

SCVAC LEAGUE - KENT DIVISIONS - Medway Park, Gillingham 15/07/2016

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	A3	Peter Davey (M40)	Ashford	12.3
2	M3	Scott Craddock (M40)	Medway and Maidstone	12.3
3	C3	Wole Odele (M50)	Cambridge	12.8
4	B3	Martin Smith	Bexley	12.9
5	D3	Craig Sharp (M40)	Dartford	13.4
6	F3	Clem Leon (M60)	Blackheath and Bromley	13.7

1	M4	Alex Beech	Medway and Maidstone	12.7
2	D4	Steve Jones (M40)	Dartford	12.9
3	B4	Jon Fish	Bexley	13.2
4	A4	Steve Lake (M40)	Ashford	13.3
5	F4	Jesse Bailey	Blackheath and Bromley	13.8
6	C4	Tim Carter (M60)	Cambridge	14.6

M35 800m

1	D3	Craig Sharp (M40)	Dartford	2:04.2
2	B3	Jon Fish	Bexley	2:11.6
3	F3	Gareth Evans	Blackheath and Bromley	2:12.5
4	M3	Mark Wilkins	Medway and Maidstone	2:12.6
5	C3	Matthew Preston (M40)	Cambridge	2:16.5
6	A3	Ian Mackett (M55)	Ashford	3:29.9

1	D4	Stuart Waterman	Dartford	2:11.5
2	M4	Nigel Rumsey (M40)	Medway and Maidstone	2:11.5
3	F4	Peter Tucker	Blackheath and Bromley	2:11.7
4	B4	Martin Smith	Bexley	2:12.1
5	C4	Mark Ashby (M50)	Cambridge	2:29.9

4x200m Relays

1	M3	Medway and Maidstone	Alex Beech, Scott Craddock, Nigel Rumsey, Marco Ronchetti	1:45.9
2	D3	Dartford	Stuart Waterman, Richard Nash, Steve Jones, Craig Sharp	1:46.7
3	B3	Bexley	Martin Smith, Jon Fish, Nick Winfield, Andrew Rushbrook	1:52.0
4	F3	Blackheath and Bromley	Jesse Bailey, Clem Leon, Rob Brown, Tom Phillips	1:54.2
5	C3	Cambridge	Wole Odele, Tim Carter, Stanley Thomas, Ian McCarthy	1:54.9
6	A3	Ashford	Peter Davey, Steve Langford, Steve Lake, Ian Mackett	1:56.1

M35 Long Jump

1	A3	Steve Lake (M40)	Ashford	5.19
2	D3	Richard Nash (M40)	Dartford	5.02
3	M3	Alex Beech	Medway and Maidstone	4.79
4	B3	Martin Smith	Bexley	4.70
5	C3	Stanley Thomas (M55)	Cambridge	4.43
6	F3	Jesse Bailey	Blackheath and Bromley	4.04

M35 Discus

1	F3	Steve Timmins (M40)	Blackheath and Bromley	36.20
2	B3	Graham Holder (M40)	Bexley	34.37
3	D3	Richard Nash (M40)	Dartford	31.71
4	M3	Stuart Earl (M45)	Medway and Maidstone	24.07
5	C3	Paris Hunt (M50)	Cambridge	23.49
6	A3	Paul Wheeler (M55)	Ashford	21.23

M50 100m

1	C5	Stanley Thomas (M55)	Cambridge	13.2
2	F5	Tom Phillips (M60)	Blackheath and Bromley	13.3
3	D5	Gary Capon (M55)	Dartford	13.7
4	M5	Martyn Corbishley (M55)	Medway and Maidstone	14.0
5	B5	Andrew Rushbrook (M50)	Bexley	14.1
6	A5	Steve Langford (M55)	Ashford	14.4

M50 800m

1	D5	Colin Bates	Dartford	2:23.7
2	C5	Wole Odele	Cambridge	2:24.4
3	M5	Bob Fursey	Medway and Maidstone	2:33.5
4	F5	Clem Leon (M60)	Blackheath and Bromley	2:35.5
5	B5	Nick Winfield (M55)	Bexley	2:59.2
6	A5	Paul Wheeler (M55)	Ashford	3:23.3

M50 Long Jump

1	C5	Wole Odele	Cambridge	4.73
2	D5	Gary Capon (M55)	Dartford	4.65
3	A5	Steve Langford (M55)	Ashford	4.51
4	M5	Paul Newton	Medway and Maidstone	4.20
5	F5	Rob Brown	Blackheath and Bromley	3.57
6	B5	John Bancroft (M55)	Bexley	3.21

M50 Discus

1	C5	Peter Wishart (M55)	Cambridge	32.10
2	B5	Andrew Rushbrook	Bexley	30.37
3	A5	Paul Oakes (M60)	Ashford	27.58
4	M5	Martyn Corbishley (M55)	Medway and Maidstone	24.18
5	F5	Clem Leon (M60)	Blackheath and Bromley	22.99
6	D5	Gary Capon (M55)	Dartford	21.36

M60 800m

1	C6	Jeremy Carnell	Cambridge	2:43.1
2	F6	Rob Brown	Blackheath and Bromley	2:44.4
3	M6	Steve Hesketh (M65)	Medway and Maidstone	2:46.9
4	A6	Mick Goodall (M65)	Ashford	4:03.6

M60 Long Jump

1	F6	Clem Leon	Blackheath and Bromley	4.06
2	M6	Rob Sibley	Medway and Maidstone	3.98
3	A6	Paul Oakes	Ashford	3.94
4	C6	Tim Carter	Cambridge	3.57
5	D6	Michael Cox (M70)	Dartford	2.23

Match Details

	Mt Pts	Pts
1 Medway and Maidstone	6	54
2 Dartford	5	51
3 Cambridge	4	47
4 Blackheath and Bromley	3	44
5 Bexley	2	37
6 Ashford	1	35

Overall Details

	Tot Mt Pts	Tot Pts
1 Dartford	34	365.5
2 Cambridge	25.5	317
3 Medway and Maidstone	23.5	297.5
4 Bexley	15	281.5
5 Ashford	15	280
6 Blackheath and Bromley	13	252.5

SCVAC LEAGUE - KENT DIVISIONS - Medway Park, Gillingham 15/07/2016

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	S3	Paul English (M45)	Sevenoaks	12.5
2	T3	Simon Fraser (M40)	Tonbridge	12.8
3	P3	Trevor Simms (M45)	Paddock Wood	13.6
4	J3	King Au (M55)	Bromley Veterans	14.2
5	K3	Andrew Howe (M45)	Swanley	17.5

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Richard Christian (M50)	Tonbridge	13.4
2	P4	Trevor Crysell (M45)	Paddock Wood	14.1
3	J4	Gavin Kitchingham (M45)	Bromley Veterans	14.7
4	K4	Peter Watts (M65)	Swanley	16.6
5	S4	Duncan Cochrane (M55)	Sevenoaks	16.8

M35 800m

1	T3	Simon Fraser (M40)	Tonbridge	2:04.8
2	H4	Stuart McNally	Dartford B	2:06.8
3	P3	Wayne Balmer	Paddock Wood	2:14.3
4	J3	Gavin Kitchingham (M45)	Bromley Veterans	2:17.9
5	S4	Ron Denney (M80)	Sevenoaks	4:07.6

1	J4	Simon Horler	Bromley Veterans	2:22.0
2	H3	Mark Champion (M45)	Dartford B	2:22.8
3	T4	Anthony Crush (M40)	Tonbridge	2:25.4
4	S3	Richard Pitcairn-Knowles (M80)	Sevenoaks	4:31.6

4x200m Relays

1	P3	Paddock Wood	Les Percival, Trevor Crysell, Trevor Simms, Mark Woods	1:48.9
2	T3	Tonbridge	Richard Christian, Steven Brooks, Anthony Crush, Simon Fraser	1:48.9
3	J3	Bromley Veterans	King Au, Gavin Kitchingham, Simon Horler, Ray Chapman	2:00.6
4	K3	Swanley	Andrew Howe, Andy Dunmall, Peter Watts, Malcolm Parsons	2:12.6
5	S3	Sevenoaks	Paul English, Duncan Cochrane, David Lobley, John Denyer	2:15.9

M35 Long Jump

1	P3	Trevor Crysell (M45)	Paddock Wood	4.45
2	J3	Simon Horler	Bromley Veterans	4.19
3	T3	Peter Ebbage (M55)	Tonbridge	3.96
4	K3	Andrew Howe (M45)	Swanley	3.52
5	S3	Duncan Cochrane (M55)	Sevenoaks	2.83

M35 Discus

1	T3	Peter Ebbage (M55)	Tonbridge	25.20
2	J3	Simon Horler	Bromley Veterans	22.05
3	P3	Wayne Balmer	Paddock Wood	19.45
4	S3	Paul English (M45)	Sevenoaks	18.83

M50 100m

1	P5	Mark Woods (M55)	Paddock Wood	12.9
2	T5	Steven Brooks (M50)	Tonbridge	14.0
3	J5	Ray Chapman (M55)	Bromley Veterans	15.3
4	K5	Malcolm Parsons (M50)	Swanley	16.4
5	S5	David Lobley (M50)	Sevenoaks	16.7

M50 800m

1	T5	Philip Coleman	Tonbridge	2:20.1
2	H5	David Hall	Dartford B	2:21.2
3	J5	Ray Chapman (M55)	Bromley Veterans	2:35.6
4	P5	Richard Bidois	Paddock Wood	2:42.4
5	S5	David Lobley	Sevenoaks	2:46.2
6	K5	Andy Dunmall	Swanley	2:56.3

M50 Long Jump

1	P5	Mark Woods (M55)	Paddock Wood	4.44
2	T5	Ian Crawley	Tonbridge	4.34
3	S5	David Lobley	Sevenoaks	3.69
4	K5	Malcolm Parsons	Swanley	3.16
5	J5	Ray Chapman (M55)	Bromley Veterans	2.47

M50 Discus

1	T5	Ian Crawley	Tonbridge	25.31
2	K5	Andy Dunmall	Swanley	18.78
3	J5	Ray Chapman (M55)	Bromley Veterans	18.44
4	S5	Duncan Cochrane (M55)	Sevenoaks	15.87
5	P5	Mark Woods (M55)	Paddock Wood	ntr

M60 800m

1	T6	Brian Buckwell	Tonbridge	2:39.5
2	P6	Alan Newman	Paddock Wood	2:48.6
3	S6	John Denyer (M65)	Sevenoaks	2:59.9
4	K6	Peter Watts (M65)	Swanley	3:04.6
5	J6	Tony Unseld (M70)	Bromley Veterans	3:35.0

M60 Long Jump

1	P6	Les Percival	Paddock Wood	4.05
2	T6	Brian Buckwell	Tonbridge	3.37
3	J6	Tony Unseld (M70)	Bromley Veterans	3.21
4	K6	Peter Watts (M65)	Swanley	2.33
5	S6	Richard Pitcairn-Knowles (M80)	Sevenoaks	1.72

Match Details

1	Tonbridge	6	69	1	Tonbridge	35	444
2	Paddock Wood	5	55	2	Paddock Wood	30	391
3	Bromley Veterans	4	50	3	Bromley Veterans	25	344.5
4	Sevenoaks	3	37	4	Sevenoaks	18	221
5	Swanley	2	29	5	Swanley	11	155.5
6	Dartford B	1	15	6	Dartford B	6	64

Mens Non Scoring Results

M35

100m

Marco Ronchetti (M45)	Medway & Maidstone AC	14.1
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800m

Neill Wright (M40)	Medway & Maidstone AC	2:23.5
Matt Erwood (M40)	Dartford H AC	2:23.7
Daniel Crush (M40)	Tonbridge AC	2:36.5

4x200m Relays

Daniel Crush, Nigel Brooks, Brian Buckwell, Philip Coleman	Tonbridge AC	2:02.6
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LONG JUMP

Marco Ronchetti (M45)	Medway & Maidstone AC	4.36
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DISCUS

Mark White (M45)	Tonbridge AC	25.96
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M50

100m

Richard Pitcairn-Knowles (M80)	Sevenoaks AC	21.6
Les Percival (M60)	Paddock Wood	13.7
Nigel Brooks (M50)	Tonbridge AC	15.2

800m

Ian Crawley (M50)	Tonbridge AC	2:26.3
Tim Orr (M50)	Dartford H AC	3:05.8

DISCUS

Warwick Dixon (1kg) (M80)	Cambridge H	29.03
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M60

800m

Ian McCarthy (M60)	Cambridge H	2:45.8
Peter Hamilton (M65)	Blackheath & Bromley	2:49.1

SCVAC LEAGUE - KENT DIVISIONS - Medway Park, Gillingham 15/07/2016

Women - Division 1

A String			
Pos	Club	Athlete	Perf

W35 100m

1	D3	Fleur Hardie (W40)	Dartford	14.4
2	B3	Wendy Masters (W45)	Bexley	14.7
3	F3	Jenny Neal (W45)	Blackheath and Bromley	15.4
4	C3	Rose Baker (W50)	Cambridge	17.2
5	J3	Anne Unseld (W65)	Bromley Veterans	19.3

W35 800m

1	F3	Carole Penlington (W40)	Blackheath and Bromley	2:31.5
2	D4	Hannah Roberts	Dartford	2:33.4
3	C3	Cara Oliver (W40)	Cambridge	2:47.1
4	B3	Wendy Masters (W45)	Bexley	3:13.5
5	J3	Marijana Urbany (W45)	Bromley Veterans	3:17.1

B String			
Pos	Club	Athlete	Perf

1	D4	Kim Taylor	Dartford	15.0
2	B4	Sarah Dodds	Bexley	15.6
3	F4	Carole Penlington (W40)	Blackheath and Bromley	16.1
4	C4	Cara Oliver (W40)	Cambridge	18.6
5	J4	Marijana Urbany (W45)	Bromley Veterans	21.2

1	D3	Anoushka Johnson (W40)	Dartford	2:41.9
2	F4	Jenny Neal (W45)	Blackheath and Bromley	2:52.9
3	C4	Lisa Atkinson (W45)	Cambridge	2:55.6
4	B4	Sarah Dodds	Bexley	3:13.7
5	J4	Anne Unseld (W65)	Bromley Veterans	3:36.4

4x200m Relays

1	D3	Dartford	Kim Taylor, Fleur Hardie, Allison Page, Stacy Taylor	2:03.0
2	F3	Blackheath and Bromley	Jackie Montgomery, Jenny Neal, Helen Godsell, Carole Penlington	2:09.1
3	B3	Bexley	Wendy Masters, Sarah Dodds, Wendy Prowse, Chris Pates	2:14.5
4	C3	Cambridge	Joanne Murphy, Cara Oliver, Ros Tabor, Rose Baker	2:24.6
5	J3	Bromley Veterans	Barbara Baker, Marijana Urbany, Bridget Macedonski, Anne Unseld	2:52.4

W35 High Jump

1	B3	Sarah Dodds	Bexley	1.27
2	D3	Kim Taylor	Dartford	1.15
3	F3	Jenny Neal (W45)	Blackheath and Bromley	1.10

W35 Long Jump

1	B3	Wendy Masters (W45)	Bexley	3.74
2	D3	Stacy Taylor	Dartford	2.98
3	F3	Jenny Neal (W45)	Blackheath and Bromley	2.84
4	C3	Cara Oliver (W40)	Cambridge	2.78

W35 Discus

1	D3	Kim Taylor	Dartford	19.35
2	C3	Cara Oliver (W40)	Cambridge	17.45
3	B3	Wendy Masters (W45)	Bexley	17.36
4	F3	Jackie Montgomery (W50)	Blackheath and Bromley	10.27
5	J3	Marijana Urbany (W45)	Bromley Veterans	10.26

W50 100m

1	F5	Jackie Montgomery	Blackheath and Bromley	15.1
2	C5	Joanne Murphy (W55)	Cambridge	16.2
3	B5	Chris Pates	Bexley	16.4
4	D5	Anne Thacker (W55)	Dartford	16.7
5	J5	Bridget Macedonski	Bromley Veterans	19.1

W50 800m

1	F5	Clare Elms	Blackheath and Bromley	2:41.9
2	C5	Rose Baker	Cambridge	2:59.1
3	D5	Denise Rose	Dartford	3:00.0
4	J5	Bridget Macedonski	Bromley Veterans	3:14.4
5	B5	Geraldine Legon (W55)	Bexley	4:15.2

W50 High Jump

1	C5	Christine Bond	Cambridge	1.25
2	D5	Christine Clements (W60)	Dartford	1.20
3	B5	Liz Slater (W55)	Bexley	1.10
4	F5	Jackie Montgomery	Blackheath and Bromley	1.05

W50 Long Jump

1	F5	Jackie Montgomery	Blackheath and Bromley	3.75
2	B5	Chris Pates	Bexley	3.28
3	D5	Anne Thacker (W55)	Dartford	3.28
4	C5	Joanne Murphy (W55)	Cambridge	3.24
5	J5	Bridget Macedonski	Bromley Veterans	2.50

W50 Discus

1	D5	Anne Thacker (W55)	Dartford	22.80
2	B5	Chris Pates	Bexley	17.55
3	F5	Barbara Terry (W70)	Blackheath and Bromley	15.47
4	C5	Marlow Hadler (W70)	Cambridge	12.71
5	J5	Anne Unseld (W65)	Bromley Veterans	9.64

W60 800m

1	C6	Ros Tabor (W65)	Cambridge	2:59.5
2	F6	Helen Godsell (W60)	Blackheath and Bromley	3:25.2
3	J6	Barbara Baker (W60)	Bromley Veterans	4:01.4

W60 Long Jump

1	D6	Christine Clements	Dartford	3.40
2	J6	Anne Unseld (W65)	Bromley Veterans	2.98
3	C6	Ros Tabor (W65)	Cambridge	1.99
4	F6	Maz Turner (W65)	Blackheath and Bromley	1.39

Match Details

	Mt Pts	Pts
1 Dartford	6	73
2 Blackheath and Bromley	5	68
3 Cambridge	4	57
4 Bexley	3	56
5 Bromley Veterans	2	30

Overall Details

	Tot Mt Pts	Tot Pts
1 Dartford	36	447
2 Blackheath and Bromley	28	367.5
3 Cambridge	22	319
4 Bexley	21	290.5
5 Bromley Veterans	13	185

BC-SCVAC-2016

SCVAC LEAGUE - KENT DIVISIONS - Medway Park, Gillingham 15/07/2016

Women - Division 2

A String			
Pos	Club	Athlete	Perf

W35 100m

1	T3	Diane Wright (W45)	Tonbridge	14.8
2	P3	Kate Maryon (W45)	Paddock Wood	15.0
3	K3	Katarina Summers	Swanley	15.4

W35 800m

1	K3	Katarina Summers	Swanley	2:43.3
2	T3	Nina Ridge (W40)	Tonbridge	2:57.4

4x200m Relays

1	T3	Tonbridge	Diane Wright, Nina Ridge, Emma Avis, Lucy Pitcairn-Knowles	2:18.2
2	K3	Swanley	Katarina Summers, Jane Blackmore, Victoria Ingamells, Anna Willard	2:29.3

W35 High Jump

1	P3	Kate Maryon (W45)	Paddock Wood	1.29
2	T3	Nina Ridge (W40)	Tonbridge	1.20
3	K3	Anna Willard (W40)	Swanley	1.20

W35 Long Jump

1	P3	Kate Maryon (W45)	Paddock Wood	3.64
2	K3	Katarina Summers	Swanley	3.49
3	T3	Nina Ridge (W40)	Tonbridge	3.02

W35 Discus

1	K3	Anna Willard (W40)	Swanley	15.71
2	P3	Elizabeth Duffin	Paddock Wood	15.09
3	T3	Nina Ridge (W40)	Tonbridge	14.57

W50 100m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	16.9
2	K5	Melanie Aflatt	Swanley	19.3
3	P5	Sharon Hawkins	Paddock Wood	19.8

W50 800m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	2:54.6
2	P5	Sharon Hawkins	Paddock Wood	2:58.3
3	K5	Jane Blackmore	Swanley	3:26.1

W50 High Jump

1	T5	Lucy Pitcairn-Knowles	Tonbridge	1.05
2	K5	Helena Orrom (W55)	Swanley	0.90

W50 Long Jump

1	T5	Lucy Pitcairn-Knowles	Tonbridge	2.76
2	K5	Melanie Aflatt	Swanley	2.29
3	P5	Sharon Hawkins	Paddock Wood	1.29

W50 Discus

1	P5	Sue James (W65)	Paddock Wood	11.08
2	K5	Helena Orrom (W55)	Swanley	10.72
3	T5	Nicola Buckwell (W60)	Tonbridge	10.27

W60 800m

1	P6	Sue James (W65)	Paddock Wood	3:38.7
2	T6	Nicola Buckwell (W60)	Tonbridge	3:43.1
3	K6	Zena Harper (W60)	Swanley	4:10.7

B String			
Pos	Club	Athlete	Perf

1	T4	Nina Ridge (W40)	Tonbridge	15.7
2	P4	Elizabeth Duffin	Paddock Wood	17.2
3	K4	Victoria Ingamells (W40)	Swanley	17.5

1	T4	Emma Avis (W45)	Tonbridge	3:13.4
2	K4	Victoria Ingamells (W40)	Swanley	3:33.9

W60 Long Jump

1	T6	Nicola Buckwell	Tonbridge	2.71
2	P6	Sue James (W65)	Paddock Wood	1.95
3	K6	Zena Harper	Swanley	1.83

Match Details

	Mt	Pts
1 Tonbridge	6	81
2 Swanley	5	71
3 Paddock Wood	4	57

Overall Details

	Tot Mt	Pts
1 Tonbridge	32	376
2 Swanley	31	360
3 Paddock Wood	27	264
4 Ashford	15	75

Womens Non Scoring Results

W35

100m

Allison Page (W45)	Dartford H AC	15.0
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W50

100m

Christine Clements (W60)	Dartford H AC	16.9
Janet Pyne (W65)	Dartford H AC	21.0

DISCUS

Fiona Argent (W60)	Tonbridge AC	12.78
Janet Pyne (W65)	Dartford H AC	9.04
Geraldine Legon (W50)	Bexley AC	14.18

W60

800m

Anne Brenchley (W60)	Tonbridge AC	4:01.4
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BC-SCVAC-2016