

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 01/08/2025

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

w/s

1	F3	Duayne Bovell	Blackheath & Bromley H AC	11.4
2	T3	Steven Tester (M40)	Tonbridge AC - A	11.7
3	A3	Daniel Oforu (M45)	Ashford AC	12.4
4	D3	Steven Foy (M40)	Dartford Harriers AC	12.6
5	C3	Duncan Hope (M40)	Cambridge Harriers	12.8
6	J3	James Willingham (M45)	Bromley Vets	13.7

B String				
Pos	Club	Athlete	Club	Perf

w/s

1	F4	James Burton (M40)	Blackheath & Bromley H AC	12.0
2	D4	Alan Danagher	Dartford Harriers AC	12.6
3	T4	Tiago Dinis (M40)	Tonbridge AC - A	12.7
4	A4	Michael Yankson (M45)	Ashford AC	13.4
5	C4	Hjalti Rognvaldsson	Cambridge Harriers	13.4
6	J4	Andrew Cooper	Bromley Vets	13.8

M35 800m

1	T3	Tom Richards	Tonbridge AC - A	2:03.8
2	A3	Andrew Scoones	Ashford AC	2:05.9
3	C3	Nebojsa Jovanovic (M45)	Cambridge Harriers	2:06.2
4	F3	Sam Aldridge (M40)	Blackheath & Bromley H AC	2:07.3
5	D3	Stuart McNally (M45)	Dartford Harriers AC	2:09.9
6	J3	Simon Horler (M45)	Bromley Vets	2:17.7

1	C4	Duncan Hope (M40)	Cambridge Harriers	2:07.7
2	D4	Stuart Waterman (M45)	Dartford Harriers AC	2:12.3
3	F4	Leonardus De Bruyn (M45)	Blackheath & Bromley H AC	2:12.7
4	T4	Craig Halsey (M45)	Tonbridge AC - A	2:14.1
5	J4	Tim Sowter (M55)	Bromley Vets	2:19.7
6	A4	Daniel Oforu (M45)	Ashford AC	3:53.9

4x200m Relays

1	F3	Blackheath & Bromley H AC	Iain Nye (M40), James Burton (M40), Ashley Reid (M40), Duayne Bovell	1:38.5
2	T3	Tonbridge AC - A	Tiago Dinis (M40), Tom Richards, Mark McAllister (M50), Steven Tester (M40)	1:38.6
3	D3	Dartford Harriers AC	Steven Foy (M40), Alan Danagher, Richard Brooks (M50), Adam Bernard (M40)	1:40.0
4	A3	Ashford AC	Andrew Scoones, Daniel Oforu (M45), Michael Yankson (M45), Peter Davey (M50)	1:45.3
5	J3	Bromley Vets	Tim Sowter (M55), James Willingham (M45), Andrew Cooper, Simon Horler (M45)	1:54.3
6	C3	Cambridge Harriers	Hjalti Rognvaldsson (M35), Duncan Hope (M40), Wole Odele (M60), John Barron (M70)	1:55.6

M35 Triple Jump

1	T3	Steven Tester (M40)	Tonbridge AC - A	10.55
2	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	10.00
3	D3	Shaun Tipple (M40)	Dartford Harriers AC	9.92
4	C3	Hjalti Rognvaldsson	Cambridge Harriers	9.75
5	A3	Daniel Oforu (M45)	Ashford AC	9.39
6	J3	Simon Horler (M45)	Bromley Vets	8.58

M35 Discus

1	D3	Shaun Tipple (M40)	Dartford Harriers AC	27.39
2	T3	Mark McAllister (M50)	Tonbridge AC - A	27.07
3	A3	Daniel Oforu (M45)	Ashford AC	26.12
4	J3	Simon Horler (M45)	Bromley Vets	19.39
5	C3	Hjalti Rognvaldsson	Cambridge Harriers	18.78
6	F3	Timothy Ayres	Blackheath & Bromley H AC	17.77

M50 100m

w/s

1	D5	Richard Brooks	Dartford Harriers AC	12.2
2	T5	Mark McAllister	Tonbridge AC - A	12.5
3	A5	Peter Davey	Ashford AC	12.8
4	C5	Lincoln Campbell (M60)	Cambridge Harriers	13.3
5	J5	Tim Sowter (M55)	Bromley Vets	13.9
6	F5	Matthew Ellerton	Blackheath & Bromley H AC	14.0

M50 800m

1	D5	Reuben Burford	Dartford Harriers AC	2:19.8
2	C5	Matthew Preston	Cambridge Harriers	2:21.4
3	J5	Jonathan Wilson (M55)	Bromley Vets	2:26.9
4	T5	Ben Reynolds (M60)	Tonbridge AC - A	2:27.5
5	A5	Ian King	Ashford AC	2:29.7
6	F5	Steve Hough	Blackheath & Bromley H AC	2:39.7

M50 Triple Jump

1	A5	Peter Davey	Ashford AC	10.21
2	T5	Stephen Daly (M55)	Tonbridge AC - A	9.78
3	F5	Matthew Ellerton	Blackheath & Bromley H AC	8.71
4	J5	Jason Short	Bromley Vets	7.77
5	C5	Mark Culshaw (M55)	Cambridge Harriers	6.16
6	D5	Timothy Orr (M65)	Dartford Harriers AC	5.91

M50 Discus

1	D5	Richard Nash	Dartford Harriers AC	32.46
2	A5	Jonathan Ward (M55)	Ashford AC	26.38
3	T5	Mark Jessup (M55)	Tonbridge AC - A	25.81
4	F5	Simon Tolson (M55)	Blackheath & Bromley H AC	25.05
5	C5	Mark Culshaw (M55)	Cambridge Harriers	19.20
6	J5	Jonathan Wilson (M55)	Bromley Vets	16.58

M60 100m

w/s

1	C6	Wole Odele	Cambridge Harriers	13.0
2	F6	Kevin Ansell (M65)	Blackheath & Bromley H AC	13.4
3	T6	Richard Christian	Tonbridge AC - A	14.7
4	D6	Colin Bates	Dartford Harriers AC	15.0
5	J6	Ray Chapman (M65)	Bromley Vets	16.5

M60 Triple Jump

1	C6	Wole Odele	Cambridge Harriers	9.66
2	D6	Gary Capon (M65)	Dartford Harriers AC	9.05
3	T6	Richard Christian	Tonbridge AC - A	8.52
4	F6	Paul Sutherland	Blackheath & Bromley H AC	7.55
5	A6	Michael Goodall (M75)	Ashford AC	5.38

M60 Discus

1	T6	Ian Crawley	Tonbridge AC - A	35.88
2	C6	Peter Wishart (M65)	Cambridge Harriers	35.18
3	D6	John Fenton (M65)	Dartford Harriers AC	25.47
4	F6	Paul Sutherland	Blackheath & Bromley H AC	22.44
5	J6	Ray Chapman (M65)	Bromley Vets	17.26
6	A6	Michael Goodall (M75)	Ashford AC	15.29

M70 100m

1	C7	Timothy Carter (M70)	Cambridge Harriers	15.3
2	F7	Cornelius Griffin (M70)	Blackheath & Bromley H AC	17.3
3	D7	Roy Knight (M70)	Dartford Harriers AC	18.0
4	A7	Michael Goodall (M75)	Ashford AC	19.8
5	T7	Alan Newman (M70)	Tonbridge AC - A	23.2

Match Details

- 1 Tonbridge AC - A
- 2 Dartford Harriers AC
- 3 Blackheath & Bromley H AC
- 4 Cambridge Harriers
- 5 Ashford AC
- 6 Bromley Vets

Mt Pts

- 6
- 5
- 4
- 3
- 2
- 1

Pts

- 67
- 64
- 56
- 55
- 45
- 25

Overall Details

- 1 Tonbridge AC - A
- 2 Dartford Harriers AC
- 3 Blackheath & Bromley H AC
- 4 Cambridge Harriers
- 5 Ashford AC
- 6 Bromley Vets

Tot Mt Pts

- 32
- 32
- 21
- 20
- 15
- 6

Tot Pts

- 396.5
- 389.5
- 319
- 315
- 276
- 138

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 01/08/2025

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

w/s

1	B3	Paul Slater	Bexley AC	12.6
2	N3	Matt Holt (M45)	Tonbridge AC - B	12.8
3	M3	Ryan Heartfield	Medway & Maidstone AC	13.5
4	P3	Trevor Simms (M55)	Paddock Wood	14.1
5	G3	Chris Reid	Central Park Athletics	15.8
6	S3	David Lobley (M60)	Sevenoaks AC	17.3

B String				
Pos	Club	Athlete	Club	Perf

w/s

1	M4	Darren Wright (M45)	Medway & Maidstone AC	13.2
2	B4	James Seale (M40)	Bexley AC	13.4
3	G4	Simon Johnson (M45)	Central Park Athletics	14.4
4	N4	Milton McNichol Jr (M50)	Tonbridge AC - B	15.4

M35 800m

1	P3	James Ridger (M45)	Paddock Wood	2:12.4
2	M3	Daniel St Martin	Medway & Maidstone AC	2:14.5
3	G4	Simon Johnson (M45)	Central Park Athletics	2:15.8
4	B3	Andrew Barnshaw	Bexley AC	2:24.8
5	S3	Steve Carter (M45)	Sevenoaks AC	2:26.9

1	M4	Anthony Webb (M45)	Medway & Maidstone AC	2:20.0
2	B4	Martin Jenner	Bexley AC	2:28.2
3	G3	Chris Reid	Central Park Athletics	2:29.1
4	S4	David Lobley (M60)	Sevenoaks AC	2:57.0

4x200m Relays

1	B3	Bexley AC	Martin Jenner, Paul Slater, Andrew Barnshaw, James Seale (M40)	1:50.9
2	M3	Medway & Maidstone AC	Shane Whiten (M40), Ryan Heartfield, John Foster (M55), Darren Wright (M45)	1:54.5
3	S3	Sevenoaks AC	Steve Carter (M45), Graham Dwyer (M50), Oloff Van Zyl (M55), Gary Walsh (M60)	1:57.5
4	N3	Tonbridge AC - B	Antony Fullbrook (M60), Chris Hyatt-Twynam (M65), Milton McNichol Jr (M50), Matt Holt (M45)	2:01.6
5	P3	Paddock Wood	Trevor Crysell (M55), Trevor Simms (M55), Simon Jones (M60), Mark Woods (M60)	2:02.5
6	G3	Central Park Athletics	Simon Johnson (M45), Chris Reid, Paul Cheeseman (M50), Robert Lenihan (M40)	2:05.0

M35 Triple Jump

1	B3	Paul Slater	Bexley AC	11.13
2	N3	Matt Holt (M45)	Tonbridge AC - B	8.94
3	G3	Robert Lenihan (M40)	Central Park Athletics	7.19
4	S3	Geoffrey Kitchener (M75)	Sevenoaks AC	5.42

M35 Discus

1	N3	Milton McNichol Jr (M50)	Tonbridge AC - B	22.54
2	M3	Darren Wright (M45)	Medway & Maidstone AC	20.51
3	B3	Shaun Medlen (M40)	Bexley AC	19.54
4	P3	David Harcourt (M40)	Paddock Wood	16.49
5	S3	Steve Carter (M45)	Sevenoaks AC	15.81
6	G3	Robert Lenihan (M40)	Central Park Athletics	15.46

M50 100m

w/s

1	M5	John Foster (M55)	Medway & Maidstone AC	13.9
2	N5	Antony Fullbrook (M60)	Tonbridge AC - B	14.9
3	S5	Graham Dwyer	Sevenoaks AC	14.9
4	B5	Santos Diana	Bexley AC	15.2
5	G5	Alexander Valentino (M60)	Central Park Athletics	15.4
6	P5	Trevor Crysell (M55)	Paddock Wood	15.8

M50 800m

1	S5	Oloff Van Zyl (M55)	Sevenoaks AC	2:13.2
2	M5	Neill Wright	Medway & Maidstone AC	2:22.7
3	G5	Paul Cheeseman	Central Park Athletics	2:40.9
4	P5	Simon Jones (M60)	Paddock Wood	2:45.2
5	B5	Santos Diana	Bexley AC	2:46.2
6	N5	Richard Sargent	Tonbridge AC - B	3:26.0

M50 Triple Jump

1	M5	John Foster (M55)	Medway & Maidstone AC	8.84
2	S5	Oloff Van Zyl (M55)	Sevenoaks AC	8.80
3	G5	Paul Cheeseman	Central Park Athletics	8.36
4	P5	Trevor Crysell (M55)	Paddock Wood	8.19
5	N5	Mark Pitcairn-Knowles (M55)	Tonbridge AC - B	7.92

M50 Discus

1	B5	Graham Holder	Bexley AC	35.09
2	M5	John Foster (M55)	Medway & Maidstone AC	21.10
3	N5	Anthony Crush	Tonbridge AC - B	17.75
4	S5	David Lobley (M60)	Sevenoaks AC	13.57

M60 100m

w/s

1	P6	Mark Woods	Paddock Wood	13.8
2	S6	Gary Walsh	Sevenoaks AC	14.6
3	N6	Chris Hyatt-Twynam (M65)	Tonbridge AC - B	15.8
4	G6	John Arnould (M65)	Central Park Athletics	16.3
5	M6	Steve Hunter	Medway & Maidstone AC	17.7
6	B6	Gary Witt	Bexley AC	19.3

M60 Triple Jump

1	P6	Mark Woods	Paddock Wood	7.59
2	M6	Rob Sibley (M70)	Medway & Maidstone AC	7.48
3	S6	David Lobley	Sevenoaks AC	7.21
4	N6	Chris Hyatt-Twynam (M65)	Tonbridge AC - B	6.71
	B6	Gary Witt	Bexley AC	nm

M60 Discus

1	N6	Peter Buxton	Tonbridge AC - B	30.13
2	P6	Mark Woods	Paddock Wood	27.13
3	B6	Peter Hawney (M75)	Bexley AC	24.03
4	S6	Gary Walsh	Sevenoaks AC	20.91
5	M6	Stephen Hesketh (M70)	Medway & Maidstone AC	19.36
6	G6	Anthony Durey	Central Park Athletics	13.82

M70 100m

1	S7	Geoffrey Kitchener (M75)	Sevenoaks AC	17.1
2	M7	Rob Sibley (M70)	Medway & Maidstone AC	18.3
3	B7	Anthony Garrett (M80)	Bexley AC	20.2
4	N7	Maurice Marchant (M75)	Tonbridge AC - B	36.2

Match Details

1	Medway & Maidstone AC	6	67	1	Medway & Maidstone AC	35	401.5
2	Bexley AC	5	55	2	Tonbridge AC - B	29	362
3	Sevenoaks AC	4	51	3	Bexley AC	24	301
4	Tonbridge AC - B	3	50	4	Sevenoaks AC	18	273.5
5	Paddock Wood	2	38	5	Central Park Athletics	10	205
6	Central Park Athletics	1	34	6	Paddock Wood	10	162

Mens Non Scoring Results

M35

100m

Iain Nye (M40)	Blackheath & Bromley H AC	12.2
Ashley Reid (M40)	Blackheath & Bromley H AC	12.3
Adam Bernard (M40)	Dartford Harriers AC	12.8
Joseph Oatley (M35)	Dartford Harriers AC	12.9
John Keane (M40)	Bexley AC	21.0

800m

Timothy Ayres (M35)	Blackheath & Bromley H AC	2:31.0
John Keane (M40)	Bexley AC	4:39.8

M50

100m

David King (M55)	Dartford Harriers AC	17.5
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800m

Gavin Kitchingham (M55)	Bromley Vets	2:30.4
Andrew Green (M55)	Dartford Harriers AC	2:31.4
Ray Chapman (M65)	Bromley Vets	2:51.3
Anthony Durey (M60)	Central Park Athletics	2:51.5
Kenneth Daniel (M75)	Blackheath & Bromley H AC	3:02.5
John Turner (M75)	Blackheath & Bromley H AC	3:32.1

M60

100m

Richard Lewis (M65)	Cambridge Harriers	16.5
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M70

100m

John Barron (M70)	Cambridge Harriers	15.8
John Turner (M75)	Blackheath & Bromley H AC	19.8

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 01/08/2025

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

w/s

1	G3	Leanne Wilkes	Central Park Athletics	13.4
2	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	13.5
3	T3	Diane Wright (W55)	Tonbridge AC - A	14.5
4	M3	Rachel Hicks	Medway & Maidstone AC	15.2
5	D3	Jane Crawley (W45)	Dartford Harriers AC	15.7

B String				
Pos	Club	Athlete	Club	Perf

w/s

1	F4	Samantha Williams (W40)	Blackheath & Bromley H AC	13.6
2	G4	Karolina Mykietyn (W45)	Central Park Athletics	14.0
3	D4	Kirstie Cooper (W50)	Dartford Harriers AC	15.4
4	T4	Pam West (W60)	Tonbridge AC - A	17.9

W35 800m

1	D3	Kat Sutton	Dartford Harriers AC	2:17.6
2	T3	Helen Gaunt (W45)	Tonbridge AC - A	2:26.5
3	M3	Kay Sheedy (W40)	Medway & Maidstone AC	2:29.4
4	F3	Trang Nguyen (W40)	Blackheath & Bromley H AC	2:38.2
5	G3	Coralie Charles (W40)	Central Park Athletics	3:01.6

1	D4	Tereza Grainger-Francova (W40)	Dartford Harriers AC	2:28.5
2	M4	Vera Hunter (W40)	Medway & Maidstone AC	2:51.7
3	T4	Sasha Humphries (W50)	Tonbridge AC - A	2:52.5
4	F4	Sarah Belaon (W40)	Blackheath & Bromley H AC	2:57.4
5	G4	Caroline Curtis (W55)	Central Park Athletics	3:05.2

4x200m Relays

1	F3	Blackheath & Bromley H AC	Daniela Sage (W45), Samantha Williams (W40), Louisa Vallins (W45), Helen Godsell (W70)	1:56.3
2	D3	Dartford Harriers AC	Kat Sutton, Kirstie Cooper (W50), Jane Crawley (W45), Tereza Grainger-Francova (W40)	2:03.4
3	T3	Tonbridge AC - A	Nina Ridge (W50), Helen Gaunt (W45), Lisa Knight (W50), Diane Wright (W55)	2:08.5
4	G3	Central Park Athletics	Leanne Wilkes, Caroline Curtis (W55), Elizabeth Brookes (W45), Leanne Wilkes	2:10.4

W35 High Jump

1	M3	Rachel Hicks	Medway & Maidstone AC	1.20
2	T3	Sasha Humphries (W50)	Tonbridge AC - A	1.15
3	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	1.10
4	G3	Elizabeth Brookes (W45)	Central Park Athletics	1.10
5	D3	Kimberley Taylor (W45)	Dartford Harriers AC	1.05

W35 Discus

1	T3	Charlotte Nicholls	Tonbridge AC - A	27.29
2	D3	Claire Capon (W40)	Dartford Harriers AC	24.22
3	M3	Rachel Hicks	Medway & Maidstone AC	17.14
4	G3	Lindsay Lenihan (W40)	Central Park Athletics	16.43
5	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	12.84

W50 100m

w/s

1	T5	Nina Ridge	Tonbridge AC - A	15.2
2	D5	Teresa Eades (W65)	Dartford Harriers AC	17.2
3	G5	Eden Summers (W60)	Central Park Athletics	17.7
4	F5	Rita Awatefe-Aydin	Blackheath & Bromley H AC	18.2

W50 800m

1	F5	Carole Coulon	Blackheath & Bromley H AC	2:32.3
2	T5	Lisa Knight	Tonbridge AC - A	2:36.0
3	G5	Anoushka Johnson	Central Park Athletics	2:52.0
4	D5	Kerrie Clarke	Dartford Harriers AC	3:04.0

W50 High Jump

1	T5	Nina Ridge	Tonbridge AC - A	1.15
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W50 Discus

1	T5	Nina Ridge	Tonbridge AC - A	22.33
2	D5	Kirstie Cooper	Dartford Harriers AC	17.89
3	G5	Denise Rose (W60)	Central Park Athletics	8.66
4	F5	Maureen Miller (W60)	Blackheath & Bromley H AC	8.03

W60 800m

1	G6	Denise Rose	Central Park Athletics	3:26.3
2	F6	Jackie Montgomery	Blackheath & Bromley H AC	3:29.1
3	T6	Pam West	Tonbridge AC - A	3:38.0
4	M6	Jacqueline Hunter	Medway & Maidstone AC	3:51.5

W60 High Jump

1	D6	Teresa Eades (W65)	Dartford Harriers AC	1.15
2	F6	Jackie Montgomery	Blackheath & Bromley H AC	1.05
2	T6	Pam West	Tonbridge AC - A	1.05
4	M6	Jacqueline Hunter	Medway & Maidstone AC	0.90

W70 800m

1	F7	Helen Godsell (W70)	Blackheath & Bromley H AC	3:26.0
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Match Details	Mt Pts	Pts
1 Tonbridge AC - A	6	62.5
2 Blackheath & Bromley H AC	5	56.5
3 Dartford Harriers AC	4	49
4 Central Park Athletics	3	42
5 Medway & Maidstone AC	2	28

Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	36	434.5
2 Blackheath & Bromley H AC	28	326.5
3 Dartford Harriers AC	25	311
4 Medway & Maidstone AC	17	225
5 Central Park Athletics	12	183
6 Ashford AC	6	98

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 01/08/2025

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

w/s

1	P3	Kate Maryon (W50)	Paddock Wood	15.2
2	C3	Joanna Parke (W45)	Cambridge Harriers	15.7
3	N4	Helen Bond (W55)	Tonbridge AC - B	16.6
4	B3	Kirsty Witt	Bexley AC	17.8
5	J3	Lindsay Walker (W45)	Bromley Vets	21.0

B String				
Pos	Club	Athlete	Club	Perf

w/s

1	N3	Angie Crush (W45)	Tonbridge AC - B	16.7
2	C4	Natalie Mann (W40)	Cambridge Harriers	17.2
3	B4	Beata Kubala-Todd (W45)	Bexley AC	18.8

W35 800m

1	S3	Rebecca Pickard (W45)	Sevenoaks AC	2:33.9
2	B3	Kirsty Witt	Bexley AC	2:57.8
3	C3	Maggie Illingworth (W45)	Cambridge Harriers	2:59.8
4	N3	Julie Goodge (W50)	Tonbridge AC - B	3:01.6

1	C4	Chantelle McGinty (W40)	Cambridge Harriers	3:08.6
2	B4	Kirsty McEwen	Bexley AC	3:14.2
3	N4	Theresa White (W55)	Tonbridge AC - B	3:16.9

4x200m Relays

1	N3	Tonbridge AC - B	Grazia Manzotti (W55), Theresa White (W55), Angie Crush (W45), Sally Vine (W60)	2:30.0
2	C3	Cambridge Harriers	Joanna Parke (W45), Rose Baker (W60), Marian Hine (W55), Christine Bond (W60)	2:31.4
3	B3	Bexley AC	Kirsty Witt, Kirsty McEwen, Beata Kubala-Todd (W45), Wendy Prowse (W50)	2:35.4
4	J3	Bromley Vets	Anne Wharton (W65), Lindsay Walker (W45), Julie Pelican (W60), Anne Unseld (W75)	3:13.6

W35 High Jump

1	N3	Angie Crush (W45)	Tonbridge AC - B	1.15
2	C3	Joanna Parke (W45)	Cambridge Harriers	1.15
3	B3	Kirsty Witt	Bexley AC	0.95

W35 Discus

1	C3	Natalie Mann (W40)	Cambridge Harriers	25.27
2	N3	Helen Wrigley (W50)	Tonbridge AC - B	18.18
3	B3	Liz Slater (W65)	Bexley AC	13.03
4	J3	Tracey Simmons (W50)	Bromley Vets	11.28

W50 100m

w/s

1	N5	Sally Vine (W60)	Tonbridge AC - B	15.2
2	B5	Wendy Prowse	Bexley AC	18.2
3	P5	Teresa Hinton (W60)	Paddock Wood	18.5
4	C5	Rose Baker (W60)	Cambridge Harriers	21.7

W50 800m

1	C5	Julie Backley	Cambridge Harriers	2:55.7
2	N5	Grazia Manzotti (W55)	Tonbridge AC - B	2:57.8
3	B5	Wendy Prowse	Bexley AC	3:24.2
4	J5	Anne Wharton (W65)	Bromley Vets	4:27.6

W50 High Jump

1	P5	Kate Maryon	Paddock Wood	1.20
2	N5	Helen Bond (W55)	Tonbridge AC - B	1.05
3	B5	Wendy Prowse	Bexley AC	0.90

W50 Discus

1	N5	Diane Bradley (W60)	Tonbridge AC - B	18.51
2	B5	Sam Ansell	Bexley AC	18.21
3	P5	Teresa Hinton (W60)	Paddock Wood	12.86
4	J5	Shirley Wheeler (W55)	Bromley Vets	12.19
5	C5	Ceinwen Giles	Cambridge Harriers	9.50

W60 800m

1	C6	Rose Baker	Cambridge Harriers	3:13.6
2	N6	Diane Bradley	Tonbridge AC - B	3:33.4
3	J6	Julie Pelican	Bromley Vets	3:55.8
4	B6	Geraldine Legon (W65)	Bexley AC	5:01.6

W60 High Jump

1	B6	Christine Pates	Bexley AC	1.20
2	C6	Christine Bond	Cambridge Harriers	1.20
3	P6	Teresa Hinton	Paddock Wood	1.00

W70 800m

1	C7	Ros Tabor (W75)	Cambridge Harriers	3:36.9
2	P7	Annie Ross (W70)	Paddock Wood	4:01.5
3	J7	Anne Unseld (W75)	Bromley Vets	4:10.5

Match Details	Mt Pts	Pts
1 Cambridge Harriers	6	64
2 Tonbridge AC - B	5	61
3 Bexley AC	4	56
4 Paddock Wood	3	29
5 Bromley Vets	2	22
6 Sevenoaks AC	1	6

Overall Details	Tot Mt Pts	Tot Pts
1 Cambridge Harriers	36	437
2 Tonbridge AC - B	26.5	337
3 Bexley AC	25.5	327
4 Bromley Vets	18	181
5 Paddock Wood	14	155
6 Sevenoaks AC	2	12

Womens Non Scoring Results

W35

100m

Linda Wake (W45)	Bexley AC	18.7
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800m

Beata Kubala-Todd (W45)	Bexley AC	3:12.9
Linda Wake (W45)	Bexley AC	3:36.5

4x200m Relays

Tonbridge AC	Penny Ademuyiwa (W50), Helen Wrigley (W50), Helen Bond (W55), Sasha Humphries (W50)	2:38.1
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W50

100m

Patience Agbabi (W55)	Dartford Harriers AC	17.3
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800m

Karen Azodoh (W55)	Bexley AC	4:30.7
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