

SCVAC Outdoor Track and Field Championships - Ashford, 30 May 2015

100m M35 & M40

Final w/s = **0.1**

Pos	No.	Name	Club		Perf
1	38	Jeff BOND	Vale of Aylesbury AC	M35	11.79
2	44	Ciaran HARVEY	Lewes AC	M40	11.84
3	41	Peter LODGE (G)	Deal Tri	M35	12.70
4	40	Glenn COOPER	Hastings AC	M35	12.73
5	48	Stephen PETHEN	Winchester & District AC	M40	13.27

100m M45 & M50

w/s = **-0.9**

Pos	No.	Name	Club		Perf
1	65	Bob LEWIS	Reading AC	M50	12.82
2	53	John MUNROE	SCVAC	M45	12.83
3	67	Glen REDDINGTON	Windsor Slough Eton & Hounslow AC	M50	12.95
4	54	Daniel TOMLINSON	Haslemere Border AC	M45	13.42
5	66	Michael MAY	Kingston AC & Polytechnic Harriers	M50	15.14

100m M55 & M60

Final w/s = **1.2**

Pos	No.	Name	Club		Perf
1	92	Tom PHILLIPS	Blackheath & Bromley Harriers AC	M60	13.10
2	98	Ray WATKINS	Basingstoke & Mid Hants AC	M60	13.43
3	74	Roderick DAVIES	Southampton AC	M55	13.89
4	78	Henry HOPKINS	Winchester & District AC	M55	14.23

100m M65 - M75

Final w/s = **0.6**

Pos	No.	Name	Club		Perf
1	112	Allan LONG	Herne Hill Harriers	M70	14.72
2	105	Geoffrey KITCHENER	Sevenoaks AC	M65	14.85
3	111	Charles ISETTS	Kingston AC & Polytechnic Harriers	M70	15.31
4	114	Colin FIELD	Trent Park RC	M75	18.58

100m W40 - W50

Final w/s = **-0.5**

Pos	No.	Name	Club		Perf
1	7	Kirsty TANNER	Witney Road Runners	W40	15.65
2	10	Lesley RICHARDSON	Enfield & Haringey AC	W45	15.74
3	8	Irena POSTLOVA	Tonbridge AC	W45	15.74
4	11	Tracey BROCKBANK	Brighton & Hove City AC	W50	16.60

100m W55 - W70

Final w/s = **0.2**

Pos	No.	Name	Club		Perf
1	25	Helen GODSELL	Blackheath & Bromley Harriers AC	W60	14.65
2	28	Joan TRIMBLE	Kingston AC & Polytechnic Harriers	W60	14.83

3	34	Mary AXTELL	Southampton AC	W70	18.60
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200m

M35 - M45

Final

w/s = **-2.0**

Pos	No.	Name	Club		Perf
1	38	Jeff BOND	Vale of Aylesbury AC	M35	24.32
2	44	Ciaran HARVEY	Lewes AC	M40	24.38
3	48	Stephen PETHEN	Winchester & District AC	M40	27.83
4	41	Peter LODGE (G)	Deal Tri	M35	28.48

200m

M50 & M55

Final

w/s = **-2.7**

Pos	No.	Name	Club		Perf
1	65	Bob LEWIS	Reading AC	M50	26.03
2	58	Mark BUTLER	Epsom & Ewell Harriers	M50	28.67
3	78	Henry HOPKINS	Winchester & District AC	M55	29.03
4	74	Roderick DAVIES	Southampton AC	M55	29.36
5	66	Michael MAY	Kingston AC & Polytechnic Harriers	M50	31.10

200m

M60 - M75

Final

w/s = **-1.0**

Pos	No.	Name	Club		Perf
1	92	Tom PHILLIPS	Blackheath & Bromley Harriers AC	M60	27.45
2	98	Ray WATKINS	Basingstoke & Mid Hants AC	M60	27.65
3	112	Allan LONG	Herne Hill Harriers	M70	31.77
4	111	Charles ISETTS	Kingston AC & Polytechnic Harriers	M70	33.31
5	114	Colin FIELD	Trent Park RC	M75	42.93

200m

W45 - W70

Final

w/s = **-1.8**

Pos	No.	Name	Club		Perf
1	25	Helen GODSELL	Blackheath & Bromley Harriers AC	W60	31.18
2	28	Joan TRIMBLE	Kingston AC & Polytechnic Harriers	W60	31.70
3	14	Jacqueline MONTGOMERY	Blackheath & Bromley Harriers AC	W50	32.14
4	10	Lesley RICHARDSON	Enfield & Haringey AC	W45	33.15
5	8	Irena POSTLOVA	Tonbridge AC	W45	33.33
6	23	Fiona ARGENT	Medway & Maidstone AC	W60	35.47
7	34	Mary AXTELL	Southampton AC	W70	41.81

400m

M50 - M60 and W40

Final

Pos	No.	Name	Club		Perf
1	63	Nicholas GROOCCOCK	Havant AC	M50	59.55
2	5	Diana NORMAN	Epsom & Ewell Harriers	W40	60.82
3	98	Ray WATKINS	Basingstoke & Mid Hants AC	M60	62.85
4	58	Mark BUTLER	Epsom & Ewell Harriers	M50	66.03

800m

M35 - M65

Final

Pos	No.	Name	Club		Perf
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1	39	Jack CHIVERS	Haywards Heath Harriers	M35	2:23.80
2	88	Paul GASSON	Arena 80 AC	M60	2:29.70
3	62	Bob FURSEY	Medway & Maidstone AC	M50	2:38.70
4	56	Terence BARNES	Crawley AC	M50	2:39.70
5	75	Alan DOLTON	Striders of Croydon	M55	2:43.30
6	76	Michael ELLIS-MARTIN	Brighton & Hove City AC	M55	2:43.50
7	59	Philip CROSS	Woking AC	M50	2:53.90
8	93	Chris REED	Pitsea RC	M60	2:54.70

800m

M75 and W35 - W65

Final

Pos	No.	Name	Club		Perf
1	5	Diana NORMAN	Epsom & Ewell Harriers	W40	2:17.87
2	4	Anoushka JOHNSON	Bexley ac	W40	2:36.82
3	15	Judith CARDER	Brighton & Hove City AC	W55	2:52.84
4	103	Pter Hamilton	scvac	M65	2:55.60
5	116	John TAYLOR	Heaton Harriers & AC	M75	3:33.44

1500m

M35 - M75 and W40

Final

Pos	No.	Name	Club		Perf
1	52	Aaron HUGHES	Medway & Maidstone AC	M45	4:48.31
2	49	David RENTON	Mornington Chasers	M40	4:50.23
3	39	Jack CHIVERS	Haywards Heath Harriers	M35	5:00.42
4	60	Tony DUREY	Dartford Harriers AC	M50	5:06.11
5	88	Paul GASSON	Arena 80 AC	M60	5:09.02
6	62	Bob FURSEY	Medway & Maidstone AC	M50	5:23.16
7	4	Anoushka JOHNSON	Bexley ac	W40	5:28.26
8	56	Terence BARNES	Crawley AC	M50	5:32.94
9	75	Alan DOLTON	Striders of Croydon	M55	5:41.14
10	103	Peter HAMILTON	Blackheath & Bromley Harriers AC	M65	6:01.87
11	116	John TAYLOR	Heaton Harriers & AC	M75	7:28.66

5000m

M35 - M65 and W40 - W60

Final

Pos	No.	Name	Club		Perf
1	50	Mark CHAMPION	Istead & Ifield Harriers	M45	17:21.13
2	39	Jack CHIVERS	Haywards Heath Harriers	M35	18:09.52
3	6	Catharine STIBBS	Kent AC	W40	18:58.00
4	62	Bob FURSEY	Medway & Maidstone AC	M50	19:26.89
5	87	Andrew CATTON	Ilford AC	M60	19:28.98
6	56	Terence BARNES	Crawley AC	M50	19:33.01
7	81	Colin OXLADE	Croydon Harriers	M55	19:50.33
8	59	Philip CROSS	Woking AC	M50	20:19.01
9	2	Candy HAWKINS	Ashford AC	W40	21:40.64
10	27	Barbara RALPH	Chiltern Harriers AC	W60	22:25.14
11	100	Alan DAVIDSON	Liss RC	M65	24:01.13

80m Hurdles**W45****Final**w/s = **-1.2**

Pos	No.	Name	Club		Perf
1	9	Joanne REGAN	Walton AC	W45	16.24

100m Hurdles**M50 - M60****Final**w/s= **-0.7**

Pos	No.	Name	Club		Perf
1	67	Glen REDDINGTON	Windsor Slough Eton & Hounslow AC	M50	15.66
2	94	Rob SIBLEY	Medway & Maidstone AC	M60	19.64
3	96	Duncan TALBOT	Abingdon Amblers AC	M60	21.06
4	105	Geoffrey KITCHENER	Sevenoaks AC	M65	23.47

110m Hurdles**M40****Final**w/s= **-2.8**

Pos	No.	Name	Club		Perf
1	43	Peter DAVEY	Ashford AC	M40	16.61

300m Hurdles**M60 - M70 and W60 - W65****Final**

Pos	No.	Name	Club		Perf
1	96	Duncan TALBOT	Abingdon Amblers AC	M60	55.01
2	105	Geoffrey KITCHENER	Sevenoaks AC	M65	57.59
3	31	Emily MCMAHON	Enfield & Harringey AC	W65	62.48
4	107	Barry FERGUSON	Cambridge Harriers	M70	65.23
5	23	Fiona ARGENT	Medway & Maidstone AC	W60	65.23

400m Hurdles**M35 - M55****Final**

Pos	No.	Name	Club		Perf
1	65	Bob LEWIS	Reading AC	M50	67.39

3000m Walk**Men and Women****Final**

Pos	No.	Name	Club		Perf
1	89	Christopher HOBBS	Ashford AC	M60	14:44.98
2	69	Steve ALLEN	Barnet & District AC	M55	15:00.56
3	82	John RALPH	Enfield & Haringey AC	M55	16:44.40
4	19	Lesley HALL	Ashford AC	W55	18:51.85
5	12	Angela MARTIN	Paddock Wood AC	W50	19:02.04
6	15	Judith CARDER	Brighton & Hove City AC	W55	21:43.50

High Jump**M55****Final**

Pos	No.	Name	Club		Perf
1	73	Gary CAPON	Dartford Harriers AC	M55	1.57

High Jump**M60****Final**

Pos	No.	Name	Club		Perf
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1	96	Duncan TALBOT	Abingdon Amblers AC	M60	1.43
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High Jump **W55**
Final

Pos	No.	Name	Club		Perf
1	17	Teresa EADES	Dartford Harriers AC	W55	1.30

High Jump **W65**
Final

Pos	No.	Name	Club		Perf
1	31	Emily MCMAHON	Enfield & Harringey AC	W65	1.15
2	32	Patricia OAKES	Ashford AC	W65	1.06

Pole Vault **M50**
Final

Pos	No.	Name	Club		Perf
1	55	John ANDREWS	Epsom & Ewell Harriers	M50	3.60
2	64	Allan LEIPER	Aldershot Farnham & District AC	M50	NHR

Pole Vault **M55**
Final

Pos	No.	Name	Club		Perf
1	80	Wayne MARTIN	Hastings AC	M55	NHR

Pole Vault **M60**
Final

Pos	No.	Name	Club		Perf
1	99	Allan WILLIAMS	Blackheath & Bromley Harriers AC	M60	NHR

Pole Vault **M70**
Final

Pos	No.	Name	Club		Perf
1	110	Brian HARLICK	Epsom & Ewell Harriers	M70	1.80

Pole Vault **W50**
Final

Pos	No.	Name	Club		Perf
1	14	Jacqueline MONTGOMERY	Blackheath & Bromley Harriers AC	W50	2.40

Pole Vault **W55**
Final

Pos	No.	Name	Club		Perf
1	17	Teresa EADES	Dartford Harriers AC	W55	2.50

Pole Vault **W60**
Final

Pos	No.	Name	Club		Perf
1	24	Susan DASSIE	Epsom & Ewell Harriers	W60	1.70

Long Jump **M40**

Final

Pos	No.	Name	Club		Perf
1	46	Neil LINCOLN	Holland Sports AC	M40	6.11

Long Jump**M50****Final**

Pos	No.	Name	Club		Perf
1	66	Michael MAY	Kingston AC & Polytechnic Harriers	M50	2.80

Long Jump**M55****Final**

Pos	No.	Name	Club		Perf
1	73	Gary CAPON	Dartford Harriers AC	M55	4.65
2	79	Stephen LANGFORD	Ashford AC	M55	4.45
3	74	Roderick DAVIES	Southampton AC	M55	4.16

Long Jump**M60****Final**

Pos	No.	Name	Club		Perf
1	91	Paul OAKES	Ashford AC	M60	4.38
2	96	Duncan TALBOT	Abingdon Amblers AC	M60	3.46

Long Jump**M70****Final**

Pos	No.	Name	Club		Perf
1	112	Allan LONG	Herne Hill Harriers	M70	4.07

Long Jump**W40****Final**

Pos	No.	Name	Club		Perf
1	5	Diana NORMAN	Epsom & Ewell Harriers	W40	5.05
2	7	Kirsty TANNER	Witney Road Runners	W40	3.94

Long Jump**W45****Final**

Pos	No.	Name	Club		Perf
1	9	Joanne REGAN	Walton AC	W45	4.11
2	8	Irena POSTLOVA	Tonbridge AC	W45	3.70
3	10	Lesley RICHARDSON	Enfield & Haringey AC	W45	3.50

Long Jump**W50****Final**

Pos	No.	Name	Club		Perf
1	14	Jacqueline MONTGOMERY	Blackheath & Bromley Harriers AC	W50	4.12

Long Jump**W55****Final**

Pos	No.	Name	Club		Perf
1	17	Teresa EADES	Dartford Harriers AC	W55	4.11

Long Jump**W60****Final**

Pos	No.	Name	Club		Perf
1	22	Linda AHMET	Radley AC	W60	3.09
2	26	Linda OXLADE	Croydon Harriers	W60	2.30

Long Jump**W65****Final**

Pos	No.	Name	Club		Perf
1	31	Emily McMahon	Enfield and Haringey	W65	3.47
2	32	Patricia OAKES	Ashford AC	W65	3.01
3	30	Daphne MARLER	Reading AC	W65	2.22

Triple Jump**M40****Final**

Pos	No.	Name	Club		Perf
1	46	Neil LINCOLN	Holland Sports AC	M40	11.30

Triple Jump**M55****Final**

Pos	No.	Name	Club		Perf
1	78	Henry HOPKINS	Winchester & District AC	M55	10.31
2	73	Gary CAPON	Dartford Harriers AC	M55	10.21
3	79	Stephen LANGFORD	Ashford AC	M55	9.92

Triple Jump**M60****Final**

Pos	No.	Name	Club		Perf
1	94	Rob SIBLEY	Medway & Maidstone AC	M60	8.35
2	96	Duncan TALBOT	Abingdon Amblers AC	M60	7.81

Triple Jump**M65****Final**

Pos	No.	Name	Club		Perf
1	105	Geoffrey KITCHENER	Sevenoaks AC	M65	6.81

Triple Jump**W40****Final**

Pos	No.	Name	Club		Perf
1	5	Diana NORMAN	Epsom & Ewell Harriers	W40	10.67
2	7	Kirsty TANNER	Witney Road Runners	W40	8.19

Triple Jump**W45****Final**

Pos	No.	Name	Club		Perf
1	9	Joanne REGAN	Walton AC	W45	8.29
2	10	Lesley RICHARDSON	Enfield & Haringey AC	W45	7.31

Triple Jump**W50****Final**

Pos	No.	Name	Club		Perf
1	11	Tracey BROCKBANK	Brighton & Hove City AC	W50	7.02

Triple Jump

W55

Final

Pos	No.	Name	Club		Perf
1	17	Teresa EADES	Dartford Harriers AC	W55	8.49
2	15	Judith CARDER	Brighton & Hove City AC	W55	6.50

Triple Jump

W60

Final

Pos	No.	Name	Club		Perf
1	22	Linda AHMET	Radley AC	W60	7.38
2	24	Susan DASSIE	Epsom & Ewell Harriers	W60	6.30
3	26	Linda OXLADE	Croydon Harriers	W60	4.84

Triple Jump

W65

Final

Pos	No.	Name	Club		Perf
1	32	Patricia OAKES	Ashford AC	W65	6.54
2	30	Daphne MARLER	Reading AC	W65	4.86

Shot

M50

Final

Pos	No.	Name	Club		Perf
1	64	Allan LEIPER	Aldershot Farnham & District AC	M50	12.48

Shot

M55

Final

Pos	No.	Name	Club		Perf
1	77	John FENTON	Dartford Harriers AC	M55	10.49
2	71	Nick BARTON	South London Harriers	M55	10.00
3	85	Peter WISHART	Cambridge Harriers	M55	9.88
4	83	Keith SELDON	Hillingdon AC	M55	9.66

Shot

M60

Final

Pos	No.	Name	Club		Perf
1	95	John STEVENS	Bexley AC	M60	11.06

Shot

M65

Final

Pos	No.	Name	Club		Perf
1	106	Anthony RICHARDS	Croydon Harriers	M65	10.90
2	101	Joseph EASTWOOD	Walton AC	M65	9.42

Shot

M70

Final

Pos	No.	Name	Club		Perf
1	108	John GILBERT	Invicta East Kent AC	M70	10.09

**Shot
Final** **W40**

Pos	No.	Name	Club		Perf
1	5	Diana NORMAN	Epsom & Ewell Harriers	W40	10.86
2	3	Sarah HEWITT	Brighton & Hove City AC	W40	9.86

**Shot
Final** **W55**

Pos	No.	Name	Club		Perf
1	16	Wendy DUNSFORD	Epsom & Ewell Harriers	W55	7.73
2	20	Angela MORGAN	Eastbourne Rovers AC	W55	7.18

**Shot
Final** **W60**

Pos	No.	Name	Club		Perf
1	24	Susan DASSIE	Epsom & Ewell Harriers	W60	7.77

**Shot
Final** **W65**

Pos	No.	Name	Club		Perf
1	33	Barbara TERRY	Blackheath & Bromley Harriers AC	W65	7.00
2	29	Elizabeth BRANDON	Eastbourne Rovers AC	W65	6.00

**Shot
Final** **W70**

Pos	No.	Name	Club		Perf
1	35	Elizabeth SISSONS	Epsom & Ewell Harriers	W70	8.83

**Discus
Final** **M50**

Pos	No.	Name	Club		Perf
1	64	Allan LEIPER	Aldershot Farnham & District AC	M50	39.13

**Discus
Final** **M55**

Pos	No.	Name	Club		Perf
1	71	Nick BARTON	South London Harriers	M55	37.39
2	85	Peter WISHART	Cambridge Harriers	M55	30.33
3	83	Keith SELDON	Hillingdon AC	M55	27.74
4	70	Michael BALE	Haywards Heath Harriers	M55	25.49

**Discus
Final** **M60**

Pos	No.	Name	Club		Perf
1	91	Paul OAKES	Ashford AC	M60	33.62
2	95	John STEVENS	Bexley AC	M60	27.15

**Discus
Final** **M65**

Pos	No.	Name	Club		Perf
1	106	Anthony RICHARDS	Croydon Harriers	M65	37.71
2	101	Joseph EASTWOOD	Walton AC	M65	29.20

Discus M70 Final

Pos	No.	Name	Club		Perf
1	108	John GILBERT	Invicta East Kent AC	M70	28.89
2	110	Brian HARLICK	Epsom & Ewell Harriers	M70	NDR

Discus W40 Final

Pos	No.	Name	Club		Perf
1	3	Sarah HEWITT	Brighton & Hove City AC	W40	35.60

Discus W55 Final

Pos	No.	Name	Club		Perf
1	16	Wendy DUNSFORD	Epsom & Ewell Harriers	W55	23.35

Discus W65 Final

Pos	No.	Name	Club		Perf
1	33	Barbara TERRY	Blackheath & Bromley Harriers AC	W65	18.27

Discus W70 Final

Pos	No.	Name	Club		Perf
1	35	Elizabeth SISSONS	Epsom & Ewell Harriers	W70	20.28

Hammer M55 Final

Pos	No.	Name	Club		Perf
1	70	Michael BALE	Haywards Heath Harriers	M55	30.29
2	71	Nick BARTON	South London Harriers	M55	28.15

Hammer M60 Final

Pos	No.	Name	Club		Perf
1	97	Clive THOMSON	SCVAC	M60	35.69
2	95	John STEVENS	Bexley AC	M60	32.69

Hammer M65 Final

Pos	No.	Name	Club		Perf
1	106	Anthony RICHARDS	Croydon Harriers	M65	27.64

Hammer M70 Final

Pos	No.	Name	Club		Perf
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1	113	Christopher MELLUIISH	Cambridge Harriers	M70	35.33
2	108	John GILBERT	Invicta East Kent AC	M70	32.06
3	110	Brian HARLICK	Epsom & Ewell Harriers	M70	28.58

**Hammer
Final**

W40

Pos	No.	Name	Club		Perf
1	3	Sarah HEWITT	Brighton & Hove City AC	W40	29.81

**Hammer
Final**

W55

Pos	No.	Name	Club		Perf
1	16	Wendy DUNSFORD	Epsom & Ewell Harriers	W55	28.90
2	20	Angela MORGAN	Eastbourne Rovers AC	W55	27.14

**Hammer
Final**

W60

Pos	No.	Name	Club		Perf
1	24	Susan DASSIE	Epsom & Ewell Harriers	W60	22.20

**Hammer
Final**

W65

Pos	No.	Name	Club		Perf
1	33	Barbara TERRY	Blackheath & Bromley Harriers AC	W65	22.83
2	29	Elizabeth BRANDON	Eastbourne Rovers AC	W65	20.12

**Hammer
Final**

W70

Pos	No.	Name	Club		Perf
1	35	Elizabeth SISSONS	Epsom & Ewell Harriers	W70	25.77

**Hammer
Final**

W75

Pos	No.	Name	Club		Perf
1	36	Barbara DUNSFORD	Belgrave Harriers	W75	15.40

**Javelin
Final**

M55

Pos	No.	Name	Club		Perf
1	77	John FENTON	Dartford Harriers AC	M55	40.91
2	83	Keith SELDON	Hillingdon AC	M55	36.40
3	71	Nick BARTON	South London Harriers	M55	30.80
4	76	Michael ELLIS-MARTIN	Brighton & Hove City AC	M55	22.70

**Javelin
Final**

M60

Pos	No.	Name	Club		Perf
1	95	John STEVENS	Bexley AC	M60	27.01

Javelin

M65

Final

Pos	No.	Name	Club		Perf
1	101	Joseph EASTWOOD	Walton AC	M65	34.27

Javelin**M70****Final**

Pos	No.	Name	Club		Perf
1	108	John GILBERT	Invicta East Kent AC	M70	24.56
2	110	Brian HARLICK	Epsom & Ewell Harriers	M70	20.36

Javelin**W40****Final**

Pos	No.	Name	Club		Perf
1	5	Diana NORMAN	Epsom & Ewell Harriers	W40	33.60

Javelin**W60****Final**

Pos	No.	Name	Club		Perf
1	11	Tracey BROCKBANK	Brighton & Hove City AC	W50	20.42

Javelin**W70****Final**

Pos	No.	Name	Club		Perf
1	35	Elizabeth SISSONS	Epsom & Ewell Harriers	W70	23.12

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