	20.58
6	P3	Mark Woods (M50)	Paddock Wood	10.70

M50 100m

1	D5	David Kemp (M50)	Dartford	12.6
2	C5	Wole Odele (M50)	Cambridge	12.9
3	P5	Les Percival (M60)	Paddock Wood	13.4
4	A5	Steve Langford (M55)	Ashford	13.5
5	F5	Clem Leon (M55)	Blackheath and Bromley	13.5
6	J5	Philip Greenfield (M55)	Bromley Veterans	14.8

M50 800m

1	C5	Raymond Daniel (M55)	Cambridge	2:28.1
2	J5	Ray Chapman (M55)	Bromley Veterans	2:28.8
3	A5	Kevin Williams (M55)	Ashford	2:29.5
4	D5	Anthony Durey	Dartford	2:29.8
5	F5	Robert Brown (M65)	Blackheath and Bromley	2:40.2
6	P5	Les Percival (M60)	Paddock Wood	2:50.0

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B String				
Pos	Club	Athlete	Club	Perf

M50 Long Jump

1	C5	Wole Odele	Cambridge	4.91
2	A5	Steve Langford (M55)	Ashford	4.86
3	D5	Gary Capon (M55)	Dartford	4.72
4	F5	Clem Leon (M55)	Blackheath and Bromley	4.23
5	P5	Richard Christian	Paddock Wood	4.08
6	J5	Philip Greenfield (M55)	Bromley Veterans	3.94

M50 Discus

1	D5	Paul Searing	Dartford	29.32
2	C5	Peter Wishart (M55)	Cambridge	28.76
3	A5	Wayne Howe (M55)	Ashford	27.04
4	J5	Philip Greenfield (M55)	Bromley Veterans	22.86
5	F5	Clem Leon (M55)	Blackheath and Bromley	21.96
6	P5	Les Percival	Paddock Wood	18.38

M60 800m

1	F6	Bob Minting (M65)	Blackheath and Bromley	2:31.4
2	C6	Tim Carter	Cambridge	2:35.4
3	P6	Alan Newman	Paddock Wood	2:47.3
4	J6	Christopher Marshall (M65)	Bromley Veterans	2:49.9
5	D6	Bob Coombes (M65)	Dartford	3:21.4

M60 Long Jump

1	C6	Tim Carter	Cambridge	4.00
2	P6	Les Percival	Paddock Wood	3.97
3	A6	Mick Goodall (M65)	Ashford	3.47
4	J6	Tony Unseld (M70)	Bromley Veterans	3.33
5	F6	Robert Brown (M65)	Blackheath and Bromley	3.06
6	D6	Bob Coombes (M65)	Dartford	2.67

Match Details

	Mt Pts	Pts
1 Cambridge	6	58
2 Dartford	5	54
3 Ashford	4	52
4 Blackheath and Bromley	3	43
5 Paddock Wood	2	37
6 Bromley Veterans	1	28

Overall Details

	Tot Mt Pts	Tot Pts
1 Cambridge	31.5	367
2 Dartford	28	352.5
3 Blackheath and Bromley	25	334
4 Ashford	23.5	326.5
5 Bromley Veterans	9.5	213
6 Paddock Wood	9.5	211