

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 24/06/2019

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Steven Tester	Tonbridge	53.4
2	D3	Stuart McNally (M40)	Dartford	55.8
3	B3	Martin Smith (M40)	Bexley	57.0
4	M3	Jack Crossley	Medway and Maidstone	58.9
5	J3	Simon Horler (M40)	Bromley Veterans	62.1
6	C3	Michael Pape (M45)	Cambridge	69.4

M35 3000m

1	D3	Andrew Pickett	Dartford	9:18.7
2	C4	James MacDonald	Cambridge	9:30.5
3	M3	Jack Crossley	Medway and Maidstone	9:31.5
4	T3	Daniel Madams (M45)	Tonbridge	9:34.1
5	B4	Jon Fish (M40)	Bexley	10:28.8
6	J3	Simon Horler (M40)	Bromley Veterans	10:30.7

B String				
Pos	Club	Athlete	Club	Perf

1	B4	Daniel Stevens (M40)	Bexley	56.1
2	D4	Stuart Waterman (M40)	Dartford	57.7
3	T4	Mark Mcallister (M45)	Tonbridge	59.7
4	M4	John Foster (M45)	Medway and Maidstone	65.3
5	C4	Ian McCarthy (M60)	Cambridge	73.8
6	J4	Simon Powell (M50)	Bromley Veterans	79.0

1	D4	Jon Kennedy (M40)	Dartford	9:45.4
2	T4	Ben Reynolds (M55)	Tonbridge	9:54.8
3	M4	Neill Wright (M40)	Medway and Maidstone	10:01.1
4	C3	Matthew Preston (M45)	Cambridge	10:14.4
5	B3	Daniel Stevens (M40)	Bexley	10:36.6
6	J4	Tim Sowter (M50)	Bromley Veterans	10:46.2

4x400m Relays

1	T3	Tonbridge	Mark Mcallister, Adam Roeder, Simon Fraser, Steven Tester	3:56.4
2	D3	Dartford	Stuart McNally, Stuart Waterman, Colin Bates, Richard Nash	3:59.1
3	B3	Bexley	Jon Fish, Kemal Gediz, Daniel Stevens, Martin Smith	4:04.4
4	C3	Cambridge	Wole Odele, Mark Ashby, Paris Hunt, Michael Pape	4:19.1
5	J3	Bromley Veterans	Simon Horler, Gavin Kitchingham, Tim Sowter, Ray Chapman	4:26.7
6	M3	Medway and Maidstone	Marco Ronchetti, John Foster, Alun Rodgers, Richard Tomlinson	4:39.2

M35 Pole Vault

1	T3	Ian Crawley (M55)	Tonbridge	3.00
2	D3	Richard Nash (M40)	Dartford	2.80
3	M3	Marco Ronchetti (M50)	Medway and Maidstone	2.30
4	B3	Philip Hawkins (M45)	Bexley	2.20
5	J3	Simon Horler (M40)	Bromley Veterans	1.90

M35 Triple Jump

1	B3	Martin Lloyd	Bexley	11.71
2	T3	Steven Tester	Tonbridge	10.93
3	D3	Richard Nash (M40)	Dartford	9.52
4	M3	John Foster (M45)	Medway and Maidstone	9.15
5	C3	Paris Hunt (M55)	Cambridge	8.56
6	J3	Simon Horler (M40)	Bromley Veterans	8.48

M35 Hammer

1	B3	Graham Holder (M45)	Bexley	49.37
2	D3	Scott Harvey (M45)	Dartford	29.35
3	M3	Charles Flynn	Medway and Maidstone	28.74
4	T3	Daniel Crush (M40)	Tonbridge	19.06
5	C3	Paris Hunt (M55)	Cambridge	18.40
6	J3	Simon Horler (M40)	Bromley Veterans	17.27

M50 400m

1	C5	Wole Odele	Cambridge	58.0
2	T5	Ian Crawley (M55)	Tonbridge	60.2
3	D5	Colin Bates (M55)	Dartford	61.2
4	B5	Kemal Gediz (M55)	Bexley	64.2
5	M5	Marco Ronchetti	Medway and Maidstone	65.8
6	J5	Philip Greenfield (M55)	Bromley Veterans	79.9

M50 3000m

1	M5	Richard Tomlinson	Medway and Maidstone	9:44.4
2	T5	Andrew Howey (M55)	Tonbridge	9:57.3
3	D5	Andrew Green	Dartford	10:03.1
4	J5	Gavin Kitchingham	Bromley Veterans	10:09.9
5	C5	Mark Ashby (M55)	Cambridge	11:52.4
6	B5	Andy Whitnell	Bexley	13:29.3

M50 Pole Vault

1	T5	Peter Ebbage (M60)	Tonbridge	2.00
2	B5	Nick Winfield (M60)	Bexley	1.90
3	M5	Martyn Corbishley (M55)	Medway and Maidstone	1.80
4	C5	Paris Hunt (M55)	Cambridge	1.60

M50 Triple Jump

1	C5	Wole Odele	Cambridge	9.96
2	M5	Marco Ronchetti	Medway and Maidstone	9.36
3	T5	Ian Crawley (M55)	Tonbridge	9.10
4	J5	Philip Greenfield (M55)	Bromley Veterans	7.84
5	B5	John Bancroft (M55)	Bexley	6.70
6	D5	Colin Bates (M55)	Dartford	5.83

M50 Hammer

1	D5	Stephen Talbot	Dartford	30.92
2	T5	Peter Ebbage (M60)	Tonbridge	27.47
3	C5	Peter Wishart (M55)	Cambridge	26.00
4	M5	Martyn Corbishley (M55)	Medway and Maidstone	18.86
5	J5	Simon Powell	Bromley Veterans	16.54
6	B5	Nick Winfield (M60)	Bexley	14.83

M60 3000m

1	D6	John Gurney	Dartford	11:02.7
2	T6	Alan Buckle	Tonbridge	11:11.5
3	C6	Jeremy Carnell	Cambridge	11:49.0
4	J6	Ray Chapman	Bromley Veterans	12:37.4
5	B6	Nick Winfield	Bexley	13:53.0
6	M6	Stephen Hesketh (M65)	Medway and Maidstone	14:11.6

M60 Hammer

1	B6	John Stevens (M65)	Bexley	31.50
2	M6	Clive Thomson (M65)	Medway and Maidstone	28.89
3	T6	Graeme Charters	Tonbridge	16.52
4	J6	Tony Unselde (M70)	Bromley Veterans	9.34
5	C6	Ian McCarthy	Cambridge	7.81
6	D6	John Gurney	Dartford	5.29

Match Details

1	Tonbridge	6	72
2	Dartford	5	63
3	Bexley	4	53
4	Medway and Maidstone	3	52
5	Cambridge	2	45
6	Bromley Veterans	1	26

Mt Pts

Pts

Overall Details

1	Tonbridge	23	266
2	Dartford	20	238
3	Medway and Maidstone	15	202
4	Bexley	12	190
5	Cambridge	10	181
6	Bromley Veterans	4	108

Tot Mt Pts

Tot Pts

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Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	F3	Blair Wilson	Blackheath and Bromley	55.2
2	A3	Peter Davey (M45)	Ashford	57.3
3	H3	Reuben Burford (M45)	Dartford B	60.8
4	K3	Steve Jones (M40)	Swanley	61.3
5	P3	Trevor Simms (M50)	Paddock Wood	62.3
6	S3	Graham Dwyer (M45)	Sevenoaks	65.3
7	X3	Luke Speller (M40)	Bexley B	66.4

B String				
Pos	Club	Athlete	Club	Perf

1	H4	Richard Brooks (M45)	Dartford B	57.9
2	F4	Daniel Marks	Blackheath and Bromley	59.6
3	S4	Zachary Ramsden (M50)	Sevenoaks	65.0
4	A4	Stephen Lake (M45)	Ashford	66.3
5	X4	Tan Truong (M45)	Bexley B	67.0
6	P4	Les Percival (M65)	Paddock Wood	69.3

M35 3000m

1	F3	Alex Gibbins (M40)	Blackheath and Bromley	9:23.9
2	A3	Ben Hebblethwaite (M45)	Ashford	10:01.1
3	P3	Robert Everitt (M45)	Paddock Wood	10:08.0
4	H3	Reuben Burford (M45)	Dartford B	10:35.0
5	X3	Tony Johnson (M45)	Bexley B	11:32.2
6	S3	Graham Dwyer (M45)	Sevenoaks	11:56.0
7	K3	Steve Jones (M40)	Swanley	12:02.5

1	F4	Ian Firla (M45)	Blackheath and Bromley	10:31.9
2	H4	Paul Dawes (M45)	Dartford B	11:04.7
3	X4	Luke Speller (M40)	Bexley B	11:44.1
4	A4	Ian King (M45)	Ashford	12:00.4

4x400m Relays

1	F3	Blackheath and Bromley	Blair Wilson, Daniel Marks, Alex Gibbins, Darren Corneille	3:54.4
2	P3	Paddock Wood	Robert Everitt, Steve Wright, Mark Woods, Trevor Simms	4:28.7
3	A3	Ashford	Stephen Lake, Ben Hebblethwaite, Christopher Hobbs, Stephen Langford	4:46.3
4	S3	Sevenoaks	Duncan Cochrane, Graham Dwyer, Zachary Ramsden, Geoffrey Kitchener	4:47.8
5	X3	Bexley B	Neil Ferebee, Luke Speller, Tan Truong, David Olszowka	4:53.1

M35 Pole Vault

1	F3	Roger Platt (M45)	Blackheath and Bromley	2.70
2	X3	Tan Truong (M45)	Bexley B	2.00
3	A3	Peter Le Rossignol	Ashford	1.10

M35 Triple Jump

1	F3	Blair Wilson	Blackheath and Bromley	10.84
2	A3	Peter Davey (M45)	Ashford	10.61
3	S3	Graham Dwyer (M45)	Sevenoaks	8.44
4	P3	Robert Everitt (M45)	Paddock Wood	7.45
5	X3	Tan Truong (M45)	Bexley B	7.26

M35 Hammer

1	A3	Jonathan Ward (M50)	Ashford	31.83
2	P3	David Perman (M65)	Paddock Wood	12.18
3	F3	Roger Platt (M45)	Blackheath and Bromley	11.17

M50 400m

1	H5	David Kemp (M55)	Dartford B	62.1
2	P5	Steve Wright	Paddock Wood	63.9
3	F5	Clement Leon (M60)	Blackheath and Bromley	65.4
4	X5	Neil Ferebee	Bexley B	70.1
5	K5	Andy Dunmall	Swanley	74.8
6	S5	Duncan Cochrane (M60)	Sevenoaks	76.1
7	A5	Kevin Williams (M55)	Ashford	84.1

M50 3000m

1	P5	Steve Wright	Paddock Wood	10:41.0
2	S5	Zachary Ramsden	Sevenoaks	10:55.0
3	H5	Nicholas Varley	Dartford B	11:22.5
4	A5	Kevin Williams (M55)	Ashford	12:46.7
5	K5	Andy Dunmall	Swanley	13:31.7
6	X5	Gary Wright	Bexley B	13:44.1
7	F5	John E Turner (M65)	Blackheath and Bromley	13:50.1

M50 Pole Vault

1	A5	Mick Goodall (M65)	Ashford	2.40
2	F5	Alan Hardy (M60)	Blackheath and Bromley	2.20
3	X5	Gary Wright	Bexley B	1.90
4	P5	Mark Woods (M55)	Paddock Wood	1.80

M50 Triple Jump

1	A5	Stephen Langford (M60)	Ashford	10.08
2	F5	Clement Leon (M60)	Blackheath and Bromley	9.76
3	S5	Zachary Ramsden	Sevenoaks	7.62
4	P5	Steve Wright	Paddock Wood	6.19
5	X5	David Olszowka (M55)	Bexley B	5.50

M50 Hammer

1	K5	Robert Myers	Swanley	22.21
2	P5	Mark Woods (M55)	Paddock Wood	22.16
3	A5	Paul Wheeler (M60)	Ashford	19.47
4	S5	Duncan Cochrane (M60)	Sevenoaks	14.07
5	F5	Clement Leon (M60)	Blackheath and Bromley	12.44
6	X5	David Olszowka (M55)	Bexley B	9.18

M60 3000m

1	F6	Ken Daniel (M65)	Blackheath and Bromley	12:44.5
2	P6	John Tolhurst (M65)	Paddock Wood	13:17.0
3	A6	Christopher Hobbs	Ashford	13:57.0
4	H6	Stephen Roberts (M65)	Dartford B	14:50.1
5	K6	Kevin Ladley	Swanley	16:53.7

M60 Hammer

1	P6	Peter Stennett (M65)	Paddock Wood	23.12
2	F6	Richard Coe (M65)	Blackheath and Bromley	17.48
3	A6	Mick Goodall (M65)	Ashford	15.82
4	X6	Anthony Garrett (M75)	Bexley B	10.16
5	S6	Ronald Denney (M80)	Sevenoaks	6.28

Match Details

1	Blackheath and Bromley	7	87	1	Blackheath and Bromley	25	300.5
2	Ashford	6	77	2	Ashford	25	296
3	Paddock Wood	5	66	3	Paddock Wood	22	284
4	Bexley B	4	44	4	Sevenoaks	14.5	175
5	Dartford B	2.5	38	5	Swanley	9	143.5
5	Sevenoaks	2.5	38	6	Dartford B	8.5	132
7	Swanley	1	21	7	Bexley B	8	141

Mens Non Scoring Results

M35

400m

Adam Roeder (M35)	Tonbridge AC	59.0
Steve Hough (M45)	Blackheath & Bromley	69.8
Darren Corneille (M35)	Blackheath & Bromley	60.1

M50

400m

Ray Chapman (M60)	Bromley Veterans	66.7
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TRIPLE JUMP

Rob Sibley (M65)	Medway & Maidstone AC	8.43
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SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 24/06/2019

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	T3	Nina Ridge (W45)	Tonbridge	66.9
2	D3	Jane Crawley (W40)	Dartford	71.7
3	C4	Susan Dixon (W50)	Cambridge	72.0
4	K3	Anna Willard (W45)	Swanley	88.0

W35 3000m

1	T3	Elizabeth Weeks	Tonbridge	10:55.6
2	D3	Hannah Roberts	Dartford	11:28.0
3	C3	Susan Dixon (W50)	Cambridge	12:36.2
4	K3	Anna Willard (W45)	Swanley	15:02.2

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Lisa Knight (W45)	Tonbridge	70.2
2	C3	Lisa Atkinson (W45)	Cambridge	75.7
3	D4	Stacy Taylor	Dartford	81.5

1	T4	Sasha Humphries (W45)	Tonbridge	11:34.9
2	D4	Lynne Champion (W50)	Dartford	11:42.6
3	C4	Sally Carr (W45)	Cambridge	13:28.8
4	K4	Sita Dawson (W50)	Swanley	16:40.1

4x400m Relays

1	T3	Tonbridge	Nina Ridge, Lisa Knight, Carla Caswell, Emma Wood	4:39.1
2	D3	Dartford	Helen Nyberg-Mitroi, Kimberley Taylor, Stacy Taylor, Jane Crawley	5:16.9
3	C3	Cambridge	Susan Dixon, Joanne Murphy, Lisa Atkinson, Christine Bond	5:19.8
4	K3	Swanley	Anna Willard, Amy Nash, Jacqueline Boddy, Sita Dawson	7:48.1

W35 High Jump

1	T3	Sasha Humphries (W45)	Tonbridge	1.25
2	D3	Kimberley Taylor (W40)	Dartford	1.15
3	K3	Anna Willard (W45)	Swanley	1.10
4	P3	Elizabeth Duffin	Paddock Wood	1.00

W35 Triple Jump

1	D3	Helen Nyberg-Mitroi (W40)	Dartford	8.41
2	T3	Nina Ridge (W45)	Tonbridge	8.36
3	P3	Elizabeth Duffin	Paddock Wood	6.29
4	C3	Joanne Murphy (W55)	Cambridge	5.35

W35 Hammer

1	D3	Stacy Taylor	Dartford	26.11
2	T3	Nina Ridge (W45)	Tonbridge	24.79
3	C3	Anna Rowland (W60)	Cambridge	14.13
4	K3	Anna Willard (W45)	Swanley	11.24
5	P3	Elizabeth Duffin	Paddock Wood	4.39

W50 400m

1	C5	Joanne Murphy (W55)	Cambridge	80.0
2	T5	Nicola Buckwell (W60)	Tonbridge	81.4
3	K5	Sita Dawson	Swanley	93.4
4	D5	Elizabeth Ives	Dartford	95.0
5	F5	Maz Turner (W65)	Blackheath and Bromley	120.9

W50 3000m

1	C5	Rose Baker	Cambridge	12:37.0
2	T5	Lucy Pitcairn-Knowles	Tonbridge	12:54.6
3	D5	Stephanie Wood	Dartford	13:12.8
4	K5	Jacqueline Boddy	Swanley	17:33.6

W50 High Jump

1	C5	Christine Bond (W55)	Cambridge	1.25
2	D5	Teresa Eades (W60)	Dartford	1.25
3	T5	Helen Bond	Tonbridge	1.15
4	F5	Jacqueline Montgomery (W55)	Blackheath and Bromley	1.10
5	K5	Sita Dawson	Swanley	0.95

W50 Triple Jump

1	D5	Teresa Eades (W60)	Dartford	8.69
2	T5	Nicola Buckwell (W60)	Tonbridge	6.89
3	F5	Jacqueline Montgomery (W55)	Blackheath and Bromley	6.84
4	C5	Maria MacDonald (W65)	Cambridge	5.48

W50 Hammer

1	P5	Nicola Whiffen	Paddock Wood	25.13
2	D5	Anne Thacker (W60)	Dartford	20.90
3	T5	Sally Vine (W55)	Tonbridge	18.82
4	F5	Jacqueline Montgomery (W55)	Blackheath and Bromley	16.97
5	C5	Maria MacDonald (W65)	Cambridge	13.05
6	K5	Helena Orrom (W55)	Swanley	10.23

W60 3000m

1	T6	Sue James (W65)	Tonbridge	15:21.8
2	C6	Anna Rowland	Cambridge	16:37.7
3	P6	Annie Ross (W65)	Paddock Wood	16:38.9
4	F6	Maz Turner (W65)	Blackheath and Bromley	18:23.3

W60 High Jump

1	T6	Nicola Buckwell	Tonbridge	1.10
2	D6	Anne Thacker	Dartford	1.05
3	C6	Maria MacDonald (W65)	Cambridge	0.90

Match Details

	Mt Pts	Pts
1 Tonbridge	6	81
2 Dartford	5	69
3 Cambrldge	4	60
4 Swanley	3	29
5 Paddock Wood	2	19
6 Blackheath and Bromley A	1	15

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge	23.5	293
2 Dartford	19.5	261
3 Cambrldge	15	199
4 Blackheath and Bromley A	10	125
5 Paddock Wood	8	98
6 Swanley	8	93

SCVAC LEAGUE - KENT DIVISIONS - Julie Rose, Ashford 24/06/2019

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	B3	Angela Smart (W45)	Bexley	71.6
2	M3	Jenny Fowler (W40)	Medway and Maidstone	73.0
3	N3	Deniz Bowart (W40)	Tonbridge B	79.8
4	S3	Laura Andrade	Sevenoaks	82.7
5	J3	Emma D'Almeida (W45)	Bromley Veterans	93.4

B String				
Pos	Club	Athlete	Club	Perf

1	N4	Angie Crush (W40)	Tonbridge B	77.2
2	B4	Vanessa Robinson	Bexley	80.0
3	M4	Rachael Stewart (W40)	Medway and Maidstone	83.3
4	J4	Marijana Urbany (W45)	Bromley Veterans	103.0

W35 3000m

1	M3	Jenny Fowler (W40)	Medway and Maidstone	12:20.3
2	S4	Laura Andrade	Sevenoaks	13:20.1
3	N3	Grazia Manzotti (W45)	Tonbridge B	13:39.2
4	J4	Marijana Urbany (W45)	Bromley Veterans	14:21.7

1	M4	Karen Cudmore (W45)	Medway and Maidstone	12:49.6
2	J3	Emma D'Almeida (W45)	Bromley Veterans	14:52.8

4x400m Relays

1	B3	Bexley	Wendy Masters, Angela Smart, Vanessa Robinson, Sarah Dodds	5:02.4
2	M3	Medway and Maidstone	Rachael Stewart, Mo Fazakerley, Karen Cudmore, Jenny Fowler	5:20.6
3	N3	Tonbridge B	Deniz Bowart, Angie Crush, Grazia Manzotti, Edina Hellyer	5:46.5
4	J3	Bromley Veterans	Emma D'Almeida, Barbara Baker, Anne Unseld, Antoinette Whitfield	6:46.0

W35 High Jump

1	B3	Sarah Dodds (W40)	Bexley	1.15
2	N3	Angie Crush (W40)	Tonbridge B	1.10

W35 Triple Jump

1	B3	Sarah Dodds (W40)	Bexley	7.85
2	N3	Deniz Bowart (W40)	Tonbridge B	6.04
3	S3	Laura Andrade	Sevenoaks	5.70
4	J3	Emma D'Almeida (W45)	Bromley Veterans	4.71

W35 Hammer

1	M3	Vanessa Hannam (W45)	Medway and Maidstone	22.80
2	B3	Marriane Berndt (W40)	Bexley	19.49
3	N3	Deniz Bowart (W40)	Tonbridge B	15.43
4	J3	Marijana Urbany (W45)	Bromley Veterans	3.26

W50 400m

1	B5	Wendy Masters	Bexley	72.3
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	83.1
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	87.1
4	N5	Edina Hellyer	Tonbridge B	97.6
5	S5	Sylvia Lewis (W65)	Sevenoaks	117.5

W50 3000m

1	M5	Mo Fazakerley (W55)	Medway and Maidstone	13:41.1
2	N5	Clare Brown	Tonbridge B	13:45.8
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	15:11.5
4	B5	Paula Cooper	Bexley	16:00.4

W50 High Jump

1	B5	Liz Slater (W60)	Bexley	1.05
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W50 Triple Jump

1	B5	Wendy Masters	Bexley	8.35
2	J5	Anne Unseld (W70)	Bromley Veterans	5.79
3	A5	Patricia Oakes (W70)	Ashford	5.31
4	N5	Edina Hellyer	Tonbridge B	5.26

W50 Hammer

1	N5	Diane Bradley (W55)	Tonbridge B	21.06
2	B5	Liz Slater (W60)	Bexley	18.26
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	14.26
4	S5	Sylvia Lewis (W65)	Sevenoaks	11.15

W60 3000m

1	J6	Anne Unseld (W70)	Bromley Veterans	15:12.8
2	B6	Geraldine Legon	Bexley	17:17.3
3	S6	Sylvia Lewis (W65)	Sevenoaks	17:45.0

W60 High Jump

1	J6	Anne Unseld (W70)	Bromley Veterans	1.00
2	A6	Patricia Oakes (W70)	Ashford	0.90
2	B6	Geraldine Legon	Bexley	0.90

Match Details

	Mt Pts	Pts
1 Bexley	7	82.5
2 Bromley Veterans	6	64
3 Tonbridge B	5	60
4 Medway and Maidstone	4	51
5 Sevenoaks	3	27
6 Ashford	2	10.5

Overall Details

	Tot Mt Pts	Tot Pts
1 Bexley	28	338.5
2 Tonbridge B	21	247
3 Bromley Veterans	21	226
4 Medway and Maidstone	16	193
5 Sevenoaks	14	144
6 Ashford	4	16.5

Womens Non Scoring Results

W35

HIGH JUMP

Helen Nyberg Mitroi (W40)	Dartford H AC	1.20
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