

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/06/2025

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

w/s +0.9

1	F3	Duayne Bovell	Blackheath & Bromley H AC	23.53
2	T3	Steven Tester (M40)	Tonbridge AC - A	23.67
3	D3	Adam Bernard (M40)	Dartford Harriers AC	25.00
4	C3	Edmund Adigwe (M45)	Cambridge Harriers	26.31
5	A3	Michael Yankson (M45)	Ashford AC	27.56
6	J3	James Willingham (M45)	Bromley Vets	27.98

B String				
Pos	Club	Athlete	Club	Perf

w/s +0.6

1	T4	Benjamin Richardson	Tonbridge AC - A	24.79
2	F4	Ashley Reid (M40)	Blackheath & Bromley H AC	25.17
3	D4	Steven Foy (M40)	Dartford Harriers AC	25.54
4	A4	Daniel Ofosu (M45)	Ashford AC	26.42
5	J4	Simon Horler (M45)	Bromley Vets	29.21

M35 1500m

1	C3	Chris Loudon (M40)	Cambridge Harriers	4:04.73
2	D3	Robert Jackaman (M40)	Dartford Harriers AC	4:16.07
3	T4	Tom Richards	Tonbridge AC - A	4:29.81
4	F3	Micah Evans (M40)	Blackheath & Bromley H AC	4:30.59
5	A3	Andrew Scoones	Ashford AC	4:35.87
6	J3	Simon Horler (M45)	Bromley Vets	4:43.28

1	T3	Craig Halsey (M45)	Tonbridge AC - A	4:31.32
2	F4	David Adams	Blackheath & Bromley H AC	4:31.38
3	D4	Stuart Waterman (M45)	Dartford Harriers AC	4:32.47
4	C4	Nebojsa Jovanovic (M45)	Cambridge Harriers	4:32.74
5	J4	Peter Johnson (M60)	Bromley Vets	5:20.59
6	A4	Daniel Ofosu (M45)	Ashford AC	6:29.91

4x100m Relays

1	F3	Blackheath & Bromley H AC	Ashley Reid (M40), Iain Nye (M40), James Burton, Duayne Bovell	46.06
2	T3	Tonbridge AC - A	Wilford Floyd Wilks (M55), Tom Richards, Benjamin Richardson, Steven Tester (M40)	47.83
3	D3	Dartford Harriers AC	Alan Danagher, Richard Brooks (M50), Adam Bernard (M40), Steven Foy (M40)	48.10
4	A3	Ashford AC	Andrew Scoones, Daniel Ofosu (M45), Michael Yankson (M45), Peter Davey (M50)	50.20
5	C3	Cambridge Harriers	Kareem Richardson (M35), Duncan Hope (M40), Wole Odele (M60), Lincoln Campbell (M60)	50.86
6	J3	Bromley Vets	Tim Sowter (M55), James Willingham (M45), Gavin Kitchingham (M55), Simon Horler (M45)	57.92

M35 High Jump

1	D3	Kevin Wilson	Dartford Harriers AC	1.55
2	T3	Benjamin Richardson	Tonbridge AC - A	1.35
3	A3	Andrew Scoones	Ashford AC	1.35
4	J3	James Willingham (M45)	Bromley Vets	1.35
5	F3	Timothy Ayres	Blackheath & Bromley H AC	1.20
6	C3	Michael Pape (M55)	Cambridge Harriers	1.15

M35 Pole Vault

1	T3	Luke Williams	Tonbridge AC - A	3.55
2	F3	Roger Platt (M50)	Blackheath & Bromley H AC	3.20
3	A3	Peter Le Rossignol (M40)	Ashford AC	2.60
4	D3	Richard Nash (M45)	Dartford Harriers AC	2.50

M35 Javelin

1	D3	Kevin Wilson	Dartford Harriers AC	38.44
2	A3	Daniel Ofosu (M45)	Ashford AC	33.22
3	T3	Luke Williams	Tonbridge AC - A	32.43
4	F3	Timothy Ayres	Blackheath & Bromley H AC	31.22
5	C3	Michael Pape (M55)	Cambridge Harriers	24.05
6	J3	Simon Horler (M45)	Bromley Vets	23.90

M50 200m

w/s +1.1

1	T5	Wilford Floyd Wilks (M55)	Tonbridge AC - A	24.79
2	D5	Richard Brooks	Dartford Harriers AC	25.66
3	A5	Peter Davey	Ashford AC	26.24
4	F5	Ian Firla	Blackheath & Bromley H AC	27.17
5	J5	Tim Sowter (M55)	Bromley Vets	27.89
6	C5	Michael Pape (M55)	Cambridge Harriers	28.41

M50 1500m

1	D5	Reuben Burford	Dartford Harriers AC	4:47.75
2	C5	Matthew Preston	Cambridge Harriers	4:48.28
3	F5	Luca Ercolani	Blackheath & Bromley H AC	4:49.33
4	T5	Ben Reynolds (M60)	Tonbridge AC - A	4:52.28
5	J5	Tim Sowter (M55)	Bromley Vets	4:52.41
6	A5	Ian King	Ashford AC	5:00.95

M50 High Jump

1	T5	Wilford Floyd Wilks (M55)	Tonbridge AC - A	1.50
1	A5	Peter Davey	Ashford AC	1.50
3	C5	Wole Odele (M60)	Cambridge Harriers	1.40
4	J5	Jonathan Wilson (M55)	Bromley Vets	1.25
5	F5	Ian Firla	Blackheath & Bromley H AC	1.20
6	D5	Mark Kybert (M60)	Dartford Harriers AC	1.10

M50 Pole Vault

1	T5	Wilford Floyd Wilks (M55)	Tonbridge AC - A	2.30
2	D5	Gary Capon (M65)	Dartford Harriers AC	2.20
3	A5	Michael Goodall (M75)	Ashford AC	2.10
4	F5	Alan Hardy (M65)	Blackheath & Bromley H AC	2.00
5	C5	Paris Hunt (M60)	Cambridge Harriers	1.50

M50 Javelin

1	F5	Stephen Langdon (M65)	Blackheath & Bromley H AC	36.28
2	D5	John Fenton (M65)	Dartford Harriers AC	36.14
3	T5	Mark Jessup (M55)	Tonbridge AC - A	35.10
4	C5	Paris Hunt (M60)	Cambridge Harriers	33.54
5	A5	Christopher Hobbs (M70)	Ashford AC	24.03
6	J5	Simon Powell (M55)	Bromley Vets	14.06

M60 200m

			w/s	+0.7
1	C6	Wole Odele	Cambridge Harriers	26.58
2	F6	Kevin Ansell (M65)	Blackheath & Bromley H AC	28.05
3	T6	Richard Christian	Tonbridge AC - A	29.55
4	D6	Colin Bates	Dartford Harriers AC	30.41
5	A6	Stephen Langford (M65)	Ashford AC	30.44
6	J6	Ray Chapman (M65)	Bromley Vets	33.54

M60 High Jump

1	D6	Gary Capon (M65)	Dartford Harriers AC	1.40
2	C6	Paris Hunt	Cambridge Harriers	1.35
3	F6	Clement Leon (M65)	Blackheath & Bromley H AC	1.30
4	T6	Richard Christian	Tonbridge AC - A	1.30
5	A6	Michael Goodall (M75)	Ashford AC	1.20

M60 Shot

1	D6	John Fenton (M65)	Dartford Harriers AC	10.78
2	T6	Richard Christian	Tonbridge AC - A	8.66
3	C6	Peter Wishart (M65)	Cambridge Harriers	8.62
4	A6	Stephen Langford (M65)	Ashford AC	8.12
5	F6	Paul Sutherland	Blackheath & Bromley H AC	7.82
6	J6	Ray Chapman (M65)	Bromley Vets	6.19

M70 Shot

1	D7	Geoff Tyler (M75)	Dartford Harriers AC	9.69
2	F7	Richard Coe (M70)	Blackheath & Bromley H AC	8.43
3	A7	Michael Goodall (M75)	Ashford AC	6.49
4	T7	Alan Newman (M70)	Tonbridge AC - A	5.68
5	C7	Timothy Carter (M70)	Cambridge Harriers	5.52

Match Details	Mt Pts	Pts
1 Tonbridge AC - A	6	80.5
2 Dartford Harriers AC	5	79
3 Blackheath & Bromley H AC	4	69
4 Ashford AC	3	51.5
5 Cambridge Harriers	2	49
6 Bromley Vets	1	21

Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	12	142.5
2 Dartford Harriers AC	10	131.5
3 Blackheath & Bromley H AC	8	117
4 Ashford AC	5	93
5 Cambridge Harriers	5	92
6 Bromley Vets	2	42

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/06/2025

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

w/s +1.1

1	M3	Mark Rothery (M50)	Medway & Maidstone AC	25.16
2	B3	Paul Slater	Bexley AC	25.63
3	N3	Matt Holt (M45)	Tonbridge AC - B	26.40
4	G3	Johnnie Arnould (M45)	Central Park Athletics	26.58
5	P3	Trevor Simms (M55)	Paddock Wood	28.72
6	S3	Jamie Philip (M45)	Sevenoaks AC	28.74

B String				
Pos	Club	Athlete	Club	Perf

w/s +1.6

1	M4	Darren Wright (M45)	Medway & Maidstone AC	26.11
2	G4	Walter Michelli (M45)	Central Park Athletics	27.05
3	S4	Jon Maxim (M45)	Sevenoaks AC	29.56
4	N4	Anthony Crush (M50)	Tonbridge AC - B	29.95
5	B4	Martin Jenner	Bexley AC	30.21

M35 1500m

1	M3	Jack Bradley	Medway & Maidstone AC	4:18.39
2	P3	James Ridger (M45)	Paddock Wood	4:31.87
3	S3	Jamie Philip (M45)	Sevenoaks AC	4:33.74
4	N3	Jay Smith (M40)	Tonbridge AC - B	4:35.49
5	G4	Neil Arnould (M40)	Central Park Athletics	4:46.46
6	B3	Andrew Barnshaw	Bexley AC	4:58.01

1	M4	Anthony Webb (M45)	Medway & Maidstone AC	4:37.30
2	S4	Grobel Edmund (M45)	Sevenoaks AC	4:58.03
3	N4	Julian Rendall (M45)	Tonbridge AC - B	4:59.06
4	G3	Chris Reid	Central Park Athletics	5:05.25
5	B4	Martin Jenner	Bexley AC	5:14.47
6	P4	Robert Eldred (M50)	Paddock Wood	5:21.17

4x100m Relays

1	N3	Tonbridge AC - B	Matt Holt (M45), Stephen Daly (M55), Anthony Crush (M50), Mark McAllister (M50)	50.58
2	M3	Medway & Maidstone AC	John Foster (M55), Darren Wright (M45), Jerome Moisan (M50), Mark Rothery (M50)	51.03
3	B3	Bexley AC	James Seale (M40), Paul Slater, Andrew Barnshaw, Graham Holder (M50)	53.55
4	G3	Central Park Athletics	Walter Michelli (M45), Neil Arnould (M40), Chris Reid, Johnnie Arnould (M45)	53.84
5	P3	Paddock Wood	Mark Woods (M60), Robert Bowie (M50), Trevor Simms (M55), Robert Eldred (M50)	55.02
6	S3	Sevenoaks AC	Jonathan Maxim (M45), Grobel Edmund (M45), Oloff Van Zyl (M55), Gary Walsh (M60)	55.55

M35 High Jump

1	B3	Paul Slater	Bexley AC	1.55
2	S3	Grobel Edmund (M45)	Sevenoaks AC	1.40
3	N3	Matt Holt (M45)	Tonbridge AC - B	1.30
4	G3	Neil Arnould (M40)	Central Park Athletics	1.20

M35 Pole Vault

1	N3	Mark McAllister (M50)	Tonbridge AC - B	2.90
2	B3	Paul Slater	Bexley AC	1.90

M35 Javelin

1	M3	Sean Rodwell	Medway & Maidstone AC	34.44
2	N3	Mark McAllister (M50)	Tonbridge AC - B	33.52
3	B3	Denes Vadasz (M45)	Bexley AC	27.68
4	G3	Robert Lenihan (M40)	Central Park Athletics	24.90
5	S3	Jonathan Maxim (M45)	Sevenoaks AC	17.75
6	P3	David Harcourt (M40)	Paddock Wood	16.52

M50 200m

w/s +0.5

1	N5	Stephen Daly (M55)	Tonbridge AC - B	26.31
2	S5	Oloff Van Zyl (M55)	Sevenoaks AC	26.96
3	M5	John Foster (M55)	Medway & Maidstone AC	27.99
4	P5	Robert Bowie	Paddock Wood	29.62
5	G5	Paul Cheeseman	Central Park Athletics	31.95
6	B5	Andy Whitnell (M55)	Bexley AC	33.97

M50 1500m

1	S5	Keith Dowson (M60)	Sevenoaks AC	5:05.29
2	M5	Jason Simmonds	Medway & Maidstone AC	5:07.06
3	N5	Philip Coleman (M60)	Tonbridge AC - B	5:17.36
4	P5	David Sampson (M65)	Paddock Wood	5:22.72
5	G5	Paul Cheeseman	Central Park Athletics	5:33.00
6	B5	Andy Whitnell (M55)	Bexley AC	7:05.43

M50 High Jump

1	S5	Sebastian Naughton	Sevenoaks AC	1.40
2	N5	Stephen Daly (M55)	Tonbridge AC - B	1.40
3	M5	Jerome Moisan	Medway & Maidstone AC	1.35
4	B5	Graham Holder	Bexley AC	1.25

M50 Pole Vault

1	S5	Oloff Van Zyl (M55)	Sevenoaks AC	2.80
2	B5	Phillip Hawkins	Bexley AC	2.00
3	N5	Peter Buxton (M60)	Tonbridge AC - B	1.70

M50 Javelin

1	N5	Peter Buxton (M60)	Tonbridge AC - B	29.45
2	B5	Graham Holder	Bexley AC	28.71
3	M5	John Foster (M55)	Medway & Maidstone AC	17.29
4	G5	Anthony Durey (M60)	Central Park Athletics	15.19
5	S5	Keith Dowson (M60)	Sevenoaks AC	7.04

M60 200m

w/s +0.5

1	P6	Mark Woods	Paddock Wood	28.53
2	S6	Gary Walsh	Sevenoaks AC	30.88
3	M6	Rob Sibley (M70)	Medway & Maidstone AC	34.66
4	G6	Anthony Durey	Central Park Athletics	35.28
5	B6	Nick Winfield (M65)	Bexley AC	37.90
6	N6	Maurice Marchant (M75)	Tonbridge AC - B	71.63

M60 High Jump

1	M6	Rob Sibley (M70)	Medway & Maidstone AC	1.15
2	N6	Peter Buxton	Tonbridge AC - B	1.10
3	S6	Keith Dowson	Sevenoaks AC	1.00
3	B6	Andrew Rushbrook	Bexley AC	1.00

M60 Shot

1	B6	Andrew Rushbrook	Bexley AC	9.79
2	N6	Peter Buxton	Tonbridge AC - B	9.66
3	G6	Alexander Valentino	Central Park Athletics	8.24
4	S6	Gary Walsh	Sevenoaks AC	7.40
5	M6	Robert Fursey	Medway & Maidstone AC	6.60

M70 Shot

1	B7	Peter Hawney (M75)	Bexley AC	9.49
2	M7	Stephen Hesketh (M70)	Medway & Maidstone AC	7.82
3	S7	Geoffrey Kitchener (M75)	Sevenoaks AC	5.45
4	N7	Maurice Marchant (M75)	Tonbridge AC - B	4.77

Match Details

1	Tonbridge AC - B	6	74	1	Medway & Maidstone AC	11	129
2	Medway & Maidstone AC	5	69	2	Tonbridge AC - B	11	127
3	Sevenoaks AC	4	62.5	3	Bexley AC	7	107.5
4	Bexley AC	3	61.5	4	Sevenoaks AC	7	102.5
5	Central Park Athletics	2	36	5	Central Park Athletics	4	72
6	Paddock Wood	1	23	6	Paddock Wood	2	42

Mens Non Scoring Results

M35

200m

James Burton (M35)	Blackheath & Bromley H AC	25.38	w/s 0.5
Joseph Oatley (M35)	Dartford Harriers AC	26.41	0.5

1500m

Daniel St Martin (M35)	Medway & Maidstone AC	4:32.60
Kareem Richardson (M35)	Cambridge Harriers	4:38.34
Neill Wright (M45)	Medway & Maidstone AC	4:46.89
Gavin Hows (M45)	Cambridge Harriers	4:49.49
Alistair Love (M40)	Blackheath & Bromley H AC	4:58.39
Paul Bowen	Bexley AC	5:18.06
Robert Lenihan (M40)	Central Park Athletics	5:18.97
Jasper Holliday (M45)	Dartford Harriers AC	5:21.02
John Keane (M40)	Bexley AC	9:13.21

M50

200m

Jerome Moisan (M50)	Medway & Maidstone AC	28.51	w/s 0.5
Constantine Serugo (M50)	Cambridge Harriers	30.21	0.5
John Barron (M70)	Cambridge Harriers	33.50	0.5

1500m

Steve Hough (M50)	Blackheath & Bromley H AC	4:59.88
Jonathan Wilson (M55)	Bromley Vets	5:00.13
Gavin Kitchingham (M55)	Bromley Vets	5:08.32
Robert Fursey (M60)	Medway & Maidstone AC	5:59.48

M60

200m

John Barron (M70)	Cambridge Harriers	33.50	w/s 0.5
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SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/06/2025

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

w/s -

1	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	27.27
2	T3	Bethan Armory (W45)	Tonbridge AC - A	28.00
3	D3	Hannah Carson	Dartford Harriers AC	28.28
4	G3	Karolina Mykietyn (W45)	Central Park Athletics	28.97
5	M3	Rachel Hicks	Medway & Maidstone AC	34.55

W35 1500m

1	T3	Nichola Evans (W40)	Tonbridge AC - A	4:58.53
2	F4	Carole Coulon (W50)	Blackheath & Bromley H AC	5:06.53
3	D3	Tereza Grainger-Francova (W40)	Dartford Harriers AC	5:13.93
4	M3	Taryne Fursey (W45)	Medway & Maidstone AC	5:46.13
5	G3	Coralie Charles (W40)	Central Park Athletics	5:50.46

B String				
Pos	Club	Athlete	Club	Perf

w/s -

1	F4	Daniela Sage (W45)	Blackheath & Bromley H AC	28.45
2	G4	Leanne Wilkes	Central Park Athletics	29.27
3	T4	Suzanne Bachelor (W45)	Tonbridge AC - A	29.64
4	D4	Kalina Detko (W45)	Dartford Harriers AC	30.61
5	M4	Kerstin Sung (W50)	Medway & Maidstone AC	34.30

4x100m Relays

1	T3	Tonbridge AC - A	Suzanne Bachelor (W45), Bethan Armory (W45), Sarah Westrap-Boon (W50), Diane Wright (W55)	55.71
2	F3	Blackheath & Bromley H AC	Samantha Williams (W40), Daniela Sage (W45), Helen Godsell (W70), Jennie Butler (W50)	57.11
3	D3	Dartford Harriers AC	Tereza Grainger-Francova (W40), Jane Crawley (W45), Hannah Carson, Kimberley Taylor (W45)	59.11
4	G3	Central Park Athletics	Karolina Mykietyn (W45), Coralie Charles (W40), Suzanne Croft (W40), Leanne Wilkes	63.54
5	M3	Medway & Maidstone AC	Rachel Hicks, Karen Cudmore (W50), Taryne Fursey (W45), Kerstin Sung (W50)	66.11

W35 Pole Vault

1	T3	Angie Crush (W45)	Tonbridge AC - A	2.30
2	D3	Claire Capon (W40)	Dartford Harriers AC	1.20

W35 Javelin

1	T3	Charlotte Nicholls	Tonbridge AC - A	23.26
2	D3	Claire Capon (W40)	Dartford Harriers AC	15.50
3	G3	Lindsay Lenihan (W40)	Central Park Athletics	14.14
4	M3	Rachel Hicks	Medway & Maidstone AC	13.81
5	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	10.63

W50 200m

w/s -

1	T5	Diane Wright (W55)	Tonbridge AC - A	30.49
2	M5	Karen Cudmore	Medway & Maidstone AC	30.93
3	F5	Helen Godsell (W70)	Blackheath & Bromley H AC	32.08
4	D5	Kirstie Cooper	Dartford Harriers AC	32.96
5	A5	Jenny Brown (W65)	Ashford AC	33.54
6	G5	Denise Rose (W60)	Central Park Athletics	41.98

W50 1500m

1	M5	Kerstin Sung	Medway & Maidstone AC	5:23.61
2	F5	Jennie Butler	Blackheath & Bromley H AC	5:23.65
3	T5	Lisa Knight	Tonbridge AC - A	5:26.66
4	G5	Anoushka Johnson	Central Park Athletics	6:10.03
5	D5	Kerrie Clarke	Dartford Harriers AC	6:10.91

W50 Pole Vault

1	T5	Sarah Westrap-Boon	Tonbridge AC - A	1.80
2	F5	Jackie Montgomery (W60)	Blackheath & Bromley H AC	1.20

W50 Javelin

1	D5	Kirstie Cooper	Dartford Harriers AC	20.66
2	T5	Nina Ridge	Tonbridge AC - A	19.21
3	M5	Jackie Harris Gregory	Medway & Maidstone AC	12.05
4	F5	Carole Coulon	Blackheath & Bromley H AC	9.77
5	G5	Anoushka Johnson	Central Park Athletics	7.90

W60 1500m

1	A6	Jenny Brown (W65)	Ashford AC	6:41.48
2	F6	Jackie Montgomery	Blackheath & Bromley H AC	7:04.21
3	G6	Denise Rose	Central Park Athletics	7:06.60
4	T6	Diane Bradley	Tonbridge AC - A	7:10.71
5	D6	Karen Servadei (W65)	Dartford Harriers AC	8:29.46

W60 Javelin

1	A6	Jenny Brown (W65)	Ashford AC	24.65
2	T6	Sally Vine	Tonbridge AC - A	20.69
3	D6	Anne Thacker (W65)	Dartford Harriers AC	17.86
4	F6	Jackie Montgomery	Blackheath & Bromley H AC	7.66
5	G6	Denise Rose	Central Park Athletics	5.63

Match Details

1	Tonbridge AC - A
2	Blackheath & Bromley H AC
3	Dartford Harriers AC
4	Medway & Maidstone AC
5	Central Park Athletics
6	Ashford AC

Mt Pts

6
50
41
29
28
14

Pts

Overall Details

1	Tonbridge AC - A
2	Dartford Harriers AC
3	Blackheath & Bromley H AC
4	Medway & Maidstone AC
5	Central Park Athletics
6	Ashford AC

Tot Mt Pts

12
9
9
6
4
1

Tot Pts

144
106
98
76
68
14

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/06/2025

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

		w/s		-
1	C3	Joanna Parke (W45)	Cambridge Harriers	34.40
2	N3	Amy Pay	Tonbridge AC - B	35.49
3	B3	Beata Kubala-Todd (W45)	Bexley AC	37.37
4	J3	Anne Unseld (W75)	Bromley Vets	44.96

W35 1500m

1	C3	Lucy Marlow (W40)	Cambridge Harriers	5:24.19
2	B3	Kirsty Witt	Bexley AC	6:03.45
3	J3	Rowena Kibblewhite (W50)	Bromley Vets	6:22.30
4	N3	Theresa White (W55)	Tonbridge AC - B	6:31.29

4x100m Relays

1	B3	Bexley AC	Beata Kubala-Todd (W45), Kirsty Witt, Wendy Prowse (W50), Christine Pates (W60)	70.92
2	C3	Cambridge Harriers	Marian Hine (W55), Lisa Atkinson (W50), Rose Baker (W60), Lucy Marlow (W40)	71.07
3	N3	Tonbridge AC - B	Selina Hawker (W45), Deniz Bowart (W45), Amy Pay, Pam West (W60)	73.62

W35 Pole Vault

1	N3	Selina Hawker (W45)	Tonbridge AC - B	1.50
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W35 Javelin

1	C3	Natalie Mann (W40)	Cambridge Harriers	21.94
2	B3	Zsuzsanna Racz (W45)	Bexley AC	17.10
3	N3	Selina Hawker (W45)	Tonbridge AC - B	10.14

W50 200m

		w/s		-
1	P5	Kate Maryon	Paddock Wood	32.76
2	B5	Christine Pates (W60)	Bexley AC	36.57
3	C5	Marian Hine (W55)	Cambridge Harriers	38.05
4	J5	Becky Sowter (W55)	Bromley Vets	44.59

W50 1500m

1	C5	Julie Backley	Cambridge Harriers	5:51.92
2	N5	Grazia Manzotti (W55)	Tonbridge AC - B	6:08.60
3	B5	Wendy Prowse	Bexley AC	7:01.76
4	J5	Becky Sowter (W55)	Bromley Vets	8:22.56

W50 Pole Vault

1	C5	Christine Bond (W60)	Cambridge Harriers	1.50
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W50 Javelin

1	N5	Helen Wrigley	Tonbridge AC - B	17.57
2	C5	Julie Backley	Cambridge Harriers	11.83
3	B5	Sam Ansell	Bexley AC	10.57

W60 1500m

1	C6	Rose Baker	Cambridge Harriers	6:07.05
2	N6	Pam West	Tonbridge AC - B	7:51.30
3	J6	Anne Unseld (W75)	Bromley Vets	8:09.34

B String				
Pos	Club	Athlete	Club	Perf

		w/s		-
1	C4	Rose Baker (W60)	Cambridge Harriers	35.49
2	B4	Sarah Dodds (W45)	Bexley AC	36.26
3	N4	Deniz Bowart (W45)	Tonbridge AC - B	37.33

1	C4	Maggie Illingworth (W45)	Cambridge Harriers	6:01.39
2	B4	Beata Kubala-Todd (W45)	Bexley AC	6:24.71

W60 Javelin

1	B6	Christine Pates	Bexley AC	14.57
2	P6	Teresa Hinton	Paddock Wood	14.51
3	C6	Christine Bond	Cambridge Harriers	13.26
4	N6	Pam West	Tonbridge AC - B	4.59

Match Details			Overall Details		
		Mt Pts		Tot Mt Pts	Tot Pts
1	Cambridge Harriers	6	1	Cambridge Harriers	12
2	Bexley AC	5	2	Tonbridge AC - B	8
3	Tonbridge AC - B	4	3	Bexley AC	8
4	Bromley Vets	3	4	Bromley Vets	8
5	Paddock Wood	2	5	Paddock Wood	4
			6	Sevenoaks AC	1

Womens Non Scoring Results

W35

1500m

Vanessa Vander (W40)	Medway & Maidstone AC	6:23.54
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W50

1500m

Rita Awatefe-Aydin (W50)	Blackheath & Bromley H AC	7:00.72
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Women

4x100m Relay

Tonbridge AC	Sally Vine (W60), Theresa White (W55), Angie Crush (W45), Grazia Manzotti (W55)	70.71
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