

SCVAC Outdoor Track and Field Championships - Lee Valley Stadium - 8th June 2014

100m

M35 & M40

Final

w/s = -1.3

Pos	No.	Name	Club		Perf	Medal
1	1	Stuart Channon (G)	Walton AC	M35	11.80	-
2	9	Ciaran Harvey	Lewes AC	M40	12.10	G
3	8	Peter Davey	Ashford AC	M40	12.35	S
4	12	Neil Lincoln	Holland Sports	M40	12.56	B
5	11	Nick Lauder (G)	VAC	M40	13.04	-

100m

M45

Final

w/s = -2.5

Pos	No.	Name	Club		Perf	Medal
1	18	Guy Giffin	SCVAC	M45	13.14	G
2	22	Wole Odele	Cambridge Harriers	M45	13.40	S
3	21	Barrington King	Harrow AC	M45	13.44	B

100m

M50

Final

w/s = -2.5

Pos	No.	Name	Club		Perf	Medal
1	31	Glen Reddington	Windsor Slough Eton & Hounslow	M50	13.32	G
2	25	Sholto Douglas-Home	SCVAC	M50	14.13	S
3	29	Michael May	Kingston & Polytechnic H	M50	14.66	B
4	30	Chris Michael (G)	VAC	M50	14.84	-

100m

M60 & M65

Final

w/s = 0.0

Pos	No.	Name	Club		Perf	Medal
1	61	Ray Watkins	Basingstoke & Mid H	M60	12.82	G
2	53	Tom Phillips	Black & Brom H AC	M60	13.26	S
3	67	Victor Novell	Southampton AC	M65	13.88	B
4	46	Michael Applegate (G)	City of Salisbury	M60	14.40	-
5	55	Patrick Reynolds (G)	VAC	M60	17.67	-

100m

M70 & M80

Final

w/s = -1.2

Pos	No.	Name	Club		Perf	Medal
1	69	Terry Bissett	Epsom & Ewell Harriers	M70	15.00	G
2	75	Charles Isetts	Kingston & Polytechnic H	M70	15.40	S
3	70	Roger Bruck	Barnet and Dist	M70	16.94	B
4	78	Richard Pitcairn-Knowles (G)	Sevenoaks AC	M80	20.45	G

100m

W40 & W45

Final

w/s = -1.9

Pos	No.	Name	Club		Perf	Medal
1	89	Michele Wakefield	Southampton AC	W45	14.64	G
2	83	Amanda Wale (G)	Wrexham	W40	15.35	-
3	88	Lesley Richardson	Enfield and Haringey AC	W45	15.96	S
4	86	Clare Nelson	Kingston & Polytechnic H	W45	16.65	B

100m

W50

Final

w/s = -1.6

Pos	No.	Name	Club		Perf	Medal
1	91	Kirstin King	Bracknell AC	W50	14.35	G
2	104	Helen Godsell	Black & Brom H AC	W60	14.78	G
3	101	Joan Trimble	Kingston & Polytechnic H	W55	14.88	G
4	106	Joylyn Saunders-Mullins	Stevenage & Nth Herts AC	W60	15.42	S

**200m****M35, M40 & M45****Final**

w/s = -2.5

Pos	No.	Name	Club		Perf	Medal
1	1	Stuart Channon (G)	Walton AC	M35	23.80	-
2	9	Ciaran Harvey	Lewes AC	M40	24.17	G
3	8	Peter Davey	Ashford AC	M40	24.59	S
4	11	Nick Lauder (G)	VAC	M40	26.22	-
5	22	Wole Odele	Cambridge Harriers	M45	27.12	G

**200m****M50 & M55****Final**

w/s = -4.3

Pos	No.	Name	Club		Perf	Medal
1	37	Ian Broadhurst (G)	Wrexham	M55	27.73	-
2	29	Michael May	Kingston & Polytechnic H	M50	30.66	G
3	32	Andrew Stewart (G)	Chitern Harriers	M50	32.03	-

**200m****M60****Final**

w/s = -2.6

Pos	No.	Name	Club		Perf	Medal
1	61	Ray Watkins	Basingstoke & Mid H	M60	25.99	G
2	53	Tom Phillips	Black & Brom H AC	M60	27.47	S
3	67	Victor Novell	Southampton AC	M65	29.59	G
4	46	Michael Applegate (G)	City of Salisbury	M60	31.09	-
5	55	Patrick Reynolds (G)	VAC	M60	38.50	-

**200m****M70 & M80****Final**

w/s = -0.0

Pos	No.	Name	Club		Perf	Medal
1	69	Terry Bissett	Epsom & Ewell Harriers	M70	30.29	G
2	75	Charles Isetts	Kingston & Polytechnic H	M70	32.36	S
3	78	Richard Pitcairn-Knowles (G)	Sevenoaks AC	M80	42.60	G

**200m****W45 & W50****Final**

w/s = -2.3

Pos	No.	Name	Club		Perf	Medal
1	92	Jacqueline Montgomery	Black & Brom H AC	W50	31.73	G
2	88	Lesley Richardson	Enfield and Haringey AC	W45	33.62	G
3	86	Clare Nelson	Kingston & Polytechnic H	W45	35.67	-

**200m****W55 & W60****Final**

w/s = -0.8

Pos	No.	Name	Club		Perf	Medal
1	104	Helen Godsell	Black & Brom H AC	W60	30.69	G
2	101	Joan Trimble	Kingston & Polytechnic H	W55	31.26	G
3	99	Lynn Talbot	Thurrock H	W55	32.60	S

**400m****M40 & M60****Final**

Pos	No.	Name	Club		Perf	Medal
1	9	Ciaran Harvey	Lewes AC	M40	56.59	G
2	61	Ray Watkins	Basingstoke & Mid H	M60	57.98	G
3	14	Jason Steel	Hillingdon AC	M40	58.91	S
4	11	Nick Lauder (G)	VAC	M40	61.69	-
5	22	Wole Odele	Cambridge Harriers	M45	62.10	G

**400m****M50, M70 & M80****Final**

Pos	No.	Name	Club		Perf	Medal
1	32	Andrew Stewart (G)	Chiltern H	M50	71.06	-
2	79	John Seymour	SCVAC	M80	87.63	G
3	71	Terence Casey	Loughton AC	M70	95.51	-
4	78	Richard Pitcairn-Knowles (G)	Sevenoaks AC	M80	102.97	-

CBP

**400m****W45, W50, W55 & W65****Final**

Pos	No.	Name	Club		Perf	Medal
1	95	Euphemia Scott	Thames Valley H	W50	68.20	G
2	99	Lynn Talbot	Thurrock H	W55	71.16	G
3	93	Lesley Parsons (G)	VAC	W50	74.55	-
4	88	Lesley Richardson	Enfield and Haringey AC	W45	82.74	-
5	109	Ann Bath	26.2 Road Runners	W65	116.98	-

**800m****M45, M50, M45, M50 & M55****Final**

Pos	No.	Name	Club		Perf	Medal
1	17	Andrew Coleman	Basildon AC	M45	2:08.94	G
2	5	Bobby Walker	Cambridge Harriers	M35	2:09.24	G
3	15	Christopher Westcott (G)	Fairlands Valley	M40	2:09.83	-
4	14	Jason Steel	Hillingdon AC	M40	2:16.55	G
5	38	Ray Daniel (G)	Cambridge Harriers	M55	2:24.82	-
6	32	Andrew Stewart (G)	Chiltern H	M50	2:37.64	-

**800m****M60, M70, W35 & W65****Final**

Pos	No.	Name	Club		Perf	Medal
1	80	Jenny Fowler (G)	Medway & Maidstone AC	W35	2:32.79	-
2	54	Chris Reed	Pitsea RC	M60	2:47.96	G
3	71	Terence Casey	Loughton AC	M70	3:57.22	-
4	109	Ann Bath	26.2 Road Runners	W65	3:57.81	-

**1500m****M60, M65 & W65****Final**

Pos	No.	Name	Club		Perf	Medal
1	54	Chris Reed	Pitsea RC	M60	5:45.29	G
2	64	Alan Davidson	Liss Runners	M65	6:29.10	-
3	109	Ann Bath	26.2 Road Runners	W65	7:55.30	-

**5000m****M55, M65 & W65****Final**

Pos	No.	Name	Club		Perf	Medal
1	44	Colin Oxlade	Croydon Harriers	M55	19:45.04	G
2	39	Alan Dolton	Striders Croydon	M55	20:51.05	S
3	64	Alan Davidson	Liss Runners	M65	23:48.69	G
4	109	Ann Bath	26.2 Road Runners	W65	26:51.86	G

**80m Hurdles****M70****Final**

Pos	No.	Name	Club		Perf	Medal
1	72	Barry Ferguson	Cambridge Harriers	M70	15.46	G

CBP

**80m Hurdles****W40****Final**

w/s=-1.3

Pos	No.	Name	Club		Perf	Medal
1	83	Amanda Wale (G)	Wrexham	W40	14.02	-

**100m Hurdles****M50 and M60****Final**

w/s=-1.4

Pos	No.	Name	Club		Perf	Medal
1	59	Rob Sibley	Medway & Maidstone AC	M60	18.89	G
2	50	Geoffrey Kitchener (G)	Sevenoaks AC	M60	21.31	S
	31	Glen Reddington	Windsor Slough Eton & Hounslow	M50	disq	-

**110m Hurdles****M40****Final**

w/s=-1.4

Pos	No.	Name	Club		Perf	Medal
1	8	Peter Davey	Ashford AC	M40	16.81	G

**300m Hurdles****M60 and M70****Final**

Pos	No.	Name	Club		Perf	Medal
1	50	Geoffrey Kitchener (G)	Sevenoaks AC	M60	54.56	-
2	72	Barry Ferguson	Cambridge Harriers	M70	57.56	G
3	59	Rob Sibley	Medway & Maidstone AC	M60	58.81	G

**400m Hurdles****M55****Final**

Pos	No.	Name	Club		Perf	Medal
1	37	Ian Broadhurst (G)	Wrexham	M55	69.31	-

**3000m Walk****M55, W45****Final**

Pos	No.	Name	Club		Perf	Medal
1	41	Malcolm Martin	Paddock Wood AC	M55	16:38.63	G
2	85	Angela Martin	Paddock Wood AC	W45	19:34.92	G

**High Jump****M45****Final**

Pos	No.	Name	Club		Perf	Medal
1	20	David Hunt (G)	VAC	M45	1.40	-

**High Jump****M50****Final**

Pos	No.	Name	Club		Perf	Medal
1	27	Allan Leiper	Aldershot F&D	M50	1.51	G

**High Jump****M60****Final**

Pos	No.	Name	Club		Perf	Medal
1	50	Geoffrey Kitchener (G)	Sevenoaks AC	M60	1.30	-

**High Jump****M70****Final**

Pos	No.	Name	Club		Perf	Medal
1	70	Roger Bruck	Barnet and Dist	M70	1.20	G

**High Jump  
Final****W40**

Pos	No.	Name	Club		Perf	Medal
1	82	Sarah Hewitt	Brighton & Hove City AC	W40	1.30	G

**High Jump  
Final****W55**

Pos	No.	Name	Club		Perf	Medal
1	98	Teresa Eades	Dartford Harriers AC	W55	1.30	G

CBP

**High Jump  
Final****W60**

Pos	No.	Name	Club		Perf	Medal
1	108	Sue Yeomans	St Albans AC	W60	1.15	G

**High Jump  
Final****W65**

Pos	No.	Name	Club		Perf	Medal
1	111	Patricia Oakes	Medway & Maidstone AC	W65	1.06	G

CBP

**Pole Vault  
Final****M35**

Pos	No.	Name	Club		Perf	Medal
1	3	Chris Mills	Windsor Slough Eton & Hounslow	M35	4.00	G

**Pole Vault  
Final****M50**

Pos	No.	Name	Club		Perf	Medal
1	27	Allan Leiper	Aldershot F&D	M50	3.50	G

CBP

**Pole Vault  
Final****M55**

Pos	No.	Name	Club		Perf	Medal
1	42	Wayne Martin	Hastings AC	M55	2.82	G

**Pole Vault  
Final****M70**

Pos	No.	Name	Club		Perf	Medal
1	74	Brian Harlick	Epsom & Ewell Harriers	M70	2.00	G

**Pole Vault  
Final****W50**

Pos	No.	Name	Club		Perf	Medal
1	92	Jacqueline Montgomery	Black & Brom H AC	W50	2.60	G

**Pole Vault  
Final****W55**

Pos	No.	Name	Club		Perf	Medal
1	98	Teresa Eades	Dartford Harriers AC	W55	2.40	G

**Pole Vault  
Final****W60**

Pos	No.	Name	Club		Perf	Medal
1	108	Sue Yeomans	St Albans AC	W60	2.70	G

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**Long Jump  
Final****M35**

Pos	No.	Name	Club		Perf	Medal
1	1	Stuart Channon (G)	Walton AC	M35	5.66	-

**Long Jump  
Final****M40**

Pos	No.	Name	Club		Perf	Medal
1	12	Neil Lincoln	Holland Sports	M40	6.33	G
2	10	Stephen Lake	Ashford AC	M40	5.49	S

**Long Jump  
Final****M50**

Pos	No.	Name	Club		Perf	Medal
1	27	Allan Leiper	Aldershot F&D	M50	4.36	G

**Long Jump  
Final****M70**

Pos	No.	Name	Club		Perf	Medal
1	70	Roger Bruck	Barnet and Dist	M70	3.52	G

**Long Jump  
Final****W45**

Pos	No.	Name	Club		Perf	Medal
1	88	Lesley Richardson	Enfield and Haringey AC	W45	3.34	-

**Long Jump  
Final****W50**

Pos	No.	Name	Club		Perf	Medal
1	94	Amanda Rowley-Jones	Croydon Harriers	W50	4.11	G
2	96	Clare St John-Coleman (G)		W50	3.88	-

**Long Jump  
Final****W55**

Pos	No.	Name	Club		Perf	Medal
1	98	Teresa Eades	Dartford Harriers AC	W55	4.10	G

CBP

**Long Jump  
Final****W60**

Pos	No.	Name	Club		Perf	Medal
1	108	Sue Yeomans	St Albans AC	W60	3.60	G
2	105	Linda Oxlade	Croydon Harriers	W60	2.35	-

**Long Jump  
Final****W65**

Pos	No.	Name	Club		Perf	Medal
1	111	Patricia Oakes	Medway & Maidstone AC	W65	2.97	G

**Triple Jump  
Final****M40**

Pos	No.	Name	Club		Perf	Medal
1	10	Stephen Lake	Ashford AC	M40	12.10	G
2	12	Neil Lincoln	Holland Sports	M40	11.90	S

**Triple Jump  
Final****W45**

Pos	No.	Name	Club		Perf	Medal
1	88	Lesley Richardson	Enfield and Haringey AC	W45	6.88	G

**Triple Jump  
Final****W50**

Pos	No.	Name	Club		Perf	Medal
1	94	Amanda Rowley-Jones	Croydon Harriers	W50	9.34	G
2	96	Clare St John-Coleman (G)		W50	8.19	-

CBP

**Triple Jump  
Final****W55**

Pos	No.	Name	Club		Perf	Medal
1	98	Teresa Eades	Dartford Harriers AC	W55	9.49	G

CBP

**Triple Jump  
Final****W60**

Pos	No.	Name	Club		Perf	Medal
1	108	Sue Yeomans	St Albans AC	W60	8.54	G
2	105	Linda Oxlade	Croydon Harriers	W60	4.76	-

CBP

**Triple Jump  
Final****W65**

Pos	No.	Name	Club		Perf	Medal
1	111	Patricia Oakes	Medway & Maidstone AC	W65	6.75	G

**Shot  
Final****M50**

Pos	No.	Name	Club		Perf	Medal
1	33	Anthony Tipping	Cambridge Harriers	M50	13.06	G
2	27	Allan Leiper	Aldershot F&D	M50	12.66	S

**Shot  
Final****M55**

Pos	No.	Name	Club		Perf	Medal
1	45	Keith Seldon	Hillingdon AC	M55	9.51	G
2	36	Michael Bale	Haywards Heath	M55	7.77	S

**Shot  
Final****M60**

Pos	No.	Name	Club		Perf	Medal
1	56	Anthony Richards	Croydon Harriers	M60	11.23	G
2	62	John Stevens	Bexley AC	M60	10.83	S
3	49	Peter Hawney	Cambridge Harriers	M60	9.18	B
4	58	Tim Saunders-Mullins	St Albans AC	M60	9.09	-
5	55	Patrick Reynolds (G)	VAC	M60	7.23	-

**Shot  
Final****M65**

Pos	No.	Name	Club		Perf	Medal
1	65	Neil Griffin	Windsor Slough Eton & Hounslow	M65	12.41	G

**Shot  
Final****M70**

Pos	No.	Name	Club		Perf	Medal
1	76	Garry Negus	C. of Portsmouth	M70	11.18	G
2	73	John Gilbert (G)	Invicta East Kent	M70	9.75	-
3	74	Brian Harlick	Epsom & Ewell Harriers	M70	8.61	S

**Shot Final W40**

Pos	No.	Name	Club		Perf	Medal
1	82	Sarah Hewitt	Brighton & Hove City AC	W40	9.67	G

**Shot Final W45**

Pos	No.	Name	Club		Perf	Medal
1	88	Lesley Richardson	Enfield and Haringey AC	W45	6.40	-

**Shot Final W50**

Pos	No.	Name	Club		Perf	Medal
1	90	Wendy Dunsford	Epsom and Ewell AC	W50	8.70	G

**Shot Final W60**

Pos	No.	Name	Club		Perf	Medal
1	107	Stephanie Stamp (G)	Southend on Sea	W60	5.96	-

**Shot Final W65**

Pos	No.	Name	Club		Perf	Medal
1	112	Elizabeth Sissons	Epsom & Ewell Harriers	W65	8.90	G
2	100	Barbara Terry (G)	Black & Brom H AC	W65	7.77	-

**Discus Final M50**

Pos	No.	Name	Club		Perf	Medal
1	33	Anthony Tipping	Cambridge Harriers	M50	41.19	G
2	27	Allan Leiper	Aldershot F&D	M50	37.11	S

**Discus Final M55**

Pos	No.	Name	Club		Perf	Medal
1	36	Michael Bale	Haywards Heath	M55	28.00	G
2	45	Keith Seldon	Hillingdon AC	M55	23.17	S

**Discus Final M60**

Pos	No.	Name	Club		Perf	Medal
1	56	Anthony Richards	Croydon Harriers	M60	34.77	G
2	49	Peter Hawney	Cambridge Harriers	M60	32.83	S
3	58	Tim Saunders-Mullins	St Albans AC	M60	23.22	-
4	55	Patrick Reynolds (G)	VAC	M60	19.05	-

**Discus Final M65**

Pos	No.	Name	Club		Perf	Medal
1	65	Neil Griffin	Windsor Slough Eton & Hounslow	M65	44.51	G

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**Discus Final M70**

Pos	No.	Name	Club		Perf	Medal
1	73	John Gilbert (G)	Invicta East Kent	M70	29.22	-
2	74	Brian Harlick	Epsom & Ewell Harriers	M70	26.88	G



**Discus  
Final****M80**

Pos	No.	Name	Club		Perf	Medal
1	77	Peter Barber	Cambridge Harriers	M80	20.44	G

**Discus  
Final****W40**

Pos	No.	Name	Club		Perf	Medal
1	82	Sarah Hewitt	Brighton & Hove City AC	W40	36.02	G

**Discus  
Final****W50**

Pos	No.	Name	Club		Perf	Medal
1	90	Wendy Dunsford	Epsom and Ewell AC	W50	23.72	G

**Discus  
Final****W65**

Pos	No.	Name	Club		Perf	Medal
1	112	Elizabeth Sissons	Epsom & Ewell Harriers	W65	20.47	G
2	100	Barbara Terry (G)	Black & Brom H AC	W65	20.24	

**Hammer  
Final****M50**

Pos	No.	Name	Club		Perf	Medal
1	33	Anthony Tipping	Cambridge Harriers	M50	42.25	G

**Hammer  
Final****M55**

Pos	No.	Name	Club		Perf	Medal
1	36	Michael Bale	Haywards Heath	M55	31.12	G
2	45	Keith Seldon	Hillingdon AC	M55	26.21	S

**Hammer  
Final****M60**

Pos	No.	Name	Club		Perf	Medal
1	58	Tim Saunders-Mullins	St Albans AC	M60	34.29	G
2	62	John Stevens	Bexley AC	M60	33.19	S
3	56	Anthony Richards	Croydon Harriers	M60	30.76	B

**Hammer  
Final****M65**

Pos	No.	Name	Club		Perf	Medal
1	65	Neil Griffin	Windsor Slough Eton & Hounslow	M65	39.57	G
2	66	Christopher Melliush	Cambridge Harriers	M65	31.19	S

**Hammer  
Final****M70**

Pos	No.	Name	Club		Perf	Medal
1	76	Garry Negus	C. of Portsmouth	M70	38.01	G
2	73	John Gilbert (G)	Invicta East Kent	M70	33.22	-
3	74	Brian Harlick	Epsom & Ewell Harriers	M70	20.92	-

**Hammer  
Final****M80**

Pos	No.	Name	Club		Perf	Medal
1	77	Peter Barber	Cambridge Harriers	M80	26.11	G

CBP

**Hammer  
Final****W40**

Pos	No.	Name	Club		Perf	Medal
1	82	Sarah Hewitt	Brighton & Hove City AC	W40	29.86	G

**Hammer  
Final****W50**

Pos	No.	Name	Club		Perf	Medal
1	97	Kim Weir	St Mary's Richmond AC	W50	32.06	G
2	90	Wendy Dunsford	Epsom and Ewell AC	W50	30.32	S

**Hammer  
Final****W65**

Pos	No.	Name	Club		Perf	Medal
1	112	Elizabeth Sissons	Epsom & Ewell Harriers	W65	24.02	G
2	100	Barbara Terry (G)	Black & Brom H AC	W65	20.21	-

**Javelin  
Final****M45**

Pos	No.	Name	Club		Perf	Medal
1	20	David Hunt (G)	VAC	M45	32.01	-

**Javelin  
Final****M50**

Pos	No.	Name	Club		Perf	Medal
1	33	Anthony Tipping	Cambridge Harriers	M50	38.29	G
2	27	Allan Leiper	Aldershot F&D	M50	35.28	S

**Javelin  
Final****M55**

Pos	No.	Name	Club		Perf	Medal
1	45	Keith Seldon	Hillingdon AC	M55	33.80	G

**Javelin  
Final****M60**

Pos	No.	Name	Club		Perf	Medal
1	47	Michael Bennett	SCVAC	M60	38.29	G

**Javelin  
Final****M65**

Pos	No.	Name	Club		Perf	Medal
1	68	Brian Yeomans	St Albans AC	M65	26.17	G

**Javelin  
Final****M70**

Pos	No.	Name	Club		Perf	Medal
1	73	John Gilbert (G)	Invicta East Kent	M70	27.42	-
2	74	Brian Harlick	Epsom & Ewell Harriers	M70	21.45	G

**Javelin  
Final****W40**

Pos	No.	Name	Club		Perf	Medal
1	82	Sarah Hewitt	Brighton & Hove City AC	W40	23.99	G
2	83	Amanda Wale (G)	Wrexham	W40	23.51	-

**Javelin****W60****Final**

<b>Pos</b>	<b>No.</b>	<b>Name</b>	<b>Club</b>		<b>Perf</b>	<b>Medal</b>
1	106	Joylyn Saunders-Mullins	Stevenage & Nth Herts AC	W60	24.67	G

**Javelin****W65****Final**

<b>Pos</b>	<b>No.</b>	<b>Name</b>	<b>Club</b>		<b>Perf</b>	<b>Medal</b>
1	112	Elizabeth Sissons	Epsom & Ewell Harriers	W65	21.83	G
2	100	Barbara Terry (G)	Black & Brom H AC	W65	14.93	-