SCVAC LEAGUE			MID-LONDON DIVISION				
PROGRAMMES AND HOSTING ARRANGEMENTS 2026							
Version:	*14-Feb-26*						
Match One	Monday 18th May, Battersea						
Host club:	Serpentine						
1830	**Discus**		**M35**		**M50**	**M60**	**M70**
1830	High Jump		W35		W50		
1830	**100m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
1845	Shot		W35		W50	W60	
1845	100m		W35A	W35B	W50	W60	W70
1900	**2000m walk**		**M35**		**M50**	**M60**	**M70**
1920	2000m walk		W35		W50	W60	W70
1930	**High Jump**		**M35**		**M50**	**M60**	
1930	Long Jump		W35		W50	W60	
1940	**400m**		**M35A**	**M35B**	**M50**	**M60**	
1945	**Shot**		**M35**		**M50**	**M60**	
1950	400m		W35A	W35B	W50	W60	
2000	Discus		W35		W50	W60	W70
2000	**1500m**		**M35A**	**M35B**	**M50**	**M60**	
2015	**Long Jump**		**M35**		**M50**	**M60**	
2025	1500m		W35A	W35B	W50	W60	
2040	**4x400m relay men**						
2050	4x400m relay women						
Match Two	Monday 1st June, Hillingdon						
Host club:	Hillingdon						
1830	**Discus**		**M35**		**M50**	**M60**	
1830	Shot		W35		W50	W60	W70
1845	Triple Jump		W35		W50		
1900	800m		W35A	W35B	W50	W60	
1915	**800m**		**M35A**	**M35B**	**M50**	**M60**	
1930	**Triple Jump**		**M35**		**M50**	**M60**	
1930	200m		W35A	W35B	W50	W60	W70
1940	**200m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
1945	Long Jump		W35		W50	W60	
1945	**Shot**		**M35**		**M50**	**M60**	**M70**
2000	Discus		W35		W50	W60	
2000	3000m		W35A	W35B	W50	W60	W70
2015	**Long Jump**		**M35**		**M50**	**M60**	
2020	**3000m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
2040	4x100m relay women						
2050	**4x100m relay men**						

(continued)							
Match Three	Wednesday 17th June, Tooting Bec						
Host club:	Herne Hill Harriers						
1830	**Hammer**		**M35**		**M50**	**M60**	**M70**
1830	High Jump		W35		W50		
1845	Javelin		W35		W50	W60	
1900	**100m**		**M35A**	**M35B**	**M50**	**M60**	
1910	100m		W35A	W35B	W50	W60	
1915	Triple Jump		W35		W50		
1920	**2000m walk**		**M35**		**M50**	**M60**	
	II		W35		W50	W60	
1930	**High Jump**		**M35**		**M50**	**M60**	
1940	**400m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
1945	**Javelin**		**M35**		**M50**	**M60**	
1950	400m		W35A	W35B	W50	W60	W70
2000	**1500m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
2000	Hammer		W35		W50	W60	W70
2015	**Triple Jump**		**M35**		**M50**	**M60**	
2025	1500m		W35A	W35B	W50	W60	W70
2040	**4 x 400m relay men**						
2050	4 x 400m relay women						
Match Four	Wednesday 1st July, Perivale						
Host club:	Ealing						
1830	Hammer		W35		W50	W60	
1830	Long Jump		W35		W50	**W60**	
1830	**Javelin**		**M35**		**M50**	**M60**	**M70**
1845	800m		W35A	W35B	W50	W60	W70
1900	**800m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
1915	High Jump		W35		W50		
1930	**Long Jump**		**M35**		**M50**	**M60**	
1915	200m		W35A	W35B	W50	W60	W70
1925	**200m**		**M35A**	**M35B**	**M50**	**M60**	**M70**
1945	Javelin		W35		W50	W60	W70
1945	3000m		W35A	W35B	W50	W60	
2000	**Hammer**		**M35**		**M50**	**M60**	
2000	**High Jump**		**M35**		**M50**	**M60**	
2005	**3000m**		**M35A**	**M35B**	**M50**	**M60**	
2020	4x100m relay women						
2030	**4x100m relay men**						