

# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

### M35 400m

1	T3	Steven Tester	Tonbridge	52.8
2	M3	Andrejs Safars	Medway and Maidstone	54.3
3	D3	Stuart McNally (M40)	Dartford	56.1
4	B3	Daniel Stevens (M40)	Bexley	56.8
5	J3	Simon Horler	Bromley Veterans	61.1
6	C3	Michael Pape (M45)	Cambridge	72.6

### M35 3000m

1	T3	Ben Reynolds (M55)	Tonbridge	9:36.1
2	M3	Jack Crossley	Medway and Maidstone	9:40.3
3	D3	Jon Kennedy	Dartford	9:57.4
4	C3	Matthew Preston (M45)	Cambridge	10:03.3
5	B3	Martin Smith (M40)	Bexley	10:04.3
6	J3	Tim Sowter (M50)	Bromley Veterans	10:57.4

### M35 Pole Vault

1	T3	Ian Crawley (M55)	Tonbridge	2.80
2	M3	Andrejs Safars	Medway and Maidstone	2.30
3	D3	Richard Nash (M40)	Dartford	2.20
4	J3	Simon Horler	Bromley Veterans	2.00
	B3	Philip Hawkins (M45)	Bexley	nhr

### M35 Triple Jump

1	B3	Martin Lloyd	Bexley	11.28
2	T3	Steven Tester	Tonbridge	10.41
3	M3	Andrejs Safars	Medway and Maidstone	10.33
4	D3	Richard Nash (M40)	Dartford	9.86
5	J3	Simon Horler	Bromley Veterans	9.10
6	C3	Paris Hunt (M55)	Cambridge	8.51

### M35 Javelin

1	D3	Richard Nash (M40)	Dartford	40.62
2	T3	Mark White (M45)	Tonbridge	33.16
3	J3	Simon Horler (M35)	Bromley Veterans	27.45
4	M3	Martyn Corbishley (M55)	Medway and Maidstone	27.17
5	B3	Kevin Still (M45)	Bexley	22.23
6	C3	Peter Wishart (M55)	Cambridge	20.63

### M50 400m

1	C5	Wole Odele	Cambridge	57.7
2	T5	Ian Crawley (M55)	Tonbridge	60.1
3	B5	Kemal Gediz (M55)	Bexley	63.7
4	J5	Tim Sowter	Bromley Veterans	63.9
5	M5	Marco Ronchetti	Medway and Maidstone	66.2
6	D5	Terrance Gibbs (M55)	Dartford	67.6

### M50 3000m

1	T5	Andrew Howey (M55)	Tonbridge	9:59.7
2	D5	Mark Champion	Dartford	10:30.3
3	M5	Gareth Williams	Medway and Maidstone	11:10.3
4	C5	Mark Ashby (M55)	Cambridge	11:29.4
5	J5	Ray Chapman (M60)	Bromley Veterans	12:42.9
6	B5	Kemal Gediz (M55)	Bexley	12:54.5

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Mark Mcallister (M45)	Tonbridge	59.3
2	D4	Reuben Burford (M45)	Dartford	60.1
3	M4	John Foster (M45)	Medway and Maidstone	66.3
4	J4	Simon Powell (M50)	Bromley Veterans	75.3
5	C4	Ian McCarthy (M60)	Cambridge	75.4

1	M4	Neill Wright (M40)	Medway and Maidstone	9:51.3
2	C4	Dom Fiore (M45)	Cambridge	10:22.4
3	B4	Jon Fish (M40)	Bexley	10:30.1
4	T4	Adam Roeder	Tonbridge	10:40.1
5	D4	Terry Hawkey	Dartford	10:52.0
6	J4	Simon Powell (M50)	Bromley Veterans	14:01.1

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## Men - Division 1

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

### M50 Pole Vault

1	T5	Peter Ebbage (M60)	Tonbridge	2.20
2	D5	Gary Capon (M55)	Dartford	2.00
3	B5	Andrew Rushbrook (M55)	Bexley	1.90
4	C5	Paris Hunt (M55)	Cambridge	1.80
5	M5	Martyn Corbishley (M55)	Medway and Maidstone	1.70

### M50 Triple Jump

1	C5	Wole Odele	Cambridge	9.91
2	T5	Ian Crawley (M55)	Tonbridge	9.19
3	M5	Marco Ronchetti	Medway and Maidstone	8.94
4	B5	Andrew Rushbrook (M55)	Bexley	8.78
5	J5	Philip Greenfield (M55)	Bromley Veterans	8.25
6	D5	Gary Capon (M55)	Dartford	6.84

### M50 Javelin

1	D5	John Fenton (M60)	Dartford	40.62
2	C5	Paris Hunt (M55)	Cambridge	32.81
3	T5	Ian Crawley (M55)	Tonbridge	26.47
4	B5	Andrew Rushbrook (M55)	Bexley	26.45
5	M5	Marco Ronchetti (M50)	Medway and Maidstone	21.04
6	J5	Simon Powell (M50)	Bromley Veterans	16.97

### M60 400m

1	J6	Ray Chapman	Bromley Veterans	67.8
2	C6	Timothy Carter (M65)	Cambridge	68.0
3	T6	Brian Buckwell (M65)	Tonbridge	69.4
4	B6	Nick Winfield	Bexley	71.2
5	M6	Rob Sibley (M65)	Medway and Maidstone	82.9
6	D6	Stephen Roberts (M65)	Dartford	91.5

### M60 Triple Jump

1	M6	Rob Sibley (M65)	Medway and Maidstone	8.62
2	T6	Peter Ebbage	Tonbridge	8.30
3	B6	Nick Winfield	Bexley	6.56
4	C6	Timothy Carter (M65)	Cambridge	6.30
5	D6	Timothy Orr	Dartford	6.17
6	J6	Tony Unseld (M70)	Bromley Veterans	6.15

#### Match Details

	Mt Pts	Pts
1 Tonbridge	6	72
2 Medway and Maidstone	5	54
3 Dartford	4	49
4 Cambridge	3	44
5 Bexley	2	39
6 Bromley Veterans	1	31

#### Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	6	72
2 Medway and Maidstone	5	54
3 Dartford	4	49
4 Cambridge	3	44
5 Bexley	2	39
6 Bromley Veterans	1	31

# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

### M35 400m

1	A3	Peter Davey (M45)	Ashford	57.0
2	K3	Steve Jones (M40)	Swanley	59.2
3	F3	Daniel Marks	Blackheath and Bromley	60.7
4	S3	Graham Dwyer (M45)	Sevenoaks	63.7
5	P3	Trevor Simms (M50)	Paddock Wood	64.5
6	X3	Luke Speller (M40)	Bexley B	67.5
7	H3	Paul Dawes (M45)	Dartford B	71.1

### M35 3000m

1	F3	Gareth Evans (M40)	Blackheath and Bromley	9:53.3
2	H3	Chris Biddle	Dartford B	9:58.9
3	P3	Wayne Balmer (M40)	Paddock Wood	10:02.4
4	S3	Daniel Witt (M40)	Sevenoaks	11:07.5
5	K3	Paul Webster (M45)	Swanley	11:15.9
6	X4	Luke Speller (M40)	Bexley B	11:35.0
7	A3	Peter Le Rossignol	Ashford	12:58.8

### M35 Pole Vault

1	A3	Peter Le Rossignol	Ashford	2.00
2	F3	Reynaldo Guevara (M40)	Blackheath and Bromley	1.20

### M35 Triple Jump

1	A3	Stephen Lake (M45)	Ashford	10.21
2	K3	Steve Jones (M40)	Swanley	8.70
3	F3	Simon Parish (M45)	Blackheath and Bromley	8.69
4	S3	Graham Dwyer (M45)	Sevenoaks	8.61
5	X3	Tan Truong (M45)	Bexley B	5.91

### M35 Javelin

1	P3	Wayne Balmer (M40)	Paddock Wood	40.34
2	A3	Stephen Langford (M60)	Ashford	20.60
3	K3	Nigel Goddard (M55)	Swanley	13.93
4	F3	Gareth Evans (M40)	Blackheath and Bromley	13.36
5	S3	Duncan Cochrane (M60)	Sevenoaks	11.85

### M50 400m

1	H5	Colin Bates (M55)	Dartford B	62.9
2	P5	Trevor Crysell	Paddock Wood	65.1
3	S5	Zachary Ramsden	Sevenoaks	67.8
4	F5	Roger Beswick (M55)	Blackheath and Bromley	70.8
5	A5	Wayne Howe (M60)	Ashford	82.1
6	X5	David Olszowka (M55)	Bexley B	85.7
7	K5	Nigel Goddard (M55)	Swanley	87.2

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Simon Parish (M45)	Blackheath and Bromley	60.5
2	A4	Stephen Lake (M45)	Ashford	64.7
3	K4	Paul Webster (M45)	Swanley	67.6
4	P4	John Tilston (M40)	Paddock Wood	68.4
5	H4	Nicholas Varley (M50)	Dartford B	75.1
6	X4	Tan Truong (M45)	Bexley B	76.0
7	S4	Jim Knight (M65)	Sevenoaks	97.4

1	P4	Robert Everitt (M45)	Paddock Wood	10:34.3
2	F4	Steven Hough (M45)	Blackheath and Bromley	11:03.5
3	H4	Paul Dawes (M45)	Dartford B	11:12.6
4	S4	Graham Dwyer (M45)	Sevenoaks	11:52.9
5	X3	Santos Diana (M45)	Bexley B	12:32.5

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## Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M50 3000m

1	P5	Steve Wright	Paddock Wood	10:45.5
2	H5	David Hall	Dartford B	10:48.2
3	F5	Roger Beswick (M55)	Blackheath and Bromley	10:56.7
4	S5	Zachary Ramsden	Sevenoaks	11:12.0
5	A5	Kevin Williams (M55)	Ashford	12:26.2
6	X5	Andy Whitnell	Bexley B	13:08.1
7	K5	Andy Dunmall	Swanley	13:10.9

### M50 Pole Vault

1	A5	Mick Goodall (M65)	Ashford	2.00
2	P5	Mark Woods (M55)	Paddock Wood	1.80
3	F5	Alan Hardy (M60)	Blackheath and Bromley	1.60

### M50 Triple Jump

1	A5	Wayne Howe (M60)	Ashford	9.01
2	P5	Trevor Crysell	Paddock Wood	8.99
3	F5	Roger Beswick (M55)	Blackheath and Bromley	5.88
4	X5	David Olszowka (M55)	Bexley B	5.70

### M50 Javelin

1	F5	Stephen Langdon (M60)	Blackheath and Bromley	34.09
2	A5	Wayne Howe (M60)	Ashford	31.90
3	H5	Colin Bates (M55)	Dartford B	23.76
4	P5	Trevor Crysell (M50)	Paddock Wood	21.39
5	K5	Robert Myers (M50)	Swanley	17.30
6	S5	David Simpson (M75)	Sevenoaks	13.52
7	X5	Andy Whitnell (M50)	Bexley B	7.06

### M60 400m

1	A6	Stephen Langford	Ashford	70.5
2	P6	Les Percival (M65)	Paddock Wood	70.6
3	F6	Robert Brown (M65)	Blackheath and Bromley	71.5
4	S6	Duncan Cochrane	Sevenoaks	79.2
5	X6	Barry Leaf	Bexley B	86.0
6	K6	Kevin Ladley	Swanley	95.4

### M60 Triple Jump

1	A6	Stephen Langford	Ashford	9.59
2	P6	Les Percival (M65)	Paddock Wood	6.56
3	F6	Robert Brown (M65)	Blackheath and Bromley	6.23
4	K6	Kevin Ladley	Swanley	njr
4	X6	Barry Leaf	Bexley B	njr

### Match Details

1	Blackheath and Bromley	7	76	1	Blackheath and Bromley	7	76
2	Ashford	6	74	2	Ashford	6	74
3	Paddock Wood	5	67	3	Paddock Wood	5	67
4	Sevenoaks	4	35	4	Sevenoaks	4	35
5	Dartford B	3	33	5	Dartford B	3	33
6	Swanley	2	32	6	Swanley	2	32
7	Bexley B	1	24	7	Bexley B	1	24

# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Men - Division 2

A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

### Mens Non Scoring Results

#### M35

##### 3000m

David Reader (M45)	Cambridge H	10:14.1
Ian Firla (M45)	Blackheath & Bromley	10:20.3
James Beeston (M45)	Tonbridge AC	10:42.5
Darren Corneille (M35)	Blackheath & Bromley	10:55.0
Justin Lane (M40)	Medway & Maidstone AC	10:01.7
Andrew Rackham (M45)	Sevenoaks AC	12:44.0

#### M50

##### 400m

Phil Greenfield (M55)	Bromley Veterans	72.9
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##### 3000m

Mark Pitcairn-Knowles (M50)	Tonbridge AC	10:57.5
Alan Buckle (M50)	Tonbridge AC	11:18.3
Jerry Carnell (M60)	Cambridge H	11:39.7
Robert Fursey (M50)	Medway & Maidstone AC	11:48.2
Antony Fullbrook (M50)	Tonbridge AC	12:00.9

# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

### W35 400m

1	D3	Kirstie Taylor (W40)	Dartford	68.8
2	F3	Carole Coulon (W40)	Blackheath and Bromley	69.0
3	T3	Lisa Knight (W45)	Tonbridge	70.5
4	C3	Susan Dixon (W50)	Cambridge	71.3
5	K3	Anna Willard (W45)	Swanley	86.8

### W35 3000m

1	F3	Carole Coulon (W40)	Blackheath and Bromley	11:07.1
2	D3	Hannah Roberts	Dartford	11:08.5
3	T3	Claire Day	Tonbridge	11:10.4
4	C3	Susan Dixon (W50)	Cambridge	12:51.4
5	K3	Anna Willard (W45)	Swanley	15:15.0

### W35 Triple Jump

1	D3	Helen Nyberg-Mitroi (W40)	Dartford	8.24
2	T3	Nina Ridge (W45)	Tonbridge	8.18
3	P3	Elizabeth Duffin	Paddock Wood	6.27
4	K3	Victoria Ingamells (W45)	Swanley	5.49
5	F3	Anne Cilia (W60)	Blackheath and Bromley	5.48

### W35 Javelin

1	P3	Elizabeth Duffin (W35)	Paddock Wood	20.77
2	D3	Kirstie Taylor (W40)	Dartford	19.05
3	T3	Elise Rendall (W40)	Tonbridge	18.22
4	K3	Anna Willard (W45)	Swanley	10.61
5	C3	Jennifer Agyepong (W50)	Cambridge	9.69
6	F3	Carole Coulon (W40)	Blackheath and Bromley	9.05

### W50 400m

1	F5	Helen Godsell (W65)	Blackheath and Bromley	73.0
2	C5	Christine Bond (W55)	Cambridge	79.9
3	D5	Denise Rose (W55)	Dartford	82.9
4	T5	Helen Bond	Tonbridge	85.3
5	K5	Jacqueline Boddy	Swanley	130.9

### W50 3000m

1	T5	Tina Oldershaw	Tonbridge	ntr
2	D5	Lynne Champion	Dartford	ntr
3	C5	Christine Bond (W55)	Cambridge	ntr
4	F5	Zoe Kingsmell (W55)	Blackheath and Bromley	ntr
5	K5	Jacqueline Boddy	Swanley	ntr

### W50 Triple Jump

1	F5	Jacqueline Montgomery	Blackheath and Bromley	7.30
2	P5	Teresa Hinton (W55)	Paddock Wood	6.23
3	T5	Helen Bond	Tonbridge	6.12
4	K5	Helena Orrom (W55)	Swanley	njr

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Nina Ridge (W45)	Tonbridge	69.9
2	D4	Helen Nyberg-Mitroi (W40)	Dartford	71.9
3	C4	Lisa Atkinson (W45)	Cambridge	76.1
4	F4	Sarah Belaon	Blackheath and Bromley	78.5

1	T4	Sasha Humphries (W45)	Tonbridge	11:35.3
2	F4	Jennie Butler (W45)	Blackheath and Bromley	11:55.0
3	D4	Stephanie Wood (W50)	Dartford	13:10.1
4	C4	Sally Carr (W45)	Cambridge	13:59.2

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## Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W50 Javelin

1	C5	Christine Bond (W55)	Cambridge	14.59
2	P5	Teresa Hinton (W55)	Paddock Wood	13.98
3	T5	Julie Thomson (W55)	Tonbridge	11.07
4	F5	Jacqueline Montgomery	Blackheath and Bromley	9.07
5	K5	Helena Orrom (W55)	Swanley	8.14
6	D5	Denise Rose (W55)	Dartford	7.00

### W60 400m

1	T6	Nicola Buckwell	Tonbridge	81.2
2	C6	Maria MacDonald (W65)	Cambridge	108.4
3	F6	Maz Turner (W65)	Blackheath and Bromley	119.4

### W60 Triple Jump

1	F6	Helen Godsell (W65)	Blackheath and Bromley	6.39
2	T6	Nicola Buckwell	Tonbridge	6.28

### W60 Javelin

1	D6	Anne Thacker (W60)	Dartford	17.97
2	T6	Nicola Buckwell (W60)	Tonbridge	14.02
3	F6	Anne Cilia (W60)	Blackheath and Bromley	10.97
4	P6	Janet Duffin (W75)	Paddock Wood	6.13
5	C6	Maria MacDonald (W65)	Cambridge	5.92

#### Match Details

	Mt Pts	Pts
1 Tonbridge	6	62
2 Blackheath and Bromley A	5	54
3 Dartford	4	47
4 Cambridge	3	37
5 Paddock Wood	2	23
6 Swanley	1	16

#### Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	6	62
2 Blackheath and Bromley A	5	54
3 Dartford	4	47
4 Cambridge	3	37
5 Paddock Wood	2	23
6 Swanley	1	16

# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

### W35 400m

1	B3	Angela Smart (W45)	Bexley	71.9
2	N3	Nichola Evans	Tonbridge B	73.9
3	M3	Bernadette Harrop (W45)	Medway and Maidstone	75.2
4	J3	Anne Unseld (W70)	Bromley Veterans	92.2

### W35 3000m

1	N3	Nichola Evans	Tonbridge B	ntr
2	M4	Bernadette Harrop (W45)	Medway and Maidstone	ntr
3	B3	Beata Kubala-Todd (W40)	Bexley	ntr
4	J3	Anne Unseld (W70)	Bromley Veterans	ntr

### W35 Triple Jump

1	B3	Sarah Dodds (W40)	Bexley	7.47
2	N3	Nichola Evans	Tonbridge B	6.43
3	J3	Tracey Simmons (W40)	Bromley Veterans	5.09

### W35 Javelin

1	M3	Vanessa Hannam (W45)	Medway and Maidstone	21.04
2	B3	Angela Smart (W45)	Bexley	10.10
3	N3	Kim Cross (W35)	Tonbridge B	6.95

### W50 400m

1	B5	Wendy Masters	Bexley	71.1
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	78.9
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	89.1
4	N5	Edina Hellyer	Tonbridge B	94.8
5	S5	Sylvia Lewis (W65)	Sevenoaks	120.0

### W50 3000m

1	M5	Mo Fazakerley (W55)	Medway and Maidstone	ntr
2	J5	Antoinette Whitfield (W55)	Bromley Veterans	ntr
3	B5	Geraldine Legon (W60)	Bexley	ntr
4	S5	Sylvia Lewis (W65)	Sevenoaks	ntr

### W50 Triple Jump

1	B5	Wendy Masters	Bexley	8.09
	J5	Antoinette Whitfield (W55)	Bromley Veterans	njr

### W50 Javelin

1	M5	Mo Fazakerley (W55)	Medway and Maidstone	16.03
2	B5	Christine Pates (W55)	Bexley	14.86
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	14.52
4	N5	Edina Hellyer	Tonbridge B	6.68
5	S5	Sylvia Lewis (W65)	Sevenoaks	5.58

### W60 400m

1	N6	Sue James (W65)	Tonbridge B	101.6
2	J6	Barbara Baker (W65)	Bromley Veterans	103.4
3	B6	Geraldine Legon	Bexley	112.2
4	S6	Lesley Knight (W65)	Sevenoaks	117.4

### W60 Triple Jump

1	B6	Liz Slater	Bexley	5.82
2	J6	Anne Unseld (W70)	Bromley Veterans	5.77

B String				
Pos	Club	Athlete	Club	Perf

1	B4	Sarah Dodds (W40)	Bexley	78.3
2	N4	Angie Crush (W40)	Tonbridge B	82.3
3	J4	Tracey Simmons (W40)	Bromley Veterans	89.0

1	N4	Grazia Manzotti (W45)	Tonbridge B	ntr
2	M3	Rachael Stewart (W40)	Medway and Maidstone	ntr
3	B4	Sue Lawrence (W50)	Bexley	ntr



# SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

## Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W60 Javelin

1	B6	Liz Slater (W60)	Bexley	13.01
2	A6	Patricia Oakes (W70)	Ashford	11.43
3	N6	Sue James (W65)	Tonbridge B	6.73
	S6	Lesley Knight (W65)	Sevenoaks	ntr

Match Details	Mt Pts	Pts
1 Bexley	7	81
2 Tonbridge B	6	57
3 Bromley Veterans	5	46
4 Medway and Maidstone	4	44
5 Sevenoaks	3	14
6 Ashford	2	6

Overall Details	Tot Mt Pts	Tot Pts
1 Bexley	7	81
2 Tonbridge B	6	57
3 Bromley Veterans	5	46
4 Medway and Maidstone	4	44
5 Sevenoaks	3	14
6 Ashford	2	6

### Womens Non Scoring Results

#### W35

#### 3000m

Tracy Paddington (W45)	Tonbridge AC	12:40.8
Sarah Belaon (W35)	Blackheath & Bromley	12:42.5