

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/05/2019

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	T3	Steven Tester	Tonbridge	24.0
2	D3	Stuart McNally (M40)	Dartford	26.4
3	M3	Scott Craddock (M40)	Medway and Maidstone	26.8
4	B3	Daniel Stevens (M40)	Bexley	27.4
5	J3	Simon Horler (M40)	Bromley Veterans	27.9
6	C3	Michael Pape (M45)	Cambridge	28.6

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Mark Mcallister (M45)	Tonbridge	24.9
2	D4	Richard Brooks (M45)	Dartford	26.3
3	M4	Adrian Donnelly (M45)	Medway and Maidstone	27.2
4	C4	Paris Hunt (M55)	Cambridge	27.9
5	B4	Luke Speller (M40)	Bexley	30.4
6	J4	Philip Greenfield (M55)	Bromley Veterans	34.4

M35 1500m

1	M3	Jack Crossley	Medway and Maidstone	4:25.9
2	D3	Andrew Pickett	Dartford	4:27.5
3	T4	Simon Fraser (M40)	Tonbridge	4:34.9
4	C3	Matthew Preston (M45)	Cambridge	4:35.8
5	B3	Daniel Stevens (M40)	Bexley	4:49.9
6	J3	Tim Sowter (M50)	Bromley Veterans	5:06.5

1	D4	Jon Kennedy	Dartford	4:36.1
2	M4	Neill Wright (M40)	Medway and Maidstone	4:38.0
3	C4	James MacDonald	Cambridge	4:40.1
4	T3	Ben Reynolds (M55)	Tonbridge	4:42.2
5	B4	Luke Speller (M40)	Bexley	5:09.8

M35 4x100m Relays

1	T3	Tonbridge	Adam Roeder, Mark Mcallister, Stuart Medlen, Simon Fraser	51.0
2	D3	Dartford	Stuart McNally, Richard Brooks, Terrance Gibbs, Richard Nash	52.4
3	B3	Bexley	Daniel Stevens, Luke Speller, Paul Collier, Kemal Gediz	56.4
4	C3	Cambridge	Michael Pape, Timothy Carter, Paris Hunt, Wole Odele	56.4
5	J3	Bromley Veterans	Simon Horler, Gavin Kitchingham, Tim Sowter, Philip Greenfield	58.8
6	M3	Medway and Maidstone	Scott Craddock, John Foster, Adrian Donnelly, Marco Ronchetti	58.8

M35 Long Jump

1	D3	Richard Nash (M40)	Dartford	5.13
2	B3	Philip Hawkins (M45)	Bexley	4.61
3	C3	Michael Pape (M45)	Cambridge	4.40
4	T3	Adam Roeder	Tonbridge	4.17
5	M3	John Foster (M45)	Medway and Maidstone	4.06
6	J3	Simon Horler (M40)	Bromley Veterans	3.84

M35 Discus

1	D3	Richard Nash (M40)	Dartford	32.80
2	B3	Graham Holder (M45)	Bexley	31.31
3	T3	Mark White (M45)	Tonbridge	24.23
4	M3	Charles Flynn	Medway and Maidstone	22.93
5	C3	Paris Hunt (M55)	Cambridge	22.00
6	J3	Simon Horler (M40)	Bromley Veterans	21.60

M50 200m

1	C5	Wole Odele	Cambridge	26.2
2	M5	Marco Ronchetti	Medway and Maidstone	28.0
3	D5	Terrance Gibbs (M55)	Dartford	29.3
4	T5	Antony Fullbrook	Tonbridge	29.4
5	B5	Kemal Gediz (M55)	Bexley	29.5
6	J5	Gavin Kitchingham	Bromley Veterans	29.6

M50 1500m

1	T5	Andrew Howey (M55)	Tonbridge	4:47.2
2	D5	Mark Champion	Dartford	4:50.5
3	J5	Gavin Kitchingham	Bromley Veterans	4:52.3
4	B5	Paul Collier	Bexley	4:59.7
5	C5	Mark Ashby (M55)	Cambridge	5:16.4
6	M5	Gareth Williams	Medway and Maidstone	5:19.2

M50 Long Jump

1	D5	Gary Capon (M55)	Dartford	4.71
2	C5	Wole Odele	Cambridge	4.62
3	M5	Marco Ronchetti	Medway and Maidstone	4.45
4	B5	Andrew Rushbrook (M55)	Bexley	4.07
5	T5	Antony Fullbrook	Tonbridge	4.07
6	J5	Philip Greenfield (M55)	Bromley Veterans	3.28

M50 Discus

1	B5	Andrew Rushbrook (M55)	Bexley	29.85
2	T5	Ian Crawley (M55)	Tonbridge	28.46
3	C5	Peter Wishart (M55)	Cambridge	28.33
4	M5	Martyn Corbishley (M55)	Medway and Maidstone	24.98
5	D5	Timothy Orr (M60)	Dartford	14.37
6	J5	Simon Powell	Bromley Veterans	10.99

M60 1500m

1	D6	John Gurney	Dartford	5:35.4
2	J6	Ray Chapman	Bromley Veterans	5:39.2
3	C6	Jeremy Carnell	Cambridge	5:43.8
4	T6	Alan Newman (M65)	Tonbridge	5:54.6
5	M6	Stephen Hesketh (M65)	Medway and Maidstone	6:33.1
6	B6	Nick Winfield	Bexley	6:37.4

M60 Discus

1	T6	Peter Ebbage	Tonbridge	34.06
2	M6	William Burling	Medway and Maidstone	22.95
3	B6	John Stevens (M65)	Bexley	21.35
4	C6	Ian McCarthy	Cambridge	19.32
5	D6	Stephen Roberts (M65)	Dartford	15.11
6	J6	Tony Unseld (M70)	Bromley Veterans	14.26

Match Details

	Mt Pts	Pts
1 Dartford	6	63
2 Tonbridge	5	57
3 Medway and Maidstone	4	45
4 Cambridge	3	44
5 Bexley	2	42
6 Bromley Veterans	1	21

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	11	129
2 Dartford	10	112
3 Medway and Maidstone	9	99
4 Cambridge	6	88
5 Bexley	4	81
6 Bromley Veterans	2	52

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/05/2019

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	A3	Peter Davey (M45)	Ashford	25.2
2	K3	Steve Jones (M40)	Swanley	25.8
3	P3	Mark Woods (M55)	Paddock Wood	26.7
4	F3	Daniel Marks	Blackheath and Bromley	26.8
5	H3	Reuben Burford (M45)	Dartford B	27.4
6	S3	Andrew Simpson (M40)	Sevenoaks	27.7
7	X3	Tan Truong (M45)	Bexley B	31.0

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Blair Wilson	Blackheath and Bromley	27.1
2	A4	Stephen Lake (M45)	Ashford	28.4
3	P4	Trevor Crysell (M50)	Paddock Wood	28.6
4	S4	Graham Dwyer (M45)	Sevenoaks	29.7
5	H4	Paul Dawes (M45)	Dartford B	32.1
6	X4	Kevin Still (M45)	Bexley B	33.7
7	K4	Nigel Goddard (M55)	Swanley	38.0

M35 1500m

1	H4	Terry Hawkey	Dartford B	4:43.5
2	P3	Robert Everitt (M45)	Paddock Wood	4:51.2
3	F4	Ian Firla (M45)	Blackheath and Bromley	4:55.9
4	S3	Daniel Witt (M40)	Sevenoaks	5:19.7
5	K3	Steve Jones (M40)	Swanley	5:34.9
6	A3	Peter Le Rossignol	Ashford	6:04.5
7	X3	Tan Truong (M45)	Bexley B	6:23.3

1	H3	Chris Biddle	Dartford B	4:45.0
2	F3	Blair Wilson	Blackheath and Bromley	4:59.8
3	S4	Graham Dwyer (M45)	Sevenoaks	5:30.4
4	P4	Nicholas Brown (M45)	Paddock Wood	5:31.7
5	K4	Andy Dunmall (M50)	Swanley	6:10.3
6	X4	David Olszowka (M55)	Bexley B	6:52.0

M35 4x100m Relays

1	P3	Paddock Wood	Trevor Simms, Trevor Crysell, Mark Woods, Nicholas Brown	53.9
2	A3	Ashford	Peter Davey, Stephen Lake, Stephen Langford, Peter Le Rossignol	54.8
3	H3	Dartford B	Doug Christie, Chris Biddle, Reuben Burford, Colin Bates	55.0
4	S3	Sevenoaks	Zachary Ramsden, Graham Dwyer, Andrew Simpson, Geoffrey Kitchener	58.4
5	X3	Bexley B	Tan Truong, Stephen Crane, David Olszowka, Andy Whitnell	63.5
6	K3	Swanley	Steve Jones, Nigel Goddard, Mike Baron, Andy Dunmall	69.6
	F3	Blackheath and Bromley	Tom Phillips, Simon Parish, Daniel Marks, Blair Wilson	DNF

M35 Long Jump

1	A3	Stephen Lake (M45)	Ashford	4.59
2	K3	Steve Jones (M40)	Swanley	4.21
3	P3	Mark Woods (M55)	Paddock Wood	3.97
4	S3	Zachary Ramsden (M50)	Sevenoaks	3.59
5	F3	Simon Parish (M45)	Blackheath and Bromley	3.39
6	X3	Kevin Still (M45)	Bexley B	3.08

M35 Discus

1	A3	Jonathan Ward (M50)	Ashford	31.33
2	X3	Shaun Medlen	Bexley B	24.39
3	H3	Scott Harvey (M45)	Dartford B	22.85
4	P3	Mark Woods (M55)	Paddock Wood	21.46
5	F3	Simon Parish (M45)	Blackheath and Bromley	15.25
6	K3	Andy Dunmall (M50)	Swanley	13.73
7	S3	Graham Dwyer (M45)	Sevenoaks	11.99

M50 200m

1	P5	Trevor Simms	Paddock Wood	27.4
2	F5	Tom Phillips (M65)	Blackheath and Bromley	27.7
3	H5	Doug Christie	Dartford B	28.5
4	S5	Zachary Ramsden	Sevenoaks	28.9
5	A5	Stephen Langford (M60)	Ashford	29.7
6	X5	Andy Whitnell	Bexley B	31.8
7	K5	Andy Dunmall	Swanley	32.5

M50 1500m

1	P5	Steve Wright	Paddock Wood	4:58.6
2	K5	Frederick Webb	Swanley	5:00.4
3	H5	Colin Bates (M55)	Dartford B	5:04.0
4	S5	Zachary Ramsden	Sevenoaks	5:12.5
5	A5	Kevin Williams (M55)	Ashford	5:47.1
6	F5	Mark Ellison (M55)	Blackheath and Bromley	5:58.7
7	X5	Gary Wright	Bexley B	6:13.7

M50 Long Jump

1	P5	Trevor Crysell	Paddock Wood	4.47
2	A5	Stephen Langford (M60)	Ashford	4.44
3	S5	Duncan Cochrane (M60)	Sevenoaks	3.15
4	X5	Andy Whitnell	Bexley B	3.08
5	F5	Alan Hardy (M60)	Blackheath and Bromley	2.93
6	K5	Nigel Goddard (M55)	Swanley	2.47

M50 Discus

1	A5	Wayne Howe (M60)	Ashford	28.60
2	P5	Trevor Crysell	Paddock Wood	19.24
3	S5	Duncan Cochrane (M60)	Sevenoaks	15.31
4	F5	Jim Phelan (M70)	Blackheath and Bromley	14.92
5	K5	Robert Tidmarsh (M55)	Swanley	12.78
6	X5	David Olszowka (M55)	Bexley B	12.12

M60 1500m

1	F6	Robert Brown (M65)	Blackheath and Bromley	5:40.7
2	S6	Duncan Cochrane	Sevenoaks	5:51.0
3	P6	John Tolhurst (M65)	Paddock Wood	5:56.8
4	K6	Mike Baron	Swanley	6:02.8
5	X6	Barry Leaf	Bexley B	7:10.6

M60 Discus

1	F6	Richard Coe (M65)	Blackheath and Bromley	22.35
2	A6	Mick Goodall (M65)	Ashford	18.91
3	K6	Peter Watts (M65)	Swanley	15.30
4	X6	Steve Williams	Bexley B	13.61
5	P6	David Perman (M65)	Paddock Wood	13.39
6	S6	Ronald Denney (M80)	Sevenoaks	11.89

Match Details

1	Paddock Wood	7	71	1	Paddock Wood	12	138
2	Ashford	6	60	2	Ashford	12	134
3	Blackheath and Bromley	5	57	3	Blackheath and Bromley	12	133
4	Sevenoaks	4	50	4	Sevenoaks	8	85
5	Swanley	3	44	5	Swanley	5	76
6	Dartford B	2	40	6	Dartford B	5	73
7	Bexley B	1	33	7	Bexley B	2	57

Mens Non Scoring Results

M35

200m

Peter Le Rossignol (M35)	Ashford AC	28.8
John Foster (M35)	Medway & Maidstone AC	28.9

1500m

Reuben Burford (M45)	Dartford H AC	4:47.9
Justin Lane (M40)	Medway & Maidstone AC	4:53.1
Dom Fiore (M45)	Cambridge H	5:04.2
Darren Wright (M40)	Medway & Maidstone AC	5:04.5
Scott Shurmer (M45)	Tonbridge AC	6:16.9
Darren Corneille (M35)	Blackheath & Bromley	4:52.4
Adam Roeder (M35)	Tonbridge AC	4:52.8
Steve Hough (M45)	Blackheath & Bromley	5:10.1
Simon Parish (M45)	Blackheath & Bromley	5:10.9

M50

200m

Rob Sibley (M65)	Medway & Maidstone AC	28.3
Timothy Carter (M65)	Cambridge H	29.6
Geoffrey Kitchener (M65)	Sevenoaks AC	32.4

1500m

Andrew Green (M50)	Dartford H AC	5:08.0
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LONG JUMP

Paris Hunt (M55)	Cambridge H	4.11
William Burling (M60)	Medway & Maidstone AC	3.93

M60

1500m

Ken Daniel (M65)	Blackheath & Bromley	5:43.1
Brian Buckwell (M65)	Tonbridge AC	5:47.8
Mick Ellsmore (M65)	Cambridge H	6:14.5
Tim Orr (M60)	Dartford H AC	6:29.4
Stephen Roberts (M60)	Dartford H AC	7:18.4

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/05/2019

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	D3	Kirstie Taylor (W40)	Dartford	29.1
2	T3	Diane Wright (W45)	Tonbridge	30.3
3	C3	Susan Dixon (W50)	Cambridge	31.6
4	F3	Sarah Belaon	Blackheath and Bromley	35.2
5	P3	Shirley Exall (W50)	Paddock Wood	36.6
6	K3	Victoria Ingamells (W45)	Swanley	36.6

B String				
Pos	Club	Athlete	Club	Perf

1	D4	Helen Nyberg-Mitroi (W40)	Dartford	31.8
2	C4	Lisa Atkinson (W45)	Cambridge	32.1
3	T4	Deniz Bowart (W40)	Tonbridge	34.8
4	K4	Christina Bienek (W45)	Swanley	39.2
5	F4	Anne Cilia (W60)	Blackheath and Bromley	41.4

W35 1500m

1	T3	Nichola Evans	Tonbridge	5:21.4
2	D3	Hannah Roberts	Dartford	5:22.0
3	F3	Sarah Belaon	Blackheath and Bromley	6:00.2
4	C3	Sally Carr (W45)	Cambridge	6:34.4
5	K3	Anna Willard (W45)	Swanley	6:59.5

1	T4	Sasha Humphries (W45)	Tonbridge	5:37.8
2	D4	Stephanie Wood (W50)	Dartford	6:19.7
3	C4	Lisa Atkinson (W45)	Cambridge	6:35.0
4	K4	Amy Nash	Swanley	DNF

W35 4x100m Relays

1	T3	Tonbridge	Diane Wright, Nina Ridge, Sarah Westrap, Deniz Bowart	60.2
2	D3	Dartford	Teresa Eades, Kimberley Taylor, Jane Crawley, Stacy Taylor	62.9
3	C3	Cambridge	Susan Dixon, Lisa Atkinson, Jennifer Agyepong, Sally Carr	68.3
4	K3	Swanley	Anna Willard, Victoria Ingamells, Amy Nash, Jane Newman	70.6

W35 Long Jump

1	D3	Helen Nyberg-Mitroi (W40)	Dartford	4.13
2	T3	Nina Ridge (W45)	Tonbridge	3.98
3	K3	Christina Bienek (W45)	Swanley	2.71
4	C3	Sally Carr (W45)	Cambridge	2.15

W35 Discus

1	T3	Nina Ridge (W45)	Tonbridge	23.61
2	C3	Jennifer Agyepong (W50)	Cambridge	18.91
3	K3	Amy Nash	Swanley	16.48
4	D3	Kimberley Taylor (W40)	Dartford	14.98

W50 200m

1	F5	Helen Godsell (W65)	Blackheath and Bromley	31.4
2	D5	Teresa Eades (W60)	Dartford	33.4
3	T5	Nicola Buckwell (W60)	Tonbridge	34.3
4	P5	Teresa Hinton (W55)	Paddock Wood	36.9
5	C5	Christine Bond (W55)	Cambridge	38.5
6	K5	Jane Blackmore (W55)	Swanley	45.0

W50 1500m

1	D5	Lynne Champion	Dartford	5:34.5
2	T5	Tina Oldershaw	Tonbridge	5:38.7
3	C5	Susan Dixon	Cambridge	5:59.7
4	P5	Shirley Exall	Paddock Wood	6:29.6
5	K5	Jane Blackmore (W55)	Swanley	7:05.9
6	F5	Anne Cilia (W60)	Blackheath and Bromley	7:39.9

W50 Long Jump

1	D5	Teresa Eades (W60)	Dartford	3.90
2	F5	Helen Godsell (W65)	Blackheath and Bromley	3.24
3	T5	Julie Thomson (W55)	Tonbridge	2.48
4	P5	Teresa Hinton (W55)	Paddock Wood	2.46
5	C5	Susan Dixon	Cambridge	2.27
6	K5	Helena Orrom (W55)	Swanley	1.97

W50 Discus

1	T5	Diane Bradley (W55)	Tonbridge	18.36
2	D5	Anne Thacker (W60)	Dartford	16.69
3	C5	Christine Bond (W55)	Cambridge	14.59
4	P5	Teresa Hinton (W55)	Paddock Wood	12.77
5	F5	Anne Cilia (W60)	Blackheath and Bromley	11.78
6	K5	Helena Orrom (W55)	Swanley	11.02

W60 1500m

1	F6	Helen Godsell (W65)	Blackheath and Bromley	7:06.5
2	T6	Sue James (W65)	Tonbridge	7:27.5
3	C6	Anna Rowland	Cambridge	7:43.4
4	D6	Ann Moyles	Dartford	7:47.4

W60 Long Jump

1	D6	Anne Thacker	Dartford	3.33
2	T6	Nicola Buckwell	Tonbridge	3.25
3	F6	Anne Cilia	Blackheath and Bromley	2.66

Match Details

	Mt Pts	Pts
1 Dartford	5.5	67
1 Tonbridge	5.5	67
3 Cambrldge	4	44
4 Blackheath and Bromley A	3	33
5 Swanley	2	22
6 Paddock Wood	1	14

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	11.5	129
2 Dartford	9.5	114
3 Blackheath and Bromley A	8	87
4 Cambrldge	7	81
5 Swanley	3	38
6 Paddock Wood	3	37

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 13/05/2019

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	B3	Angela Smart (W45)	Bexley	31.1
2	N3	Lisa Knight (W45)	Tonbridge B	32.3
3	M3	Bernadette Harrop (W45)	Medway and Maidstone	32.4
4	J3	Emma D'Almeida (W45)	Bromley Veterans	42.4
5	S3	Alzbeta Benn	Sevenoaks	46.1

W35 1500m

1	N3	Lisa Knight (W45)	Tonbridge B	5:29.9
2	M3	Bernadette Harrop (W45)	Medway and Maidstone	6:04.9
3	J3	Emma D'Almeida (W45)	Bromley Veterans	7:01.9
4	B3	Sarah Dodds (W40)	Bexley	7:24.1
5	S3	Alzbeta Benn	Sevenoaks	7:51.7

W35 4x100m Relays

1	B3	Bexley	Sarah Dodds, Vanessa Robinson, Angela Smart, Wendy Masters	60.1
2	N3	Tonbridge B	Lisa Knight, Grazia Manzotti, Kim Cross, Angie Crush	67.8
3	M3	Medway and Maidstone	Bernadette Harrop, Mo Fazakerley, Rachael Stewart, Claire Wilkins	71.6
4	J3	Bromley Veterans	Emma D'Almeida, Barbara Baker, Anne Unseld, Tracey Simmons	81.3
5	S3	Sevenoaks	Alzbeta Benn, Sylvia Lewis, Lesley Knight, Pauline Dalton	88.3

W35 Long Jump

1	B3	Sarah Dodds (W40)	Bexley	3.50
2	M3	Bernadette Harrop (W45)	Medway and Maidstone	3.12
3	J3	Tracey Simmons (W40)	Bromley Veterans	2.93
4	N3	Angie Crush (W40)	Tonbridge B	2.91
5	S3	Alzbeta Benn	Sevenoaks	1.88

W35 Discus

1	M3	Vanessa Hannam (W45)	Medway and Maidstone	34.01
2	B3	Marriane Berndt (W40)	Bexley	31.57
3	N3	Kim Cross	Tonbridge B	14.33
4	J3	Antoinette Whitfield (W55)	Bromley Veterans	10.85
5	S3	Alzbeta Benn	Sevenoaks	8.72

W50 200m

1	B5	Wendy Masters	Bexley	30.4
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	35.5
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	38.4
4	N5	Edina Hellyer	Tonbridge B	40.1
5	S5	Lesley Knight (W65)	Sevenoaks	48.4

W50 1500m

1	S5	Pauline Dalton	Sevenoaks	6:13.7
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	6:24.1
3	J5	Janette Burnard (W55)	Bromley Veterans	7:16.4
4	B5	Sue Lawrence	Bexley	7:42.4
5	N5	Edina Hellyer	Tonbridge B	7:54.2

W50 Long Jump

1	B5	Wendy Masters	Bexley	4.16
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	2.75

B String				
Pos	Club	Athlete	Club	Perf

1	B4	Vanessa Robinson	Bexley	32.4
2	N4	Angie Crush (W40)	Tonbridge B	34.0
3	M4	Claire Wilkins	Medway and Maidstone	36.7
4	J4	Tracey Simmons (W40)	Bromley Veterans	38.6
5	S4	Sylvia Lewis (W65)	Sevenoaks	54.1

1	N4	Grazia Manzotti (W45)	Tonbridge B	6:08.6
2	M4	Claire Wilkins	Medway and Maidstone	6:20.9
3	J4	Antoinette Whitfield (W55)	Bromley Veterans	7:03.9
4	B4	Amanda Holder (W45)	Bexley	8:48.8

3	N5	Lucy Pitcairn-Knowles	Tonbridge B	2.69
4	J5	Antoinette Whitfield (W55)	Bromley Veterans	2.52
5	S5	Pauline Dalton	Sevenoaks	2.13

W50 Discus

1	N5	Sally Vine	Tonbridge B	16.96
2	B5	Christine Pates (W55)	Bexley	15.98
3	J5	Janette Burnard (W55)	Bromley Veterans	13.29
4	M5	Mo Fazakerley (W55)	Medway and Maidstone	13.23
5	S5	Lesley Knight (W65)	Sevenoaks	9.96

W60 1500m

1	J6	Barbara Baker (W65)	Bromley Veterans	7:59.2
2	B6	Geraldine Legon	Bexley	8:18.0
3	S6	Lesley Knight (W65)	Sevenoaks	9:09.4

W60 Long Jump

1	J6	Anne Unseld (W70)	Bromley Veterans	2.72
2	B6	Geraldine Legon	Bexley	2.37
3	S6	Sylvia Lewis (W65)	Sevenoaks	1.36

Match Details

	Mt Pts	Pts
1 Bexley	7	78
2 Bromley Veterans	6	64
3 Medway and Maidstone	5	62
4 Tonbridge B	4	60
5 Sevenoaks	3	44

Overall Details

	Tot Mt Pts	Tot Pts
1 Bexley	14	159
2 Bromley Veterans	11	110
3 Tonbridge B	10	117
4 Medway and Maidstone	9	106
5 Sevenoaks	6	58
6 Ashford	2	6

Womens Non Scoring Results

W35

200m

Kim Taylor (W40)	Dartford H AC	32.9
Jane Crawley (W40)	Dartford H AC	32.9
Patience Agbabi (W35)	Dartford H AC	36.7

LONG JUMP

Deniz Bowart (W35)	Tonbridge AC	2.84
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W50

200m

Denise Rose (W55)	Dartford H AC	37.3
Geraldine Legon (W60)	Bexley AC	46.4

1500m

Denise Rose (W55)	Dartford H AC	6:15.6
Elizabeth Ives (W50)	Dartford H AC	6:52.2

LONG JUMP

Christine Pates (W50)	Bexley AC	2.93
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